



**THE INDIAN COMMUNITY SCHOOL KUWAIT  
AMMAN**

**Annual Magazine**  
**DARPAN**  
**2021-2022**



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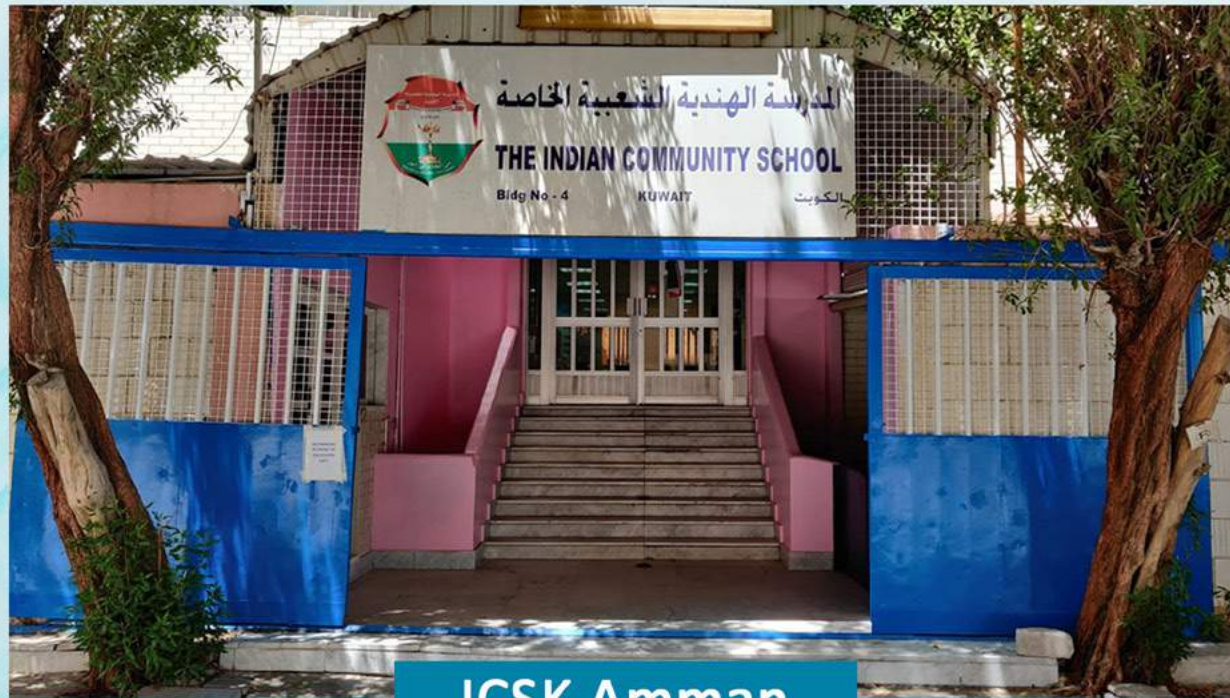
**H.H SHEIKH NAWAF  
AL-AHMAD AL-JABER AL-SABAH**  
THE AMIR OF KUWAIT



**H.H SHEIKH MISHAAL  
AL-AHMAD AL-JABER AL-SABAH**  
THE CROWN PRINCE OF KUWAIT



# BRANCHES OF ICSK



ICSK Amman



ICSK Senior



ICSK Junior



ICSK Khaitan



Indian School of Excellence

## Board of Trustees



Mr. Shaik Abdul  
Rahiman  
Hon. Chairman



Mr. Vinu Kumar  
Nair  
Hon. Vice Chairman



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Hon. Joint Secretary



Mr. S. N. Raju  
Hon. Treasurer

*"Adaptability to change is itself a hallmark of successful education."  
- Peter Hilton -*

The past 2 years have been unique in so many ways. It challenged each one of us to not just shield ourselves from the deadly virus but also to adapt to the new ways of existence.

The pandemic was inevitable since the virus was a potent one but there was also a need to quickly adjust to the unprecedented times. As the school was forced to shut their physical gates for the young learners, we were quick to open gates on the digital platform.

