

EPICS



📵 EMOTIONAL 🕑 PHYSICAL 🕕 INTELLECTUAL 🧿 CULTURAL 💲 SPIRITUAL

JUNE 2025



PRINCIPAL'S MESSAGE

Dear Children,

I hope you are enjoying your summer vacation and making the most of this well-deserved break. In this edition of EPICS, let us explore one of the most influential books in the world of personal development

- Think and Grow Rich by Napoleon Hill.

I will be sharing key insights from the book that can inspire and guide us all, both in our academic journey and in life. 10 key points from "Think and Grow Rich" by Napoleon Hills

1. Have a Clear Desire

Know exactly what you want. Be specific and truly want it with all your heart. That strong desire is the first step to success. Avoid vague wishes like "I want to be successful." Instead, say, "I want to become a certified data analyst within 6 months." A clear desire is concrete, measurable, and time-bound. Ask yourself why this goal matters. If your desire is tied to something meaningful - like personal growth, helping others, or securing a better future - it will stay strong even when challenges come.

2. Believe in Yourself (Faith)

Trust that you can achieve your goals. Belief gives you the confidence to keep moving forward, even when things get tough. Believing in yourself is the foundation of confidence, progress, and resilience. It's not about thinking you're perfect - it's about trusting your ability to grow, improve, and handle challenges. Everyone has self-doubt. The key is not to let it control you.

3. Use Positive Self-Talk (Autosuggestion)

Repeat your goals and dreams to yourself daily. Say them out loud or write them down. It helps your mind stay focused. Positive self-talk is the inner voice that encourages, supports, and motivates you. It's a powerful tool for boosting confidence, managing stress, and staying focused on your goals. Start by noticing what you say to yourself. Is it helpful or hurtful? Awareness is the first step toward change.

4. Learn What You Need to Know (Specialized Knowledge)

You don't need to know everything - just what's important for your goal. Keep learning and growing in that area. To grow, succeed, or overcome challenges, you must be willing to actively seek the knowledge and skills that your goal requires. Learning with purpose is a smart and empowering step forward. Prioritize need-to-know over nice-to-know information.

5. Use Your Imagination

Think creatively. New ideas and solutions often come when you

imagine different ways to reach your goal. Your imagination is a powerful tool - more than just daydreaming, it's the key to creativity, problem-solving, and envisioning a better future. When you use your imagination, you give yourself permission to think beyond limits. Picture yourself achieving your goals. Imagination can motivate action by making the future feel real and within reach.

6. Make a Step-by-Step Plan

Don't just dream - make a plan. Write down the steps and follow them. If one plan fails, try another. A clear goal is powerful - but a step-by-step plan is what turns that goal into actionable progress. Breaking big goals into small, doable steps helps you stay organized, focused, and motivated. Know exactly what you want to achieve. Define your goal clearly and make sure it's specific and measurable.

7. Be Quick and Clear in Making Decisions

Successful people decide fast and don't keep changing their minds. Don't let fear stop you from deciding. Strong decision-making isn't just about speed - it's about clarity, confidence, and taking action. Being quick and clear helps you move forward without wasting time in doubt or hesitation. Clear decisions come from knowing what you truly want. If your goal is clear, your choices become easier to make.

8. Never Give Up (Persistence)

Keep going, even when you fail. Most people stop too soon. Success often comes after many failures. Success doesn't always come quickly-but it always comes to those who keep going, even when it's hard. "Never give up" means staying committed, pushing through challenges, and believing that every step forward brings you closer to your goal. Setbacks, delays, and failures happen to everyone. They're not a signal to quit, but an opportunity to learn and grow stronger.

9. Work with the Right People (Mastermind Group)

Team up with people who support and inspire you. Together, you can share ideas and grow faster. Surrounding yourself with the right people can make the difference between progress and frustration. The right team brings support, energy, new ideas, and shared motivation - helping you go farther, faster. Work with individuals who believe in the same goal. Shared purpose creates unity, trust, and stronger collaboration.

10. Train Your Mind (Subconscious Mind)

Whatever you think and feel often will become your reality. Fill your mind with positive thoughts and big dreams. Just like your body needs exercise to stay strong, your mind needs regular training to stay focused, resilient, and sharp. A well-trained mind helps you stay calm under pressure, think clearly, and push through challenges with confidence. Train yourself to stay focused on tasks-one at a time. Practice ignoring distractions and sticking with something until it's done..

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EDITORS' NOTE

Dear Readers,

It is with great pleasure that I present to you the June edition of EPICS - a publication that continues to celebrate the intellectual curiosity, creative spirit, and collective achievements of our school community.

We at ICSK strive to make learning an engaging and life-long process for our children. By providing every child with an array of opportunities ands entrusting them with responsibilities, we endeavour to make sure that every student thrives on his or her individuality.

Each page reflects the energy, curiosity, and determination that thrive in our school corridors. From inspiring stories and academic milestones to fun features and creative pieces, this issue captures the heartbeat of our school community.

As we move through the school year, let this magazine be a reminder of how far we've come and all that we continue to achieve together. Behind every article and illustration is a student who dared to express, to create, and to contribute-and that is something worth celebrating.

Thank you to everyone who helped shape this issue. Your passion and dedication are what make this publication meaningful.

"June is the gateway to summer."

Happy reading, and we look forward to your feedback and contributions for the next edition!

With warm regards,

Mrs. Sona

Editor

Send your valuable contributions to epicseditor@icsk-kw.com



Mrs. Sona Sunish



Mrs. Tintu Wilson



The Ultimate Summer Refreshment!

Watermelon is a flowering plant, it is a highly cultivated fruit worldwide, The unique sweet, juicy flesh is usually deep red to pink, with many black seeds, although seedless varieties exist. It's made up of over 90% water, making it one of the most hydrating fruits available. The fruit can be eaten raw or pickled, and the rind is edible after cooking. It may also be consumed as a juice or an ingredient in mixed beverages.

Rich in Antioxidants - It contains powerful antioxidants like lycopene, vitamin C, and beta-carotene that help protect the body from free radicals.

Supports Heart Health - Lycopene may help reduce cholesterol and blood pressure, contributing to a lower risk of heart disease.

Aids in Muscle Recovery - Watermelon contains citrulline, an amino acid known to improve athletic performance and reduce muscle soreness.

Boosts Immunity - The high vitamin C content helps strengthen the immune system and fight off infections.

Promotes Healthy Skin - Watermelon's antioxidants and water content promote glowing, hydrated, and youthful skin.

Improves Digestion - Though low in fiber, the water content can help keep digestion smooth and prevent constipation.

Supports Weight Loss - Low in calories and high in water, watermelon can keep you full and help reduce overall calorie intake.

Improves Blood Flow - Citrulline helps widen blood vessels, which can improve blood flow and cardiovascular health.

Natural Diuretic - Watermelon promotes urine production without stressing the kidneys, making it a gentle diuretic.

Soothes Acid Reflux - Its alkaline properties may help reduce acidity and soothe acid reflux symptoms.

Reduces Risk of Asthma - Vitamin C and lycopene both have roles in reducing asthma risk by improving lung function and immunity.

Improves Mental Function - Citrulline may support better blood flow to the brain, possibly improving mental clarity and mood.

Great for Detox - Watermelon helps flush out toxins, thanks to its hydrating and mild diuretic properties.

Best Time to Eat Watermelon

- Eating watermelon in the morning or as a midday snack is ideal, avoid eating watermelon late at night.
- It's a great pre-workout snack due to the energy-boosting natural sugars.
- Or have it post-workout to hydrate and restore electrolytes.

Choose the Right One: A ripe watermelon sounds hollow when tapped and has a creamy yellow "field spot" on its side.

Ways to Eat Watermelon

- Simple, sweet, and straight from the fridge nothing beats the classic slice.
- Blend it up with a splash of lime and serve it cold.
- Toss cubes with feta cheese, mint, cucumber, and a drizzle of balsamic glaze.
- Blend with yogurt or coconut water for a creamy drink.
- Freeze blended watermelon for a naturally sweet popsicle.

"Stay Cool, Stay Hydrated, Enjoy Watermelon!"

EPICS CAREER

Umpteen opportunities For upskilling, reskilling and digital transformation

Dr. T. P. Sethumadhavan

Professor, Transdisciplinary University of health sciences & technology, Bengaluru

Education & Career Consultant, Thrissur





Basic challenge in higher education is how employability can be increased among educated youths in the State? Employability can be increased only through skilling interventions. There lies huge gap between available and required skills. Among skills, communication, technical, domain, IT and entrepreneurship skills are more important. Employability depends on factors like talent, content, skills, industry interface, innovation, creativity, collaboration, adaptation and right decision making.

Some of the digital sectors like technologies, automation, Electric vehicle technology, clean technologies, smart construction, infrastructure, energy, mechatronics, connectivity, biomedical engineering, health care and development. E commerce, e learning, data analytics, food processing, food retail, artificial intelligence, augmented reality, machine learning, cyber security, process automation and self-service capabilities will exhibit spectacular growth during the post Covid 19 phase.

Need of the hour is how Indian universities can respond to need for new skills? Why embedding skills education in teaching, learning and assessment creates more employable graduates? Which is the best practice for expanding and diversifying curricula for lifelong learning? How can digital education be made more accessible?

Covid 19 transformed as an equaliser and creates opportunities for new realities, change in mindset and irreversibility. Transferable skills are more important to get an appropriate career. Across the world

job scenarios started transforming the industries. Individuals after working for five years become redundant and interested in skilling. Learn, relearn, upskilling and reskilling are emerging as the successful mantras across various industrial and services sectors.

The changing nature of the workforce and future of work necessitates the need for reskilling and upskilling. Moreover, the traditional education system is becoming inadequate in the changing context. It facilitates job prospects, new skills, remote working and digital transformation. Recently Individuals are taking the responsibility of skilling. 90 percent companies are investing more of their funds for skilling, digital technologies, lifelong learning, online and massive learning programmes.

The mind set of parents and students towards digital education is changing. Platforms are acquiring momentum. Students started showing interest in minor subjects. Industries are involved in facilitating upskilling and reskilling.

Concepts, theory, projects, industry collaborations, validated content, faculty development, digital transformation and research outputs play a key role in the skilling process. Skilling reduces the time lag to achieve employability. Skilling coupled with knowledge and attitude will facilitate employment.

Within the global context transformation is towards knowledge economy and digital technologies. Knowledge economy's basic objective is to enhance economic wealth and growth. Innovation, creativity,

collaboration, communication, human capital, knowledge and advanced technologies facilitate this transition. Digital transformation is moving at a faster pace in education, financial services, retail, manufacturing, automation, engineering services, marketing, food processing and agriculture. Decentralisation and technology enabled aggregation is moving at a faster pace.

New avenues like remote work opportunities, growth in services sectors, automation, data analytics, health analytics, caring, biomedical science, entrepreneurship and start-up opportunities are emerging across the country as a sequel to Covid 19 disruptions. Three prong strategies for development of knowledge economy includes knowledge creation, dissemination and applications. These can be implemented in the form of centres of excellences, innovation, knowledge transformation & start-ups or platform model respectively. Digital workforce management system envisages strengthening knowledge generation sources and transformation towards knowledge economy. India requires continuous linkage between demand and supply, attempt to curate talent in tune with new age innovations & jobs, augmented skills training and enhancement of quality and access.

Skilling strategy include enhancing the skill provider ecosystem, strengthening the educational institutions, Career orientation, employment and industry participation. It requires governance, quality, trainers and infrastructure to provide high, medium and industry led knowledge skills. Industry collaboration models require aggregation of skill providers. Creation of demand depends on knowledge industries, digital transformation and innovation ecosystem. Models for sourcing jobs include direct market engagement and aggregation platforms. Design of a skilling programme is envisaged as a collective and comprehensive effort of multiple stakeholders, Process integration and data share, Supplementing and aggregating existing solutions and creating platform of platforms.