We realized that the terrain had changed and stepped into an environment which relies heavily on technology. With the successful adaptation of new norms, ICSK Amman created an interesting learning system which boosts the learning power of the children. Our school children displayed admirable patience, enthusiasm and keen interest in all the activities and events despite limitations.

The school planned an eventful calendar inclusive of online workshops, activities and programmes to engage students in a fruitful manner and help them acquire the 21st century skills through their

participation.

The hybrid-system for the last few months (partial class strength taking lessons from home while others from school) was managed and executed seamlessly. Board of Trustees congratulates the principal and his team for their commendable effort in living up to the institutional ethos for effectively maintaining a continuum in learning. Under the visionary leadership of the principal and relentless efforts by the teachers, the school has been able to provide wholesome education to the students. While many schools in Kuwait experienced a drop in total number of students, ICSK Amman was struggling to accommodate the huge demand for admissions.

We wish to congratulate the entire staff of the school and convey our best wishes to them in their onward journey towards ensuring a fulfilling future for every learner. We look forward to a continued support from our kind parents, well-wishers and other stakeholders.

**Board of Trustees**  
**Indian Community School Kuwait**





**RAJESH NAIR. C**  
*Principal*

***“Educating the mind without educating the heart is no education at all.” - Aristotle***

Dear Students,

Education must enable a person to discriminate between light and darkness. Mere mastery of books does not entitle a man to be called ‘Educated’. The process of education is in fact a mixture of knowledge, experience, human values and life skills leading to a well-rounded personality. ‘Doing’ should be an essential part of education. That is why The Indian Community School Kuwait is giving emphasis to a system of education which leads to the holistic development of the child. We include a lot of activities in our curriculum for our students to experience life situations.

The purpose of a school magazine also is not different. This Magazine, ‘Darpan’ is a showcase to exhibit the talents of our children. It beautifully reflects and brings out their potentials and immense skills in various and heterogenous areas.

***“Asato ma sadgamaya Tamaso ma jyotirgamaya”***

I am very happy to present this Online Darpan 2021-22 and would like to express my love to all my dear children for their lovely contributions to it. Let me thank all the parents of ICSK for their immense help and support. Kudos to the staff of ICSK for their sincere and devoted efforts for the smooth running of the school through thick and thin. I am grateful from the bottom of my heart to the Chairman and members of the Board of Trustees of The Indian Community School Kuwait for their strong support to lead the school ahead even in the time of pandemic.

My sincere appreciation and congratulations to the Chief Staff editor and all members of the editorial board for the manifestation of this beautiful online magazine.

**DR. MARY ISAAC**  
*Vice Principal*



**GET SET, LEVEL UP & GEAR UP...**

***“Keep your face always toward the sunshine, and shadows will fall behind you.”***  
**- Walt Whitman -**

Hi All,

With many countries easing the Covid restrictions and travel regulations, it seems we are ready to get out of the hard times. Difficult days indeed but a true eye opener in many aspects.

Dreams must be pursued and targets should be achieved despite the unprecedented happenings and time lag. As our school is coming back to offline mode, the teachers, parents and students have to strive harder to repair the harm caused to the learning process. We have to regain the impaired social, emotional and intellectual development and skills. Let’s gear up in full power for the next academic year.

On the other hand, despite all limitations, we could accomplish the past academic year fruitfully by all means, let it be academic or co-curricular activities. We didn’t leave any

activity or celebration undone, starting with the school senate elections up to the kindergarten graduation ceremony. The sincere efforts of the teachers with the strong support from school management and parents led us to success. It was a smooth sailing for ICSK Amman even in rough waters.

I am extremely delighted to welcome the 6th edition of Darpan, the true mirror of ICSK Amman. The reflections are very distinct, sharp, well focussed and defined. Appreciation goes to the Chief Staff Editor Mrs. Rohini Rajshekhar and the editorial board for their diligent efforts in portraying our school crystal clear through the contents. Congratulations to all the students and teachers for their valuable and insightful contributions to the magazine. Turning the pages take us down the time line...