ICSK Welcomes 256 Young Grandmasters for the 27th CBSE Kuwait Cluster Chess Tournament



The Indian Community School, Kuwait buzzed with excitement as it hosted the 27th CBSE Kuwait Cluster Chess Tournament from 25th to 27th May 2025. A total of 256 young players from 12 CBSE schools across Kuwait gathered to test their strategic skills over three days of tough competition.

The tournament commenced on Tuesday, 25th May 2025, with a warm and respectful opening ceremony. It started with the recitation of verses from the Holy Quran, followed by a heartfelt prayer song. The audience honoured the national anthems of Kuwait and India.

Dr. V. Binumon, Principal and Senior Administrator of ICSK, offered a gracious welcome. He spoke about how chess sharpens the mind and congratulated each participant for representing their school with pride. He also acknowledged the mentors and coaches for guiding these young players. He officially declared the tournament open and the matchboards went live.

As the tournament unfolded, the school campus transformed into a center of focused concentration. Each player sat before their board, ready to plan moves and counter-moves with determination.







The tension and excitement were palpable. From cautious opening moves to daring mid-game sacrifices, each match told its own story. The audience cheered when a clever tactic paid off or when a young player defended a tough position. Across these three days, every move mattered. Players of all skill levels learned from both victories and defeats, forging new friendships and deepening their love for the game.

At the close of the final round, top performers emerged across various categories. The Indian Community School, Kuwait (ICSK) secured winners position in Under 17 Girls and finished as runners-up in both Under 14 Mixed and Under 11 Girls categories. FAIPS claimed Under 11 Mixed and Under 17 Mixed titles as winners, while securing runners – up in Under 19 Mixed and Under 19 Girls. Gulf Indian School triumphed in Under 11 Girls, Under 19 Girls, and Under 14 Mixed as winners, and were runners-up in Under 14 Girls and Under 17 Girls. Carmel School, Kuwait







bagged the winners' position in Under 19 Mixed and runners - up in Under 11 Mixed, and Indian Education School (IES) secured the winners position in Under 14 Girls and runner-up in Under 17 Mixed.

The 27th CBSE Kuwait Cluster Chess Tournament hosted at The Indian Community School, Senior led by Dr. Shyam, Head of the Department, Physical Education under the able leadership of Dr. V. Binumon was a grand success. It celebrated the spirit of healthy competition, encouraged strategic thinking and brought together students from many schools in a shared love for chess.









"Together as One: International Family Day Assembly"

The general assembly held on 14th May 2025 with the theme International Family Day by the children of classes 9 A and B, was a memorable and meaningful event for all students and staff. The assembly opened with a warm welcome from the emcees, followed by the islamic prayer and the school prayer by swaranjali. The flag hoisting and salutation followed by the Kuwait National Anthem was also presented. Word of the day, quote for the day and news were also included.

The combined assembly of classes 9A and 9B for International Family Day was a vibrant display of talent and thoughtfulness. The skit was not only entertaining but incredibly informative, shedding light on the diverse ways families come together across cultures. The speeches were delivered with passion and clarity, conveying the importance of family bonds. The dance performance was a beautiful expression of unity and celebration, leaving a lasting impression on everyone present. The Principal and Senior Administrator Dr. V. Binumon addressed the students and enlightened them with his words of wisdom. Overall, the general assembly was wellorganized and uplifting. It provided a great opportunity for students to showcase their talents, receive recognition, and come together as a school community.













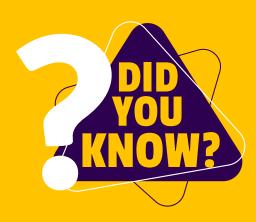












- Ants don't have lungs. They instead breathe through spiracles, nine or ten tiny openings, depending on the species.
- 2. The T.rex likely had feathers. Scientists in China discovered Early Cretaceous period tyrannosaur skeletons that were covered in feathers. If the ancestors of the T. rex had feathers, the T. rex probably did, too.
- 3. Football teams wearing red kits play better. The colour of your clothes can affect how you're perceived by others and change how you feel. A review of football matches in the last 55 years, for example, showed that teams wearing a red kit consistently played better in home matches than teams in any other colour.
- 4. Wind turbines kill between 10,000 and 100,000 birds each year in the UK. Interestingly, painting one of the blades of a wind turbine black can reduce bird deaths by 70 per cent.
- Snails have teeth. Between 1,000 and 12,000 teeth, to be precise. They aren't like ours, though, so don't be thinking about snails with ridiculous toothy grins. You'll find the snail's tiny 'teeth' all over its file-like tongue.
- 6. Sound can be minus decibels. The quietest place on Earth is Microsoft's anechoic chamber in Redmond, WA, USA, at -20.6 decibels. These anechoic chambers are built out of heavy concrete and brick and are mounted on springs to stop vibrations from getting in through the floor.
- A horse normally has more than one horsepower. A study in 1993 showed that the maximum power a horse can produce is 18,000W, around 24 horsepower.
- Your signature could reveal personality traits. A study in 2016 purports that among men, a larger signature correlates with higher social bravado and, among women, a bigger signature correlates with narcissistic traits.
- 9. Bananas are radioactive. Due to

- being rich in potassium, every banana is actually slightly radioactive thanks to containing the natural isotope potassium-40. Interestingly, your body contains around 16mg of potassium-40, meaning you're around 280 times more radioactive than a banana already. Any excess potassium-40 you gain from a banana is excreted out within a few hours.
- There's no such thing as a straight line. Zoom in close enough to anything and you'll spot irregularities. Even a laser light beam is slightly curved.
- 11. Deaf people are known to use sign language in their sleep. A case study of a 71-year-old man with rapid eye movement disorder and a severe hearing impairment showed him using fluent sign language in his sleep, with researchers able to get an idea of what he was dreaming about thanks to those signs.
- 12. Finland is the happiest country on Earth. According to the World Happiness Report, it has been for six years in a row. It's not really surprising, given that Finland is the home of Santa Claus, reindeer and one sauna for every 1.59 people.
- 13. Hippos can't swim. Hippos really do have big bones, so big and dense, in fact, that they're barely buoyant at all. They don't swim and instead perform a slow-motion gallop on the riverbed or on the sea floor. In fact, hippos can even sleep underwater, thanks to a built-in reflex that allows them to bob up, take a breath, and sink back down without waking.
- 14. The Moon looks upside down in the Southern Hemisphere. Compared to the Northern Hemisphere, anyway. This means that the 'Man in the Moon' is upside down in the Southern Hemisphere and looks more like a rabbit.
- 15. You can yo-yo in space. In 2012, NASA astronaut Don Pettit took a yo-yo on board the International Space Station and demonstrated several tricks. It works because a yo-yo mainly relies on the laws of conservation of angular momentum to perform tricks, which, provided you keep the string taut, apply in microgravity too.
- 16. Not only plants photosynthesise. Algae (which are not plants) and some other organisms – including sea slugs and pea aphids – contain chlorophyll and can also take sunlight and turn it into an energy source.
- 17. Bacteria on your skin cause your itches. Specifically, bacteria known as

- Staphylococcus aureus can release a chemical that activates a protein in our nerves. This sends a signal from our skin to our brains, which our brain perceives as an itch.
- 18. Starfish don't have bodies. Along with other echinoderms (think sea urchins and sand dollars), their entire bodies are technically classed as heads.
- 19. .You travel 2.5 million km a day around the Sun without realising. The Earth's orbit travels around 2.5 million kilometres with respect to the Sun's centre, and around 19 million km with respect to the centre of the Milky Way.
- 20. Fish form orderly queues in emergencies. When evacuating through narrow spaces in sketchy situations, schools of neon tetra fish queue so that they don't collide or clog up the line. Scientists interpreted this behaviour as showing that fish can respect social rules even in emergency situations, unlike us humans.
- 21. There are more bacterial cells in your body than human cells. The average human is around 56 per cent bacteria. This was discovered in a 2016 study and is far less than the earlier estimates of 90 per cent. As bacteria are so light, however, by weight, each person is over 99.7 per cent human.
- 22. Most ginger cats are male. There are roughly three ginger male cats to one ginger female. This is because the ginger gene is found on the X chromosome, meaning female cats would require two copies of the gene to become ginger whilst males only need one.
- 23. Your nails grow faster in hot summer. This is probably due to increased blood supply to the fingertips. It could also be because you're less stressed while on holiday so less likely to gnaw away at 'em.
- 24. Insects can fly up to 3.25km above sea level, at least. Alpine bumblebees have been found living as high up as 3.25km above sea level and could even fly in lab conditions that replicate the air density and oxygen level
- 25. Wind turbines kill between 10,000 and 100,000 birds each year in the UK. Interestingly, painting one of the blades of a wind turbine black can reduce bird deaths by 70 per cent.
- 26. Snails have teeth. Between 1,000 and 12,000 teeth, to be precise. They aren't like ours, though, so don't be thinking about snails with ridiculous toothy grins. You'll find the snail's tiny 'teeth' all over its file-like tongue.





A Legacy of Brilliance – ICSK Celebrates Stellar CBSE Class X Results

100 % result with 471 students achieving distinction and 139 students with an aggregate of 90% and above

The Indian Community School, Kuwait proudly celebrates an extraordinary academic triumph as it achieves a 100% pass rate in the CBSE Class X Board Examinations for the academic year 2024–25. Out of the 526 students who appeared—marking the largest number of examinees in Kuwait—an astounding 471 students achieved distinction and an impressive 139 students secured an aggregate of 90% and above. This stellar performance sets a new benchmark in academic excellence and reaffirms ICSK's position as a leading institution that consistently delivers outstanding results. This remarkable success reflects not only the talent and perseverance of the students but also the tireless efforts of the teaching faculty, the guidance of the management and the unwavering support of parents.

Leading this exceptional achievement are the school's top performers whose accomplishments have added another glorious chapter to ICSK's legacy. Jhanvi Radhakrishnan bagged the first position with an outstanding score of 98.8 %, followed by Aniruddh Vimal in the second place with 98.6%, while David Mathew Samuel claimed the third position with 98%. These young achievers exemplify the high standards of academic excellence cultivated at ICSK.

Further elevating the school's success, 39 students achieved centum in various subjects, a testament to their exceptional academic brilliance. These include 2 in French and 37 in Artificial Intelligence.

Shining among the subject toppers are Elvin Binu Varghese - French - 100, Jhanvi Radhakrishnan - French - 100 and English - 99, Akram Yusufkhan Munavar Khan - Mathematics - 99, Nanma Ann Thomas - Mathematics 99, Vishwa Teja Nettem - Mathematics - 99, David Mathew Samuel -Mathematics - 99, Abel Mathew Varughese - Mathematics - 99, Husain Phalasiya - Mathematics - 99, Khalid Fayyaz Khalid Kazi - Mathematics 99, Angel Gabriella Anthony Francis Nathan- Hindi - 95, Elvin Binu Varghese - Science - 99, Irin Rose Jimmy - Science - 99, Husain Phalasiya - Science - 99, Aniruddh Vimal - Social Studies - 99, Artificial Intelligence - 99 and English - 99, Sreya Eldho - English - 99, Hina Fathima Jishad Rajna - English - 99, Gautham Promod - English - 99, Zabeeb Muhammad Shafi - English - 99, Joanna Elsa Joby - English - 99, Mathematics Basic - 97 and Artificial Intelligence - 100, Ruby Laji Jacob - English - 99, Laiba Faisal Khan - English - 99, Daanyaal Junaid Sait - English - 99 and Artificial Intelligence - 100, , Nazanin Nizar - Artificial Intelligence - 100, Nicolle Pozholiparambil Binoj - Artificial Intelligence - 100, Abhijay Prem - Artificial Intelligence - 100, Rashi Pandya - Artificial Intelligence - 100, Iffah Aftab -Artificial Intelligence - 100, Sabari Raj - Artificial Intelligence - 100, David Mathew Samuel - Artificial Intelligence - 100, Uday Ravisankar Varma -Artificial Intelligence - 100, Arfa Zaheen Ameen-Artificial Intelligence - 100, Aqsa Mohmed Saleem - Artificial Intelligence - 100, Mohd Ayaan Alam -Artificial Intelligence - 100, Abdullah - Artificial Intelligence - 100, Agastya Rajan Avinash - Artificial Intelligence - 100, Anas Abdul Rehman Gajaria - Artificial Intelligence - 100, Betsy Susan Jacob - Artificial Intelligence -100, Enamrutha - Artificial Intelligence - 100, Miriam Alphonsa George Artificial Intelligence – 100, Ruby Susan Tony – Artificial Intelligence -100, Rudra Narayan - Artificial Intelligence - 100, Aalia Tharic - Artificial Intelligence - 100, Aleena Thejes Pathil - Artificial Intelligence - 100, Daris Basheer Chettiyanthodi- Artificial Intelligence - 100, Jesel Jose - Artificial Intelligence - 100, Muhsin Ahamed Nisar Ahamed - Artificial Intelligence -100, Roshan Binish Kavikunnel - Artificial Intelligence - 100, Ammar Sabir - Artificial Intelligence - 100, Rachel Verbena Pearl - Artificial Intelligence - 100, Adithya K Ajayraj - Artificial Intelligence - 100, Anne Susan Vineeth -Artificial Intelligence - 100, Huzaifa Mustafa Shafique - Artificial Intelligence - 100, Liya Johny - Artificial Intelligence - 100, Safa Sirajudeen - Artificial Intelligence - 100, Shanaya Martin Rao - Artificial Intelligence - 100, and Mohamed Saalim Sirajudeen - Artificial Intelligence - 100

This collective achievement is not the result of individual brilliance alone but rather a reflection of the collaborative ecosystem fostered at ICSK—an ecosystem built on the pillars of visionary leadership, expert teaching, robust academic planning and a supportive parent community. The synergy of these elements has allowed students to consistently aim higher and perform better. As the school community celebrates this record-breaking success, ICSK extends heartfelt congratulations to all its students, educators, staff and families. Together, they have not only set a new standard for academic excellence but have also inspired future generations to strive for greatness. This milestone stands as a powerful reminder of what is possible when dedication, discipline and support come together in the pursuit of knowledge.

The Indian Community School, Kuwait Sets a New Benchmark with the First – Ever Global Competitive Examination Orientation Programme

The Indian Community School, Kuwait in collaboration with Vedhik IAS Academy, India marked a significant milestone in the academic landscape by initiating expert - led guidance for the Global Competitive Examination, the first initiative of its kind in Kuwait. The initiative aims to guide students from Classes VIII to XII toward success in national and international competitive exams such as UPSC, Indian Civil Service, SAT, CLAT, NDA, and UN Civil Services.

Vedhik IAS Academy, India (founded and mentored by top IAS, IPS and IFS officers) is renowned for its coaching strategies towards cracking the global competitive exams. Recognized with the 'Excellent Global E-Learning Award-2020' from the UN, the academy prepares students for 568 competitive exams, drawing insights from top civil servants. It also offers scholarship guidance to help meritorious students secure financial support for admissions into prestigious Indian and foreign universities.

The orientation programme for the Global Competitive Examination was held across the four ICSK campuses - The Indian Community School, Kuwait (Senior), The Indian School of Excellence, The Indian Community School (Khaitan) and The Indian Community School (Amman) from 24th to 26th April 2025. It aimed to introduce students to the vast opportunities offered by global competitive examinations, instill early awareness, ignite ambition and prepare students to face the challenges of highly competitive national and international examinations with confidence and clarity. The programme saw the enthusiastic participation from students and parents alike.

The inaugural ceremony conducted on Thursday, 24th April 2025 at The Indian Community School, Senior was honored by the presence of distinguished guests, Mr. M.P. Joseph, IAS, Former Secretary to the United Nations and Former Chief Secretary of Kerala and Dr. Babu Sebastian, Former Vice Chancellor of Mahatma





Gandhi University and Kannur University. The presence of Mr. Shaik Abdul Rahiman, Hon. Chairman to the Board of Trustees, ICSK, further elevated the prestige of the event.

The session commenced with the recitation of verses from the holy Quran. Dr. V. Binumon, Principal and Senior Administrator of ICSK extended a warm welcome to the audience. In his address, Dr. V. Binumon emphasized on the power of thinking, the power of dreaming and the power of achieving. He highlighted the growing importance of competency-based learning and how platforms like these play a vital role in equipping students with the critical thinking skills and problem-solving abilities.

Mr. M.P. Joseph, IAS in his insightful and inspiring talk, commended the ICSK's management for taking the initiative to organize such an impactful event. He described the Indian Civil Service as the 'steel frame of the country', highlighting its role as the backbone of governance and administration. He elaborated on the benefits of joining the Civil Services, pointing out the material rewards, the opportunity to serve the underprivileged, and the power to make meaningful changes in people's lives. He motivated students by stating that the IAS is not just a job but a chance to be a social worker, leader and





change-maker.

Mr. M.P. Joseph passionately listed the many reasons why one should aspire to join the Civil Services. He emphasized that success in such exams demands sincerity, hard work, and a deep analytical understanding of subjects. He spoke about the need to cultivate reading habits, stay curious and build a broad perspective on the world through newspapers and books. Drawing from his vast experience with the Indian Administrative Service and the United Nations, he shared anecdotes and insights that motivated students to read widely, think critically and prepare sincerely. His words served not only as guidance but also a source of great motivation for both students and parents.

Dr. Babu Sebastian, Former Vice Chancellor of Mahatma Gandhi University and Kannur University gave an in-depth presentation on the Vedhik IAS Academy, which has been at the forefront of nurturing future civil servants and professionals through structured guidance and coaching. He elaborated on the Vedhik IAS Academy's structured programme, which includes online and offline coaching, weekly lectures, workshops, monthly and yearly assessments, university admission support and career guidance.



Psychometric Test and Counselling is conducted at the time of admission to access each student's potential, learning style, career interests thereby providing personalized guidance through individual counselling.

He elaborated on the academy's mission to empower students for UPSC Civil Services. The academy also offers training for exams such as SAT, NDA, CLAT, and UN and Indian Civil Services. Students are guided for National and International Scholarship Exam like Inspire Scholarship National Talent Search Examination (NTSE), National Means-cum-Merit Scholarship, Fulbright Fellowship, Chevening Scholarship, Commonwealth Scholarship, Gates Cambridge Scholarship many more. This helps in making higher education more accessible and affordable for meritorious students. It also provides special guidance for competitions like Olympiads, Quizzes, Speech competitions, Essay Writing, Character presentations, Group discussions & Debates.

Chat shows featuring interactions with real civil servants like IAS, IPS, IFS, IRS officers, vice chancellors, and globally recognized personalities is one of the key highlights of









the academy. 25 mock exams of different competitive exams will be conducted to prepare the students to achieve success in the global competitive examinations.

Dr. Babu Sebastian also explained the entire UPSC exam cycle — while providing valuable insights into eligibility, age criteria and preparation timelines. He stressed the importance of beginning preparation early, developing consistent study habits and

maintaining focus. He reassured students and parents that, with dedication and the right guidance, success in even the most competitive exams is attainable.

The sessions concluded with an engaging question-and-answer segment, where students and parents had the opportunity to clarify their doubts and gather detailed information on exam patterns, preparation strategies and career prospects.

Shaik Abdul Rahiman, Hon. Chairman to the Board of Trustees presented mementos to Mr. M.P. Joseph, IAS and Dr. Babu Sebastian as a token of appreciation and gratitude. Vote of thanks proposed by Mrs. Susan Rajesh, Vice Principal of ICSK Senior drew curtains to the insightful event.

The Global Competitive Examination Orientation Programme at ICSK was a resounding success. It was a transformative experience for all attendees, who left the sessions better informed, highly motivated, and inspired to explore academic and professional possibilities at a global level. With this initiative, ICSK has once again reaffirmed its commitment to educational excellence, innovation and holistic student development.





- 1. Riddle: I go all around the world, but never leave the corner. What am I?
- Riddle: You'll find me in Mercury, Earth, Mars and Jupiter, but not in Venus or Neptune. What am I?
- 3. Riddle: What can go up a chimney down, but can't go down a chimney up?
- 4. Riddle: I make a loud sound when I'm changing. When I do change, I get bigger but weigh less. What am I?

- 5. Riddle: A bus driver was heading down a busy street in the city. He went past three stop signs without stopping, went the wrong way down a one-way street, and answered a message on his phone. But the bus driver didn't break any traffic laws. How?
- 6. Riddle: It has keys, but no locks. It has space, but no room. You can enter, but can't go inside. What is it?
- 7. Riddle: I can fill a room, but I take up no space. What am I?
- 3. Riddle: It's the only place in the world where today comes before yesterday. Where is it?
- 9. Riddle: Mrs. Brown has 5 daughters. Each of these daughters has a brother. How many children does Mrs. Brown have?
- 10. Riddle: It's raining at midnight, but the forecast for tomorrow and the next day is clear. Will there be sunny weather in 48 hours?

midnight again.

10. No, it won't be sunny because it will be

daughters and 1 son.

They have 6 children. Each daughter has the sare 5

8. The dictionary.

7. Light.

e. A keyboard.

eays that!)

He was walking, not driving. (This riddle adds irrelevant information to deceive the reader. You expect that since he's a bus driver, he's currently driving the bus — but it never actually

t. Popcorn.

but if it's "qu" e'it won't fit!

An umbrella. If your umbrella is "down," it can fit through a chimney,

2. The letter "R."

.qmsta A .

ICSKians OUTSHINE IN HOLY QURAN MEMORIZATION COMPETITION

The Holy Qur'an is a source of divine guidance and mercy. Memorizing it is a noble act that brings immense reward, strengthens Iman, and shapes the character of a true believer. It is a blessing to see our students striving in this sacred path.

We are proud to share the achievements of our students in the Holy Qur'an Memorization Competition held in February 2025 by the Ministry of Education. Fareeha Junaid Khanzada of Class 10-A secured the Second Prize in the Class 9 Girls category. Shifa Rasheed of Class 10-C (2024–2025) won the First Prize in the Class 10 Girls category. Maria Husaini of Class 12-H



achieved the First Prize in the Class 11 Girls category. Their success reflects their hard work, sincere devotion, and the support of their teachers and families.

Congratulations to all the winners. May their love for the Qur'an continue to grow, and may their efforts inspire others.





quotable quotes

The man who does not read books has no advantage over the one who cannot read them." - Mark Twain

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today." - Malcolm X

"Teachers can open the door, but you must enter it yourself."