***Lots of Love***



# Editor's Note



***"Teamwork is the ability to work together towards a common vision, the ability to direct individual accomplishments towards organizational objectives. It is the fuel that allows common people to attain uncommon results."***

***Andrew Carnegie – Business Magnate and Philanthropist***

It is my privilege and honour to be heading the editorial board and I am very glad to express my thoughts on behalf of my team on the occasion of the release of the sixth edition of our annual magazine DARPAN.

DARPAN is the successful result and culmination of the great, valuable and varied work of students and staff. It brings out their creative, innovative, analytical and critical skills and offers a fabulous visual treat to a large audience. It truly reflects the beauty and hidden talents of all the contributors. It is their enthusiasm, exuberance and ebullience that has blossomed into DARPAN. Kudos to each and every one for their hard work and determination.

***"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence." —Helen Keller***

It has been a pleasure working with my ever supporting and likeminded team. This is the second year, we are releasing DARPAN as an online magazine owing to the present conditions. This year, we as a team had both virtual and physical meetings. There were some trying moments but we sailed and breezed them through together. I take this opportunity to thank my team for the untiring effort, hard work, collaboration, cooperation, commitment, diligence and dedication.

I wholeheartedly thank our Principal Mr. Rajesh Nair and Vice Principal Dr. Mary Isaac for their unstinting and staunch support for this project. My team and I convey our gratitude for the trust invested in us. Your guidance has been elemental for the successful release of our magazine. I also take this opportunity to thank the teaching, non-teaching and support staff for always being there.

I am sure that you all will enjoy reading DARPAN 2021-2022. May God bless everyone abundantly and always.

**Wishing everyone the very best.**

***Mrs. Rohini Rajshekhar***  
Chief Editor

# EDITORIAL BOARD 2021-22



**Mrs. ROHINI RAJSHEKHAR**  
Chief Editor

*Success is no accident  
It is hard work,  
perseverance, learning,  
studying, sacrifice &  
most of all, love of  
what you are doing  
or learning to do.*



**Mrs. D. V. NIRMALA**  
English Department

*Bloom  
where you are  
planted.*



**Mrs. LATICIA ANTHONY**  
English Department

*We are created for  
a purpose with a  
definite plan.*



**Mrs. SAVITHA ARUNKUMAR**  
Computer Department

*When the "WHY"  
is clear then the  
"HOW" is possible*



**Mrs. SURABHI JAIN**  
Hindi Department

*Respect is earned,  
honesty is appreciated,  
love is gained and  
loyalty is returned.*



**Mrs. SHAIK SURYA BANU**  
Hindi Department

*Knowledge is like an  
airplane ride, the higher  
you go gaining it,  
smaller the problems  
on earth look.*



**Mrs. EMY RACHEL MOHAN**  
Design Department

*A smile is a curve  
that sets everything  
straight.*



**Mr. RATHEESH PALERI**  
Art Department

*"Photography is an  
immediate reaction,  
Drawing is a meditation".  
Henri Cartier-Bresson*



# CLASS X TOPPERS 2020-21



**DEVAPRIYA SUDHEESH**  
99.8%



**IRENE MARY KURUVILLA**  
99.8%



**MOHAMMED TALHA ASIF**  
99.4%



**ROHAN NIJU**  
98.8%

# CLASS X SUBJECT TOPPERS 2020-21



**DEVAPRIYA SUDHEESH**  
SCI 100% | SOC 100%  
ENG 99% | M-S 100%  
ITC 100% | FRN 100%



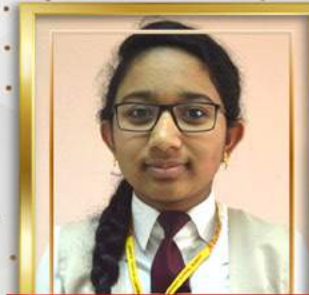
**IRENE MARY KURUVILLA**  
SOC 100%  
ENG 99% | M-S 100%  
ITC 100% | FRN 100%