- Chinese proverb

"The beautiful thing about learning is that no one can take it away from you." - B.B. King

"The mind is not a vessel to be filled but a fire to be ignited." - Plutarch

"Don't let what you cannot do interfere with what you can do." - John Wooden

"A person who never made a mistake never tried anything new." - Albert Einstein

"Procrastination makes easy things hard and hard things harder." - Mason Cooley

"The expert in anything was once a beginner." - Helen Hayes

"The way to get started is to quit talking and begin doing." - Walt Disney

The Indian Community School, Kuwait The Management, Principal and Staff Wishes Congratulations to all the Students for this Record-Breaking Achievement ICSK TOPPERS

ICSK Soars to Glory with Outstanding Class XII CBSE Results

A Commendable 100% Pass Percentage With 97.41% Students Scoring above 70 % and 146 Students above 90%

The Indian Community School, Kuwait has once again demonstrated its academic excellence with an exceptional 100% result in the CBSE Class XII examinations for the academic year 2024-25. Out of the 463 students who appeared-the largest number of examinees in Kuwait- an impressive 97.41% of students scored above 70% and 146 students achieved above 90%, reinforcing ICSK's position as a leading institution in delivering quality education and fostering scholastic achievement. This stellar achievement spans all three major streams-Science, Commerce and Humanities-and reflects the combined efforts of diligent students, dedicated teachers and supportive parents.

Jothan John Anthony Cardozo topped the Science stream with an outstanding 98% followed by Aabida Rafik Chikte with 97.8%. The third position is shared by Fida Lahir and Aayush Vaibhav Kadam with 97.4%.

In the Commerce stream, Anam Anwar Kazi secured the highest position with 98.4 %, while Sarah Moiz and Aryan Saju Ram came in second with 97.6%, and Amritha Sanjay Nair took third place with 97.2%.

The Humanities stream was led by Ann Niya Jose, who scored a remarkable 98.2 %, followed by Regina Menezes with 97.2 %. Zainab Kuresh Dola bagged the third position with 94.4%. These individual accomplishments speak volumes about the dedication, perseverance, and academic brilliance that ICSK students embody.

Moreover, the school's academic brilliance is further highlighted by the exemplary subject-wise performance of its student. A total of 37 students scored centum in Painting, along with 2 in Psychology, 1 in Mathematics, 2 in sculpture, 9 in Applied Commercial Art, 1 in Tourism, 1 in Business Administration, 1 in Mass Media, 2 in Fashion Studies and 3 in Artificial Intelligence underscores the diverse talents nurtured at ICSK.

Notable top scorers across various subjects further exemplify academic excellence at ICSK. Cementing their places among the top scorers are Ann Niya Jose - History - 98, Jacob Mathew Ambat - Political Science - 71, Mufaddal - Economics - 98, Anam Anwar Kazi - Psychology -100, Rida Faisal Khan - Psychology - 100, Ann Niya Jose - Sociology - 95 and Applied Commercial Arts - 100, Aayush Vaibhav Kadam -Mathematics - 100 and Painting -100, Aabida Rafik Chikte - Physics - 97 and - Biology - 97 and Painting -100, Meshal - Physical lawala - Physical Education -99, Asnaf Khan Patan Chemistry - 99, Fida Lahir Education - 99, Ali Asgar Verdawala -- Painting - 100, Maira Nausheen - Painting -100, Safa Fhyrose Kodoich Chirayil -Painting - 100, Anamika Karthik - Painting -100, Architha Reddy Adala - Painting - 100, Abia Paul - Painting - 100, Albert Shibu George - Painting - 100, Ayaaz Omar - Painting - 100, Rebecca Merlin Abraham - Painting - 100, Thrisha Vinod Kaikolom - Painting - 100, Amatullah Ali Akbar Sagir - Painting - 100, Mahira - Painting - 100, Tiara D Cruz - Painting -100, Ashifa Shanaf Mullath - Painting - 100, Isaac Mathew Thomas- Painting - 100, Suchita Venkatesh - Painting - 100, Evelin Bernice Kishor Lal- Painting - 100, Jerel Shoey George - Painting - 100, Ranjeeta Susan Avinash - Painting - 100, Abdul Rahman - Painting -100, Adithya Sanju Raj - Painting -100, Jothan John Anthony Cardozo - Painting - 100, Nishanth Subbu- Painting -100, Noel Thomas Robin - Painting -100, Fatima Zameer Gazge - Painting - 100, Nesrin Niyas - Painting - 100, Shannon Chinnu Soji - Painting - 100, Neha Sheju Vadakkedath-Painting - 100, Aafiya Asif Koth - Painting - 100, Hannah Sara Linu - Painting - 100, Lavanya Venkatesh - Painting - 100, Harleen Kaur - Painting - 100, Sruthi Pazhoor Rajesh - Painting -100, Jamila - Painting - 100, Challa J Abhijna - Painting -100, Madiha Tanwir Alam - Sculpture - 100, Noora Rasheed Fatima - Sculpture - 100, Onega William - Applied Commercial Arts - 100, Roshna Bindhu Jeemon - Applied Commercial Arts -100, Vikash Murugesan - Applied Commercial Arts - 100, Sakina Patharia - Applied Commercial Arts - 100, Jaswanth Jangiti - Applied Commercial Arts - 100, Mariyah Ilyas Fakhruddin - Applied Commercial Arts - 100, Anam Bilal Ahmed Charfare - Applied Commercial Arts - 100, Kathrina - Applied Commercial Arts - 100, Amritha Sanjay Nair - Accountancy - 99, Mohitaa Ganesan - Accountancy - 99, Nikita Karthikeyan - Dance - 99, Abhirami Anandi Satheesh - Dance - 99, Gaurikrishna Venugopalan - Dance - 99, Gloria Sabu - Dance - 99, Shivani Menon - Dance - 99 and English - 99, Nivedita Anil Kumar - Dance - 99, Hellone Mathew - Home Science - 98, Levina Rachel Chacko - Entrepreneurship - 99, Jothan John Anthony Cardozo -Computer Science - 99, Mohitaa Ganesan - Applied Maths - 93, Sarah Moiz - English - 99, Managauri Ammar Huzaifa - Information Technology - 99, Deeksha Kamath -Information Technology - 99, Anam Anwar Kazi - Information Technology - 99, Ali Asgar Verdawala - Information Technology - 99, Krithika Murali Krishnan - Information Technology - 99, Jerel Shoey George - Information Technology - 99, Nesrin Niyas -Information Technology - 99, Burhanuddin Mustufa Kothari - Information Technology 99, Sweta - Tourism - 100, Amritha Sanjay Nair - Food Production - 99, Gowry Prakash-Food Production - 99, Sinduja - Food Production - 99, Marketing - 98, Maisara Arwa Mallick - Business Administration - 100, Zainab Kuresh Dola - Mass Media - 100, Roshna Bindhu Jeemon - Fashion Studies - 100, Jamila Shamoon Ghasia - Fashion Studies - 100, Amin Nisar Ahmed Shaikh - Artificial Intelligence - 100, Celine Anna Varghese - Artificial Intelligence - 100, Isaam Thalhath - Artificial Intelligence - 100.

As ICSK celebrates this milestone, it reinforces its pledge to continue fostering an environment of academic brilliance, innovation, and personal growth. This year's results serve as both a proud moment and a motivating benchmark for the institution. ICSK stands tall as a beacon of quality education in Kuwait, committed to shaping well-rounded individuals prepared to thrive and lead in an ever-evolving global landscape.

EPItome of success satoshi tajiri



Success is not only about fame and money. Making others happy and giving them something good to remember throughout their lifetime is also considered success. One such example of the lines above is Satoshi Tajiri. Born on August 28, 1965, the 59-year-old man is a Japanese video game developer and the creator of the Pokemon franchise and president of video game developer Game Freak.

Tajiri grew up in Machida, Tokyo which was an advancing rural area at that time. He had a hobby of insect collecting which would later on be his inspiration for his video game work. Children called him 'Dr. Bug' and he aspired to become an entomologist (a person who is an expert in the study of insects). But the urbanisation of Japan led to the loss of the habit of hunting bugs. Tajiri wanted his games to allow children to have the feeling of collecting treasures as he had back in his childhood. As a teenager, Tajiri was interested in arcade games, particularly Taito's Space Invaders (1978) and Dig Dug (1982) by Namco games. Eventually, he began developing interest in making his own video games. After getting his high school diploma, he did not attend university. Instead, he attended a two-year technical degree at the National Institute of Technology, Tokyo College, majoring in electronics and computer science.

Tajiri wrote and edited a fanzine (magazine by amateurs) called Game Freak from 1981 to 1986, which intended to help gamers with winning strategies. Copies of Game Freak sold more than 10,000 at that time. As more developers started joining, Tajiri began to realise the games were lacking quality, so he and Ken Sugimori decided to make their own video games. He studied the Family BASIC game programming

package and evolved the magazine into the game development company in 1989. The two jacked their first arcade style game called Quinty.

Tajiri came up with the idea of Pokemon in 1990, envisioning bugs crawling back and forth, recalling his childhood love for bug collecting. He got the idea from seeing Game Boys and the ability to communicate between Game Boys. Pokemon Red and Green took six years to produce, which nearly bankrupted Game Freak in the process. But upon completion, the games weren't pondered over by most media outlets. They deduced that it was a dead console. The Pokemon games weren't expected to do well, but sales perpetually increased until it became among the top Nintendo franchises.

Rumors of a hidden character in the game, Mew, increased which could only be bagged by exploiting programming errors. Tajiri also deliberately subdued violence in his games. He designed Pokemon characters to faint rather than die so the children playing the game wouldn't

correlate failure with death.

Tajiri has gotten widespread recognition for his "worldwide phenomenon" by the public and also by IGN (an American



PANDITA MONDAL

video gaming and entertainment media), Electronic Gaming Monthly, Edge (a video game magazine), and The Economist. He has also received the Special Award from the Computer Entertainment Developers Conference in 2011.

His other works include Mendel Palace, Smart Ball, Yoshi, Magical Taruruuto-kun, Mario & Wario, Pulseman, Pokemon Red, Green and Blue, Pokemon Yellow, Gold, Silver, Crystal, Ruby, Sapphire, FireRed and LeafGreen, Emerald, Diamond and pearl, Platinum, HeartGold and SoulSilver, Black and White, Sun and Moon, Pokemon Quest, Pokemon: Let's go Pikachu! and Let's go Eevee!, Pokemon Sword and Shield, Scarlet and Violet, Little Town Hero, Pocket Card Jockey, HarmoKnight and Drill Dozer.



BEST CLASS - FORENOON



CATEGORY 1 - 7A



CATEGORY 2 - 9F



CATEGORY 3 - 11A

GOODWILL AMBASSADOR



ABHIJAY PENIKALAPATI (SECONDARY)



AYESHA OMAR KARIM 12 A (SENIOR SECONDARY



June is a month of health awareness about a organ that work silently but powerfully in our body-LIVER

The liver is one of the most important organs

- Why is the Liver Important?
 - · Removes toxins from blood
 - Breaks down fats and alcohol
 - · Stores vitamins and minerals
 - Aids digestion through bile production
 - · Boosts immunity and energy levels
 - Common Liver Problems
 - Fatty liver (from obesity/junk food)

NOURISH & FLOURISH:

MONTH OF JUNE

- Hepatitis A, B, and C
- Cirrhosis (from alcohol/drug abuse)
- Liver cancer
- · Liver failure
- Signs of Liver Trouble
 - Yellow eyes/skin (jaundice)
 - · Abdominal pain or swelling
 - · Chronic fatigue
 - · Dark urine
 - · Nausea and loss of appetite
- How to Keep Your Liver Healthy
 - Eat fiber-rich fruits & veggies

- Avoid excessive alcohol.
- · Don't self-medicate
- · Manage weight and stress
- · Get vaccinated for hepatitis A & B
- · Drink plenty of water
- · Exercise regularly

Quick Fact:

 Over 2 million people die every year from liver diseases globally most are preventable! Your Liver Deserves Care - Keep it Clean, Keep it Strong!



- Who wrote One Hundred Years of Solitude?
- 2. Which novel features the character Jay Gatsby?
- 3. Which famous writer used the pen name "Mark Twain"?
- 4. Which Shakespeare play features the line "To be, or not to be"?
- 5. Which book holds the record for being the most translated in the world (excluding religious texts)?

- 6. Which is the deepest ocean in the world?
- 7. Which two countries share the longest international border?
- 8. Which desert is the largest in the world?
- 9. What is the capital of Mongolia?
- 10. Which African country was never colonized?



10. Ethiopia

9. Ulaanbaatar

7. Canada and the United States8. Antarctica (cold desert)

6. Pacific Ocean

Exupery

5. The Little Prince by Antoine de Saint-

4. Hamlet

3. Samuel Clemens

Fitzgerald

The Great Gatsby by F. Scott

Gabriel García Márquez

Birthday Arcade - JUNE



JADON RIJO 8 B - JUNE 1



MUFADDAL ADNAN 10 E - JUNE 1



ARISHA MOHAMED 12 B - JUNE 1



HASAN SHABBIR 12 H - JUNE 1



SIVANAND 11 B - JUNE 2



ZAHI ZUBER 11 E - JUNE 2



FATHIMA ZAHARA SHAMITA POORNIMA MARYAM AHAMED 10 E - JUNE 2



11 H - JUNE 2



12 G - JUNE 2



MOHAMMED 11 K - JUNE 2



ANUGRAHA MARY 11 A - JUNE 3



MOHAMED 11 C - JUNE 3



OM REJITH 11 G - JUNE 3



MYRA JULIA D MELLO 12 A - JUNE 3



AZLAN SAEED 12 D - JUNE 3



UMME KULSUM 12 K - JUNE 3



JOTHIKRISHNA 6 A - JUNE 4



SOHAM MEHTA 7 F - JUNE 4



HATIM EZZY 9 F - JUNE 4



STEVE KRIST 10 A - JUNE 4



AAYUSH RAJENDRA KALISTA RAJESH 12 C - JUNE 4



12 C - JUNE 4



TAKKOLA ROHIT 11 L - JUNE 4



YUSUF ABBAS 8 D - JUNE 5



AUSTIN PRASANTH 9 A - JUNE 5



ESTHER ANN 9 F - JUNE 5



ALHAM HYDER ALI 10 B - JUNE 5



SHRAVANI RAGHU 11 A - JUNE 5



SHAIZ SHABBAR 9 G - JUNE 5



MOHAMED AATHIF 11 J - JUNE 5



8 D - JUNE 6



CHEENIKKAL BAIJU MUAAZ MOHAMMED 7 E - JUNE 7



ADAM ROY 9 B - JUNE 7



HANFITA JESHMI 8 A - JUNE 8



NFHA VIBIN VIBIN 9 D - JUNE 8



NAADIR 12 D - JUNE 8



MAI HAR 11 K - JUNE 8



8 B - JUNE 9



MARIYA HATEM 8 E - JUNE 9 8 E - JUNE 9



11 G - JUNE 9



SAIRA ANN JACOB MIRIAM ALPHONSA SHAHAD MOHAMMED VAIGA SREEJITH MOHAMMED JAWAAD DIYA ELSA JOHN 11 D - JUNE 10



10 G - JUNE 10



7 C - JUNE 10



11 L - JUNE 10



7 B - JUNE 11



AMISHA RAMESH 10 D - JUNE 11



SAFOORA AABID



ADHIP PRADEEP



BURHANUDDIN EZZY SYEDA KHATIJA 7 E - JUNE 12



8 D - JUNE 12



AIN ALI ATAULLAH 9 E - JUNE 12



AARON HEMAR 11 E - JUNE 12



ISRA SAJID THAKUR 12 E - JUNE 12



MARIA AUXCILI 10 F - JUNE 12



8 C - JUNE 13



MOHAMED RAYYAN SHRADDHA KARTHA 8 E - JUNE 13



MERIN TERESA MAYSA FATHIMA 12 D - JUNE 13 11 K - JUNE 13



DIYA AUSTIN 8 A - JUNE 14



SARAH MARIAM 8 E - JUNE 14



HESSA HAYAT 10 A - JUNE 14



11 E - JUNE 14

CHRIS JACOB



AYAAN KHAN 12 E - JUNE 14



ZAINAB HUSNA 12 H - JUNE 14

ALPHONSA ANESH

7 B - JUNE 17



RAKSHAN NOORUL 10 D - JUNE 15



11 D - JUNE 15

ABEL ANESH

7 C - JUNE 17



ALEENA THEJES ADITYA ULLAS NAIR AVERYL JESSICA 12 H - JUNE 15



NEEV MEHTA 12 B - JUNE 17



AYONA THANKAM

AHMED SAFIR 9 F - JUNE 18



10 C - JUNE 18

GURNOOR SINGH

9 A - JUNE 16

SERGIE MARIO

11 I - JUNE 18

ANNLIYA JOSEPH

12 G - JUNE 16



MURIEL D'SOUZA

12 G - JUNE 16



RONAV PRATAP

12 G - JUNE 16





ANNA ANESH

7 B - JUNE 17



NANDITA VIJUKUMAR BELINDA STAPHENE HEMAKSHI PATRO 10 D - JUNE 19

ANGELIN FIONA

8 B - JUNE 17





AIDEN PETER JAMES 12 I - JUNE 19



ZOYA 9 G - JUNE 19



REGAN PHILIP JOBY THOMAS SAMUEL 7 D - JUNE 20



OUMAR ABDUL 9 F - JUNE 20



HIBAH FARHATH 12 H - JUNE 20



HARISHRAGHAV 7 D - JUNE 21



MUHAMMED ZAIN 9 D - JUNE 21



JEHIEL PHILIP JIBY 9 F - JUNE 21



LEONA ROSE 10 D - JUNE 21



RAYYAN KARDAME 8E - JUNE 22



RAYYAN ABRAR 8 E - JUNE 22



9 C - JUNE 22



9 B - JUNE 20

TANISHKA JAYA NANMA ANN THOMASRAAFEY MOHIUDDIN ISHIKA SOLANKI 11 G - JUNE 22



12 C - JUNE 22



9 G - JUNE 22



ABDUL REHMAN 10 F - JUNE 22



ABEL SHIBU 9 A - JUNE 23



AARYAN NAIR 8 E - JUNE 24



ESAM MAJID 10 A - JUNE 24



ANGELINA CAJETAN GEORGE MICHAEL 10 F - JUNE 24



11 C - JUNE 24



NAYANA BINOY 11 J - JUNE 24



JOSEPH IAN 12 K - JUNE 24



9 D - JUNE 25



DAVID PHILIP JOHN KEREN ROSINA REJI KRISTINA MARIA 12 A - JUNE 25



11 L - JUNE 25



FIONA SUSAN LIJO 6 A - JUNE 26



BURHANUDDIN 7 B - JUNE 26



RIA SAIRA KOSHY 7 B - JUNE 26



MUHAMMED REHAN 8 B - JUNE 26



TANISHKA 9 B - JUNE 26



SHABBIR 9 F - JUNE 26



KAREN RUTH 11 F - JUNE 26



HAMAD YASEEN 10 G - JUNE 26



8 A - JUNE 27



8 C - JUNE 27



9 A - JUNE 27



9 B - JUNE 27 9 G - JUNE 27







ALESHA AZIZ 9 D - JUNE 28



ADIB MUHAMMED 10 C - JUNE 28



10 D - JUNE 28



11 G - JUNE 28



12 C - JUNE 28



VAISHALI SRIDHAR IDRIS YUNUS KAPDA MOHAMMAD HATIM ABHISHEK GEORGE ADWAITH JITHINDEV 12 H - JUNE 28



7 C - JUNE 29



AYESHA NASER 10 B - JUNE 30



THANUJA 11 E - JUNE 30



EVAN SANTHOSH 11 G - JUNE 30

MRS. MYSA FAYEZ

- JUNE 10



ARSH KHAN 12 A - JUNE 30



SHEREEFA HANEEN 12 F - JUNE 30



JOSHUA JOHN 12 H - JUNE 30



MR. VIJAYABHASKAR REDDY - JUNE 01 MOHIDEEN - JUNE 05



MR. RIYAZ



MR. FSWAR NAIK MUDE - JUNE 10



- JUNE 12



- JUN 15



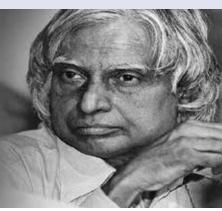
MRS. SREESHMA MR. RAO SRINIVASA MRS. HARSHA RAJA **GOPAL NAIR - JUNE 16**



MR. SHAJII. KADAN - JUNE 21

To succeed in your mission, you must have single-minded devotion to your goal

a.P.D. abdul Kolam





"If your actions inspire others to dream more, learn more, do more and become more, you are a leader.'

AFTERNOON SESSION

A Celebration of Talent and Team Spirit: ICSK Afternoon Batches Host Grand House Assembly

On Sunday, the 11th of May 2025, the ICSK Afternoon Batches marked the maiden house assembly of the academic year 2025–26 in the school auditorium. The event was a vibrant confluence of youthful energy, cultural expression, and house spirit, as the four houses - Achievers, Leaders, Victors, and Winners - came together in a spirited celebration of talent and teamwork.

The assembly unfolded with the solemnity and decorum characteristic of ICSK's traditions. The programme began with the school prayer, followed by a verse from the Holy Quran, setting a tone of reverence and reflection. The Kuwait National Anthem was then played, and the national flag was ceremoniously hoisted and saluted. The programme later concluded with the Indian National Anthem, encapsulating the cultural harmony that defines the school community. The highlight of the afternoon was undoubtedly the inter-house music and dance competition, where each house presented a medley of performances that seamlessly wove together English, Hindi, and regional hits. The dances were impeccably choreographed, exuding creativity, rhythm, and coordination that captivated the audience and won the admiration of all present. These performances were evaluated by a distinguished panel comprising Ms. Trina, Coordinator for the Secondary Section, and Ms. Jeannie, Senior Faculty from the Commerce Department, whose discerning judgment added prestige to the event.

The occasion was inaugurated by Principal Dr. V. Binumon, who addressed the students with warmth and encouragement. In his inaugural remarks, he urged students to step out of their comfort zones and embrace the stage as a platform for self-expression. He reminded them that each individual is blessed with unique abilities and that the world yearns for leaders who can boldly and flamboyantly exhibit their talents. His words resonated deeply, inspiring students to explore their full potential with confidence and pride.

Adding another dimension to the event, the much-anticipated results of the Vertical Gardening Competition were declared. Achievers House triumphed in this ecoinitiative, a testament to their dedication and vision. Special appreciation was extended to House Captain Master Abdullah of Class 12K and House Mentor Ms. Maini, whose tireless efforts and leadership were instrumental in securing this achievement.









The assembly also witnessed the announcement of the best-performing classes for the month of April 2025, based on a comprehensive set of evaluative parameters. Class 9G, under the guidance of Ms. Shibymol, and Class 11K, mentored by Mr. Sujith Krishna, emerged as exemplary models of discipline and participation, earning accolades and admiration alike.

Further, the Goodwill Ambassadors for the term were felicitated in recognition of their remarkable efforts in coordinating class-level charity initiatives. Rishnav Gineesh of Class XF and Nabhan Dileep of Class XI L were honoured by the Deputy Vice Principal, Madam Mini Shaji, for their commitment to service and social responsibility, embodying the core values that ICSK upholds.

The House Assembly was a celebration not merely of art and aesthetics, but of leadership, collaboration, and compassion. It served as a magnificent beginning to the new academic year - an affirmation that at ICSK, every student is encouraged to shine, to lead, and to serve with conviction and grace.















"Morning of Purpose: General Assembly"

The general assembly held on 2nd June with the theme Women's Health Day by the children of classes 12G and H, was a memorable and meaningful event for all students and staff. The assembly opened with a warm welcome from the emcees, followed by the islamic prayer and the school prayer by swaranjali. The flag hoisting and salutation followed by the Kuwait National Anthem was also presented. Word of the day, quote for the day and news were also included.

The students of grades 12 G and H presented a short skit on the importance of women's health. The performance was both entertaining and educational, receiving enthusiastic applause from the audience. This was followed by a speech and cultural programmes like dance and medley. The Vice Principal Mrs. Susan Rajesh, shared her words of wisdom, encouraging students to stay focused, work hard, and show kindness and respect both in and out of the classroom. Her message reminded us of the school values and motivated us











to strive for excellence. Various awards were presented to the students for their wonderful accomplishments.

Overall, the general assembly was wellorganized and uplifting. It provided a great opportunity for students to showcase their talents, receive recognition, and come together as a school community.























"Pillars of Punctuality:

Students Recognized for Perfect Attendance"

This highlights the students who have 100% attendance achieved academic 2024-25. Consistent year attendance reflects students' commitment, discipline, and engagement with their academic responsibilities. The Attendance Award serves as a positive reinforcement strategy to improve schoolwide attendance. We congratulate all awardees for their dedication and thank their parents and guardians for their continuous support.



NAYTHAN MODI - 6A (2024-25)



ADHIP PRADEEP - 6A (2024-25)



ANOUSHKA AJITHMON - 7A (2024-25)



PRATHANA PURANDAS - 7A (2024-25)



ALVINA VIOLA NAZARETH GARIMA JAGDISH JOSHI - 7B (2024-25)



- 7B (2024-25)



- 7B (2024-25)



- 7B (2024-25)



TANMAY SHINDA NISHANTH - 7B (2024-25)



VIVAAN VIRAJ - 7B (2024-25)



CASSANDRA KAITLYNN - 7C (2024-25)



- 7D (2024-25)



- 7D (2024-25)



- 7D (2024-25)



- 7E (2024-25)



- 7F (2024-25)



NIKWIN ROY - 7F (2024-25)



MOHAMMED SINAN S - 8B (2024-25)



GURNOOR SINGH - 8C (2024-25)



INA FATHIMA - 8C (2024-25)



ISHA FATHIMA - 8C (2024-25)



SHEKAMOORI SASIDHAR - 8D (2024-25)



YASASWI DEVALLA - 8F (2024-25)



RISHON ARANHA - 8F (2024-25)



AGNIVESH SAJEEV - 9A (2024-25)



- 9A (2024-25)



FAREEHA JUNAID - 9B (2024-25)



SANJAY KALAI CHELVAN - 9B (2024-25)



AROUSH MUZAFFER - 9C (2024-25)





THEERDHA VINISH - 9D (2024-25)



AMINA SHAIK - 9D (2024-25)



ANUGRAHA FRAJO



- 9E (2024-25)



BERIN GLADSY - 11A (2024-25)



FRANKLIN THAMBI



SREEYUKTHA PRAMOD - 11H (2024-25)



NEHA BINIL - 11H (2024-25)

CHARITY DONATION



JAISE JAYAN MATHEW - 9F

A PROUD MOMENT FOR ICSK

Master Mario of class 9E and Master Usman of class 10C of our school had represented Kuwait National Cricket Team in the under -16 category and secured the runners' up position in the cricket match held in Qatar on May 2025.



BALANCE SHEET FOR THE MONTH OF MAY 2025

| Income (April 2025) | KD | Expenditure (May 2025) | KD |
|---------------------------------------|----------|------------------------|----|
| Balance c/f from April 2025 | 1804.315 | | |
| Contribution from Students (May 2025) | 220.680 | | |
| Balance in hand | 2024.995 | | |

CHARITY MAY 2025

| THAT I WAT LOLD | | | | | | |
|-----------------|---------------------------------|---------------|--------------|---------|--|--|
| CLASS / SEC | CLASS TEACHERS NAME | BIRTHDAY FUND | CHARITY FUND | TOTAL | | |
| 12 A | MRS. NIGY JACOB | - | 14.000 | 14.000 | | |
| 12 B | MR. PRATHAPA CHANDRAN B. PILLAI | - | 1.670 | 1.670 | | |
| 12 C | MR. SUNDARESH K | - | 5.000 | 5.000 | | |
| 12 D | MRS.SARITHA M.P | - | 1.150 | 1.150 | | |
| 12 E | MRS.JESHA ALEX | - | 2.200 | 2.200 | | |
| 12 F | MRS. SONA AREEKARA | - | 3.005 | 3.005 | | |
| 12 G | MR. PRASAD NAMBIAR | - | 1.180 | 1.180 | | |
| 12 H | MRS. SHEHNAZ HAKIM | - | 2.285 | 2.285 | | |
| 12 I | MR. QUTBUDDIN SHABBIR HUSSAIN | - | 0.650 | 0.650 | | |
| 11 A | MRS. SUSAN GEORGE | - | 8.300 | 8.300 | | |
| 11 B | DR. WASEEM PATHAN | - | 6.000 | 6.000 | | |
| 11 C | MR. VINOD LAKSHMANAN | - | 1.750 | 1.750 | | |
| 11 D | MR. GEORGE SAMY | - | 1.100 | 1.100 | | |
| 11 E | MRS.HARSHA RAJAGOPAL NAIR | - | 6.370 | 6.370 | | |
| 11 F | MRS. DEEPA BIJU | - | 2.200 | 2.200 | | |
| 11 G | MRS. JEANNIE ANN GEORGE | - | 1.050 | 1.050 | | |
| 11 H | MRS. MUSARAT PARKAR | _ | 3.065 | 3.065 | | |
| 11 | MRS. SREESHMA | _ | 0.535 | 0.535 | | |
| 10 A | MRS. JAGADA JEGADEESAN KAMALA | - | 10.480 | 10.480 | | |
| 10 A | MRS. KAMALAM NANDHAKUMAR | - | 2.150 | | | |
| | | - | | 2.150 | | |
| 10 C | MS. LUBNA VASIM SAYED | - | 18.560 | 18.560 | | |
| 10 D | MRS. NIMMY GOPINATH | - | 2.600 | 2.600 | | |
| 10 E | MRS. SARITHA P NAIR | - | 6.175 | 6.175 | | |
| 9 A | MRS. SOUMYA VIPIN | - | 0.750 | 0.750 | | |
| 9 B | MR.MANUEL JUSTIN | - | 4.000 | 4.000 | | |
| 9 C | MRS. RAMLATH BANU SYED | - | 2.560 | 2.560 | | |
| 9 D | MR. NITHIN VATAKKE MATATHIL | - | 1.420 | 1.420 | | |
| 9 E | MRS. STELLA GAMA PHILIP | - | 1.025 | 1.025 | | |
| 9 F | MR. VIJAY BHASKARA REDDY C | - | 1.805 | 1.805 | | |
| 8 A | MRS.SREELAKSHMI | - | 11.925 | 11.925 | | |
| 8 B | MRS.SHAMEENA MUHAMMED SAEED | - | 2.470 | 2.470 | | |
| 8 C | MRS. SOUMYA PRASHANT | - | 1.300 | 1.300 | | |
| 8 D | MRS. GURPREET KAUR | - | 8.430 | 8.430 | | |
| 8 E | MRS. JICKCY SUSAN CHERIAN | - | 3.370 | 3.370 | | |
| 7 A | MRS. SHIBYMOL BABU | - | 16.320 | 16.320 | | |
| 7 B | MR. MANIKANDAN C | - | 2.750 | 2.750 | | |
| 7 C | MS.BINU SABU | - | 14.975 | 14.975 | | |
| 7 D | MRS SHEREENA MOOSA | - | 3.000 | 3.000 | | |
| 7 E | MRS. ARSHIYA FATHIMA | - | 3.395 | 3.395 | | |
| 7 F | MRS. NAZIMA TAILOR | - | 2.355 | 2.355 | | |
| 6 A | MRS. ANGULAKSHMI A | - | 1.200 | 1.200 | | |
| | TOTAL | - | 184.525 | 184.525 | | |
| | | | | | | |
| 8 F | MRS. ELIZABETH THOMAS | - | 1.000 | 1.000 | | |
| 9 G | MRS. SHIBYMOL BABU | - | 1.280 | 1.280 | | |
| 10 F | MRS. JEGATHA JEGADEESAN | - | 3.450 | 3.450 | | |
| 10 G | MRS. NIMMY GOPINATH | - | 6.340 | 6.340 | | |
| 11 J | MR. SUNDARESH KUMAR K G | - | 5.270 | 5.270 | | |
| 11 K | MR. SUJITH KRISHNA T | - | 4.170 | 4.170 | | |
| 11 L | MR. PRASAD NAMBIAR | - | 6.740 | 6.740 | | |
| 12 J | MRS. BINDU MADHU | - | 2.685 | 2.685 | | |
| 12 K | MR.SREEKUMAR | - | 5.220 | 5.220 | | |
| | TOTAL | | | 36.155 | | |
| | Grand Total | | | 220.680 | | |
| | Grand Total | | | | | |





Tucked between Western and Eastern Europe, Poland is a country where every cobblestone whispers history and every forest path leads to a hidden wonder. Whether you're a traveler chasing medieval legends, a foodie exploring hearty Eastern European cuisine, or a nature lover yearning for alpine views and lakeside serenity, Poland has a story for you.

The capital, Warsaw, is the perfect place to begin your Polish adventure. A city of melodramatic contrasts - levelled to the earth by World War II and lovingly restored, Warsaw is now a thriving metropolis where the baroque splendor of the Royal Castle exists beside gung-ho modernity and skyscrapers. Stroll through the historic Old Town, a UNESCO World Heritage Site, and then to the Warsaw Uprising Museum or the POLIN Museum for poignant glimpses into Poland's unbreakable spirit.

Head south to Kraków, the artistic and cultural heart of Poland. There, time freezes as you stroll through Rynek Główny, one of Europe's largest and most beautiful medieval squares. The soaring spires of St. Mary's Basilica, Wawel Castle's medieval fortifications, and lantern-lit Kazimierz streets (old Jewish quarter) all add up to a vibrant tapestry of a city that is steeped in legend. Just outside of Kraków is Auschwitz-Birkenau, a chillingly affecting site honoring the memory of millions and pointing to the power of remembrance and humanity.

For nature buffs and adventure enthusiasts, the Tatra Mountains just outside Zakopane offer stunning alpine scenery. In winter, it's a winter sports paradise with skiing; in summer, hiking trails open up to panoramic views, high-mountain lakes, and traditional wooden mountain huts where you can taste smoked sheep cheese called oscypek. The region has also intense highlander culture with wood architecture, folk music, and hospitality.

To the north, reveal the Baltic Sea shore, dotted with small, beloved coastal resorts like Sopot and Gdańsk. The latter, rich in Hanseatic history and lovely seafront, is also where the Solidarity movement was born, a controversial chapter in Poland's journey to independence. Inland lies the Masurian Lake District, "Land of a Thousand Lakes," water-lover's, kayaker's, and nature enthusiast's paradise of

sailing, kayaking, and recharging in pristine, serene environments.



ALVINA ANTO

Poland's soul also beats in its cuisine. Warm, fullbodied, and rich, Polish

food is comfort food on a plate. Savor cheese - and potato-filled pierogi or fruit, warm your belly with big bowls of żurek (sour rye soup), or indulge in massive plates of bigos, a rich hunter's stew of meat and cabbage. Don't miss the opportunity to clink glasses with a cold shot of vodka or sample Poland's new craft beer scene.

What makes Poland so unforgettable, though, are its people. Proud of history, but open-minded and open-hearted too, Poles welcome visitors not merely with a smile, but with stories - of joy and sadness, of reconstruction and hope. It's that human element, woven into each street, castle, forest, and town square, that renders Poland more than a destination to visit.





EPIstory



There is a saying that goes "Beauty lies in the eyes of the beholder". But what if those eyes fail to recognize that beauty? What if those eyes pass over you like you're nothing more than a shadow? What if they never pause, never wonder, never see?

Such was the fate of a little black kitten Milo housed in the back corner in the shelters of New York. He was not fluffy or pretty like the kittens that were picked- that were chosen, that were loved. His fur was plain, dark as midnight. One might never notice Milo in a dark room. Only his glittering golden eyes would give him away- tiny flecks of gold in the pitch black.

People would pass by his crate every day and Milo would watch, hopeful and excited at the thought of finally being seen. They would pause. look in. And Milo would wait, sit still, barely daring to take a breath. He would meet their gaze with his golden eyes, silently begging for the home he had never known. But one by one, they moved on. They chose prettier, fluffier kittens while Milo watched with eyes full of quiet longing. Milo stayed behind, invisible in a room full of wanting.

But beauty isn't always loud or obvious. Sometimes it waits in silence, for some to see not with their eyes, but with their heart.

The Final Bell

The final bell of high school rang like a distant, hollow echo. the sound that once pulsed with the thrill of freedom now only left an emptiness in its wake. The shrill tone that'd mark the end of the day left a kind of ache in us all.

An ache for the days when the bell had been something to look forward to. For the afternoons spent staring at the clock hoping for time to go faster. Funny how all we wanted now was for it to stop. The long chemistry periods where time seemed to stand still, each second stretching into an eternity, the quiet chewing of food under the desks, the shared and almost unexpected unity that was shown



RIDA SAMJAT - 12B

when a question was asked to you and someone you barely knew would whisper the answer to you. it all felt so trivial then, like just another part of an everyday routine. But those moments now hung heavy in the air, as if time had given everything that we had once found insignificant weight over a period of time.

High school was over and there was nothing you could do about it anymore. No amount of staring at the clock, hoping and wishing for the time to go back could change that. The bell had struck its final note and in its wake, left us with the undoubtable weight of the world.

BIRTHDAY BOOK DONATION DRIVE



Mr. Mohamed Haris Pallikkattil



Mr. Vijaybhaskar Reddy



Ms. Baby Jayanthi Prabhakaran

Heartfelt Condolences on the Tragic Air India Flight Al171 Crash Near Ahmedabad



In an unimaginable tragedy, Air India Flight Al171 met with a fatal accident near Ahmedabad, claiming the precious lives of many passengers and crew members. As the nation mourns this heartbreaking loss, our hearts go out to the families and friends who have lost their loved ones in this devastating incident.

The ill-fated flight, which was en route to its destination, encountered unforeseen difficulties leading to the crash. In these moments of profound sorrow, words fall short to express the grief and anguish felt by the entire nation. Every life lost in this tragedy was a story, a dream, and a world to someone — and their absence leaves an irreplaceable void.

We extend our deepest sympathies to the bereaved families and stand in solidarity with them during this incredibly difficult time. We also recognize and honor the efforts of the rescue teams, emergency services, and volunteers who are working tirelessly in the aftermath of this calamity.

May the souls of the departed rest in eternal peace. May their families find strength and comfort to bear this immense loss. The entire nation shares in this moment of sorrow, united in grief and prayer.



experience nature at its finest? Mawlynnong is just the place for this. Located at the East Khasi Hills district of the Meghalaya state in North East India, this place is conspicuous for its cleanliness. Mawlynnong was chosen by Discover India magazine as Asia's cleanest village. Known as the God's Own Garden, the fruit orchards, the rushing streams, the lush green surroundings and the well desiccated traditions of the Khasis provide a picture-perfect stage on the edge of Meghalaya's southern ranges.

Mawlynnong is located 90 km from Shillong, along the India-Bangladesh border. A famous geographical occurrence in this place is the Balancing Rock. Enclosed within a wired fence, the spot has two stones, a huge boulder resting on a smaller stone. The structure has remained like that for ages and no cyclone or storm has been able to disturb the formation. Another icon of this place is the Nohwet Living Root Bridge. The bridge was created by weaving the roots of the Ficus Elastica tree around a framework and continuing this process for generations. These roots were important in the villages in the steep valleys and mountains as it would help people connect with each other and make trade feasible. These fascinating bridges are built in harmony with nature and get stronger as they grow older. The Church of the Epiphany in Mawlynnong is more than a century old, a beautiful piece of

of this lush and verdant tropical paradise. Another gem of a place - truly a visual delight of Umngot River which holds the status of being one of the 'cleanest rivers in India'.

As of 2019, Mawlynnong has 900 residents and the literacy rate is about 90%. Agriculture is the chief occupation of the local population, with betel nut being the main crop. The people residing in the community are Khasi people. The population is mostly Christian and the village has three churches.

As is the tradition of the Khasi people, Mawlynnong property and wealth are passed from the mother to the youngest of her daughters, who also keeps the mother's surname.

Known for its cleanliness, the waste is collected in dustbins made of bamboo, directed to a pit and then used as manure.





warranted the presence and participation of each resident in cleaning the village. Smoking and use of polythene is banned while rainwater harvesting is enlivened.



From bridges to rivers, and tree houses close to the churches, one can enjoy a sweeping view of Bangladesh and experience thrilling activities like boating or snorkeling and cliff diving, along with visiting the border 'bazaar' for souvenirs.







Knowledge for Wellness - ICSK Hosts Workshop on 'Health Awareness in Adolescent Girls'

Awareness Session on The Indian Community School, Senior, Kuwait in collaboration with The Indian Doctors Forum, Kuwait organized an awareness workshop for girls of classes IX and X on 'Health Awareness in Adolescent Girls' on Tuesday, 29th April 2025. The workshop aimed to sensitize adolescent girls to the various physical, emotional and psychological changes they undergo during this transformative stage of life. Adolescence is a crucial period marked by rapid growth and development, and it is essential that young girls are well-informed and supported to navigate these changes with confidence and clarity.

The Guest Speaker, Dr. Aparna Kadam, a renowned Obstetrician and Gynecologist was welcomed with thunderous applause. The session commenced with Islamic prayer by Miss. Aysha Nuha. Mrs. Susan Rajesh, Vice Principal of ICSK extended a warm welcome to the gathering. In her address, Mrs. Susan Rajesh highlighted the importance of adolescent health and encouraged students to feel confident and comfortable in asking questions and clarifying their doubts.

The highlighted of the event was the enlightening address by Dr. Aparna Kadam. She addressed a wide range of important topics relevant to adolescent health, including the biological aspects of puberty, the significance of maintaining menstrual hygiene, the role of balanced nutrition and the need for emotional well-being. The session also covered topics like obesity. PCOS, thyroid hormone and various types of infection. Dr. Aparna Kadam emphasized the importance of open communication, self-awareness and self-care, encouraging the girls to understand and embrace their development in a healthy and positive manner.











The workshop was highly interactive, with students engaging in meaningful discussions and asking questions without hesitation. Dr. Aparna Kadam patiently addressed each query, creating a safe and respectful space for learning. Her explanations were simple, relatable and empowering, helping the students overcome common misconceptions and taboos surrounding adolescent health topics.

Dr. V. Binumon, Principal and Senior

Administrator of ICSK presented a memento to Dr. Aparna Kadam for her valuable time and wisdom. The session concluded with heartfelt vote of thanks proposed by Mrs. Marie Syril Trina, Academic Supervisor, Secondary.

The awareness session at ICSK was a resounding success. The initiative stands as a commendable effort toward nurturing the well-being of young girls and fostering a culture of awareness, empathy, and empowerment.



EPHILATELY

Democratic Ideals of Sikhism



Sikhism, founded by Guru Nanak in the 15th century, embodies several democratic ideals promote equality,

justice and community participation. It emphasizes the equality of all individuals, irrespective of caste, creed, gender or social status.

The concept of 'lk Onkar' (One supreme underscores the oneness of humanity and rejects any form discrimination. The Sikh tradition encourages active participation of its followers in community affairs. The Institution of langar (community kitchen) exemplifies Sikh democratic values, promoting social equality and community solidarity. The Sikh prayer 'Sarbat da Bhala' translates to 'May everyone be blessed' promotes an inclusive and compassionate society. The Gurmata system involves reaching consensus through discussion agreement among community and members.

Lichchhavi Gana-Rajya



India had history Republics existed that before and after Buddha. One such republic

was Lichchhavi which was a part of Vajjika territory and contemporary village of Basarh in Vaishali district of Bihar. The references of Lichchhavi are in Pali, Tibetan, Jain, Greek, Nepalese, and Chinese and Sanskrit texts. Universal Civil rights, franchise, general assembly, rule of law, deliberation and procedures of committees and appeals are the democratic features, which were well established in Lichchhavi Gana-Rajya. Lichchhavis had an open and secret ballot system; their presidents (ganapati), Vice presidents (up ganapati), army chiefs (senapati), ambassadors and other key heads of administrationjudiciary were elected through consensus and electoral contests, if required. It was one of the earliest document reference to democracy and hence can be called mother of democracy in the recorded history of mankind. It operated on the principal that 'let one faulty escape than to punish one who is not guilty'. It was a role model for Buddha. His Sangh was founded on the functioning style of this Lichchhavi gana-rajya.

Uttiramerur Inscription



Sangam literature and epigraphical sources throw valuable information on the socio-

economic condition of Tamil Nadu. In the Chola period, the Uttiramerur inscription of C. 919 and 921 CE of the Chola king, Parantaka I, laid down the rules for the election of persons to the several committees which administered the village. It highlights an early formof decentralized governance in the region.

Uttiramerur inscription describes meticulous electing process for members of the Sabha. It involved a lottery system, ensuring fairness. The eligibility criteria included age, property ownership and moral conduct. The Sabha served as a committee responsible for various administrative functions, including resolving disputes, maintaining law & order and overseeing local affairs. Major decisions were taken through discussions and consensusbuilding. For accountability, the inscription mentions provisions for impeaching and removing individuals from the sabha if found guilty of misconduct or corruption.

Mata Karma



Mata Karma was an ardent devotee of Lord Krishna whose life is a symbol of devotion, courage, and social service. Her life inspires us to fight against various social evils like untouchability

and conservatism while promoting unity and harmony in society. Mata Karma was born on April 12, 1016, in Jhansi, Uttar Pradesh to Ramshah and Leelavati who were deeply religious and philanthropic. They had unwavering faith in Lord Krishna and spent their days immersed in devotion and service. Since childhood, Karma was drawn towards devotion to Lord Krishna and offered her prayers with immense

VadtalDham Dwishatabdi Mahotsav



The Vadtal Temple serves as capital spiritual the Shree Swaminarayan Sampradaya, which has spread across the world today. This temple was built on the command of Bhagwan Shree Swaminarayan by Sadguru Shree Brahmanand Swami and Sadguru Shree JASRAJ PAL SINGH Aksharanand Swami.



SADDAL - 12E

Sadguru Brahmanand Swami used nine lakh bricks in the foundation of this temple. The temple is built in a lotus shape, symbolizing the spirit of harmony among all religions. It includes depictions of past avatars of gods and goddesses. Vadtal Temple is located in Nadiad Taluka of Kheda district.

Harekrushna Mahtab



Harekrushna Mahtab, fondly known as "Utkal Keshari," was a stalwart of Indian politics, leaving an indelible mark

on the socio-political landscape of Odisha and India at large. Born on November 21, 1899, in the picture sque village of Agarpara, situated in the Bhadrak district of Odisha, Mahtab belonged to a revered Kshatriya family. His early education commenced at Bhadrak High School, where he imbibed the values of service and sacrifice before pursuing higher studies at Ravenshaw College in Cuttack. Mahtab's political awakening was profoundly influenced by the ideals espoused by Mahatma Gandhi. The fervor of the Indian National Congress (INC) sessions in 1920 prompted him to forsake his academic pursuits and plunge headlong into the freedom struggle in 1921.

Meera Bhai



Meera Bai, born in 1498, Kudaki, India, was a hindu mystic poet whose lyrical songs devotion to the god Krishna are popular in northern India. Meera Bai was a Rajput princess, the

only child of Ratan Singh, younger brother of the ruler of Merta. Her royal education included music and religion as well as instruction in politics and government. An image of Krishna given to her during childhood by a holy man began a lifetime of devotion to Krishna, whom she worshipped as her Divine Lover.



The Grey Hero Effect: How Dark Thrillers Impact Teen Minds

After returning to India, I had the chance to watch HIT: The Third Case, the latest installment in the HIT franchise, directed by Sailesh Kolanu and starring Nani. This intense psychological crime thriller dives deep into dark themes, exploring justice, trauma, and the fine line between right and wrong.

Unlike the typical heroic portrayals in Telugu cinema. Nani's character is a stark deviation. A police officer with shades of arrogance and psychopathy, he serves justice through brutal means. His violent methods are not just tools they define his entire approach to law and order. Rather than celebrating violence, the film forces viewers to confront its consequences and moral ambiguity.

The film's action is heavily stylized, at times bordering on the fantastical. Nani's character seems almost indestructible, rising from injuries as if powered by an invisible energy source. This is reminiscent of action sequences in the movies Animal and Marco, but without the same sense of physical vulnerability. While it adds dramatic flair, it can send misleading

messages to impressionable audiences, especially younger viewers.

With the rising popularity of dark, psychological thrillers in Indian cinema such as HIT: The Third Case, Marco, Animal. Etc, parents and educators are increasingly concerned about how such content can shape young minds. These films often blend intense violence, morally grey protagonists, and disturbing themes like cult behavior, serial crimes, and psychological trauma.

While such stories can be cinematically compelling and artistically impressive, they carry risks for teenage audiences who are still developing emotionally, mentally, and morally.

These narratives incorporate elements like serial killing, cult-like ideologies, and the dark web. These themes are gripping, but they walk a fine line between exploration and glamorization. There's a real concern that such portrayals could spark unhealthy curiosity among younger audiences about dangerous subcultures.

Modern thrillers often feature protagonists who achieve justice through brutal, unconventional means. In HIT: The Third Case, for instance, the main character is a police officer who uses extreme violence to get results, blurring the line between hero and vigilante. Teens may begin to admire or emulate these antiheroes, heroes with grey shade, seeing arrogance, aggression, and rule-breaking as acceptable, even

EPI tainment

admirable traits.

Adolescence is a time when teens are searching for identity and belonging. When they admire a character, LIZ MARY MATHEW



they often internalize that character's behavior or mindset. This can be healthy when the character is positive but troubling when the character is violent, detached, or emotionally unstable. Media consumption can shape how teens see themselves and how they think others should behave, especially when it involves power, justice, and masculinity.

What parents and teachers could do is that teach teenagers how to critically analyze films, distinguishing between entertainment and reality. Discuss what they watched, how it made them feel, and whether they understood the moral messages.

Cinema is a powerful tool, it can inspire, inform, and provoke thought. But it can also influence, mislead, and desensitize, especially when consumed without guidance. Films like HIT: The Third Case, Marco, Animal are not inherently harmful, but they require maturity to process responsibly.

By staying involved in teenagers' media habits and fostering a culture of open discussion and critical thinking, we can help young viewers navigate complex stories without losing sight of real-world values.

PHOTOGRAPHY



WERLD in a Nutshell



First women cadets graduate from NDA in historic passing out parade: In a major step towards gender inclusivity in the Indian Armed Forces, the National Defence Academy (NDA) conducted its 148th Passing Out

Parade, marking a historic milestone as the first batch of women cadets graduated. Held at the NDA campus in Khadakwasla, Pune, the event highlighted the growing role and representation of women in the nation's military leadership. The parade signifies a turning point in the NDA's 75-year history, where for the first time, women will join the ranks of commissioned officers after rigorous training alongside their male counterparts.



NASA astronauts Butch and Suni emerge from recovery after long Starliner mission: Butch Wilmore and Suni Williams, the U.S. astronauts left on the International Space Station last year by Boeing's troubled Starliner

capsule, are on the up after returning to Earth in March, emerging from weeks of physical therapy to ramp up work with Boeing and various NASA programs. Wilmore and Williams, who last year set off for an eight-day Starliner test flight that swelled into a ninemonth stay in space, have had to readapt their muscles, sense of balance and other basics of Earth living in a 45-day period standard for astronauts returning from long-term space missions.



CSIR-IIIM Jammu-mentored student makes history with solar mech engine, wins global HonorsGradU scholarship: Japteg Singh Bamrah, a Class 12 student from Dalhousie Public School in Himachal Pradesh, has been

awarded the prestigious HonorsGradU 2025 scholarship for his invention - the Solar Mech Engine. Japteg received the coveted "Build a Better Future" award, which includes a \$10,000 scholarship for his undergraduate studies in the United States. In addition, he was granted \$5,000 to further develop and scale his innovative project. According to the Ministry of Science & Technology, Japteg was selected as one of five global winners from thousands of entries submitted worldwide. His project was recognized as the top technology innovation among this year's finalists. He is also the first and only Indian student to top the list since the scholarship program's inception in 2012. Japteg was mentored by Dr. Nasir UI Rasheed, Senior Scientist at CSIR–Indian Institute of Integrative Medicine (IIIM), Jammu, under the Jigyasa Hackathon initiative - a national program aimed at fostering scientific curiosity and innovation among school students.



Brazilian researcher who helped country's grain boom wins World Food Prize: Brazilian microbiologist Mariangela Hungria, whose research has helped farmers in the country sharply boost grain production, has

been named the 2025 World Food Prize Laureate. Hungria has been a researcher for more than 40 years at Brazil's state-run agricultural

center Embrapa, where she works on seeds and soil treatments that enable plants to source nutrients through soil bacteria, a particularly important development for soybean crops. Her work helped Brazil increase soybean production from around 15 million metric tons in the 1980s to more than 170 million tons today, making the country the world's largest producer and exporter of the commodity. The researcher will receive \$500,000 for being named a Laureate. The World Food Prize was created by Norman E. Borlaug, an American agronomist who developed solutions to increase agricultural production.



India to conduct first biological experiment on ISS to study sustainability of human life in space: India is set to conduct its first-ever biological experiments aboard the International Space Station (ISS) to

explore the sustainability of human life in space. The research is part of the BioE3 (Biotechnology for Economy, Environment & Employment) policy, launched under the leadership of Prime Minister Narendra Modi, and represents a collaborative effort between the Indian Space Research Organisation (ISRO) and the Department of Biotechnology (DBT). The experiments will be conducted during the upcoming AXIOM-4 mission to the ISS, now scheduled to launch on June 8 from NASA's Kennedy Space Center in Florida. Group Captain Shubhanshu Shukla will represent India as a crew member on this milestone mission. The first experiment will examine the effects of microgravity and space radiation on the growth of edible microalgae-a nutrient-rich potential food source for long-duration space missions.



President Murmu honours 15 nurses with National Florence Nightingale Awards 2025: President Droupadi Murmu conferred the National Florence Nightingale Awards 2025 on 15 outstanding nursing professionals

in a ceremony held at Rashtrapati Bhawan. The annual awards recognise the exceptional service and unwavering commitment of nurses from across India, who have played a pivotal role in strengthening the nation's healthcare delivery system. The awardees, drawn from diverse states and healthcare settings, were honoured for their dedication, compassion, and resilience hallmarks of the nursing profession. This year's recipients include Auxiliary Nurse Midwives (ANMs), Lady Health Visitors (LHVs), and Registered Nurses serving in both government and voluntary healthcare services.

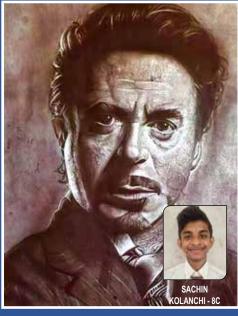


B.R. Gavai sworn in as Chief Justice of India: Justice Bhushan Ramkrishna Gavai was sworn in by President Droupadi Murmu as the 52nd Chief Justice of India at the Rashtrapati Bhavan. Justice Gavai is the first Buddhist Chief Justice of

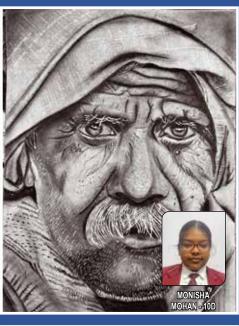
India. Elevated as a judge of the Supreme Court on May 24, 2019, Justice Gavai was part of constitution benches that delivered path-breaking verdicts, including on Article 370, electoral bonds and demonetisation of Rs 1,000 and Rs 500 currency notes.

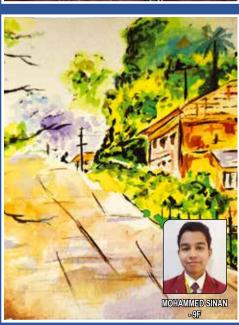
Art Gallery

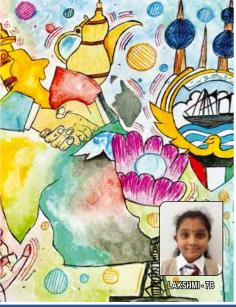


















EPictionary



1. Eminence (n.)

Meaning: high status; importance Usage of the word in a sentence: Her eminence in science is well known.

2. Sororal (adi.)

Meaning: like sisters

Usage of the word in a sentence: They both shared a sororal bond.

3. Revery (n.)

Meaning: a pleasant daydream or deep thought Usage of the word in a sentence: She smiles, lost in her revery.

4. Verily (adv.)

Meaning: truly or certainly

Usage of the word in a sentence: He verily believed in his mission.

5. Solace (n.)

Meaning: comfort during a hard time Usage of the word in a sentence: Music was his solace after a loss.

6. Caprice (n.)

Meaning: a sudden change of mood or behaviour Usage of the word in a sentence: His decision was guided by caprice.

7. Desist (v.)

Meaning: To stop doing something Usage of the word in a sentence: He desisted from talking loudly.

8. Jubilant (n.)

Meaning: a feeling of great happiness Usage of the word in a sentence: Her jubilance was radiant after winning.

WINGS OF LIBERTY

Freedom's call, that echoes loud, A voice that whispers; 'Be Proud'! Of every step and of every stride

A life untamed, where heart and soul reside.

With open wings, I spread my might,

I soar up high in freedom's light.

No chains can bind, no walls confide

Freedom---

My spirit, as it dances, is divine.





Celebrated on May 15th each year, the International Day of Families highlights the importance of families in our societies. It's a day to recognize the fundamental role families play in nurturing children, supporting each other, and building strong communities.

This day emphasizes the need for policies and programs that support families worldwide. It also addresses issues such as poverty, health, and education, which affect families. It's a time care, and support they provide.

The International Day of Families encourages us to appreciate the diversity of family structures and promote the well-being of all family members. It's a reminder that strong families are the foundation of a healthy society. The day promotes global awareness of the significance of families.

| | Class : | Section : | Roll No: |
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