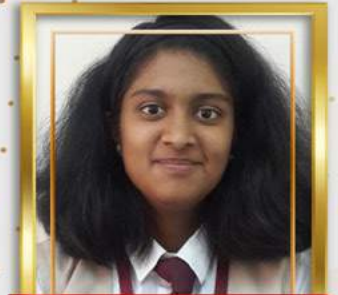
**MOHAMMED TALHA ASIF**  
SOC 100% | M-S 100%  
ENG 99% | ITC 100%



**ROHAN NIJU**  
SOC 100% | ENG 99%



**HIBA SARA REGI**  
M-S 100%



**SHANTEL ANN SOJI**  
ENG 99% | M-B 97%



**ARON REJI KOSHY**  
M-B 97%



**ANNA ELIZABETH RAJU**  
SOC 100% | ENG 99%



**FARAH AMZAAD SHAIK**  
SOC 100% | ENG 99%

## Congratulations!

The Management, Staff and Students are Proud  
of your Achievements! Keep it up!

## Congratulations!

The Management, Staff and Students are Proud  
of your Achievements! Keep it up!



# CLASS X SUBJECT TOPPERS 2020-21



**AFRAH PARVEEN NASSAR**  
SOC 100% | ENG 99%



**YUVATHI ARUNKUMAR**  
SOC 100% | ENG 99%



**ALEENA MANOJ JOHN**  
ENG 99%



**ALEEZA IRFAN SAIYED**  
ENG 99%



**KEVIN BAIJU PARAKAL**  
ENG 99%



**GRESHA BIJU**  
ENG 99%



**JOANNA BENOY**  
ENG 99%



**ASHNA ANN BENNY**  
ENG 99%



**ANGELINA ANN BIJU**  
ENG 99%

## Congratulations!

The Management, Staff and Students are Proud  
of your Achievements! Keep it up!



### A note from the Senate President



**LAKSHITA  
KARTHIKEYAN**  
President

#### **Hello readers!**

*I am immensely honoured to share few words for our Annual School Magazine, DARPAN. From the bottom of my heart, I would like to convey that I am truly grateful for having the responsibility to serve as your Senate President. It has been a great pleasure to serve my beloved school and even a greater pleasure to advocate for our students' needs. On behalf of all the students, I would like to thank our Principal Mr. Rajesh Nair, Vice Principal Dr. Mary Isaac, Senate Advisor Mrs. Sumitra Nandakumar and all our teachers for shining the light of knowledge and guiding us through these stormy days of the pandemic (COVID19).*

*Looking back, makes me feel proud to see that our school has been successful in all the fields. In academics, sports, arts etc., we have recognized many talented minds. Having been elected as the president of this academic year (2021-2022), I have been able to put forward my efforts in executing certain events, which wouldn't have been possible without the help of the hardworking Senate. One of my visions for the school when I stood for the presidency post was to create a friendly, intellectual and entertaining environment for everyone. After being elected, I have been striving to do so.*

*With this opportunity, I have developed many skills that has helped me in becoming a better leader. I have improved my decision making, organizing, management, teamwork, leadership and time management skills. The senate and I have been working hard to spread positivity, to support and to encourage others. Our school has provided a ramp way to showcase all our hidden talents, even during these pandemic times, through The Aura Arts Fest 2021.*

*It is an experience of a lifetime for me to treasure. It is my profound and utmost sincere wish that all of you have had the opportunity to experience a year full of memories, knowledge and fun. We have all learnt new things and explored new ways. I take pride in calling ICSK AMMAN our second home.*

*Wishing you all a prosperous Life!*



# INVESTITURE CEREMONY 2021-2022 ICSK AMMAN

*WE ARE THE VICTORS, LEADERS, ACHIEVERS AND WINNERS OF ICSK AMMAN*

**"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."-John Quincy Adams**

The Indian Community School, Amman Branch conducted its investiture ceremony for the academic year 2021-2022 on 20th May 2021. It is an occasion where the young students were prepared to don the mantle of leadership and discharge the responsibilities entrusted to them by the school. The Chief Guest of the program was Engr. Abdul Sageer, Business Head, PowerGen Cummins, Kuwait Company and General Convener Kuwait Engineers' Forum. The other dignitaries who graced the occasion were Dr. V. Binumon, Principal & Administrator of ICSK Senior, Vice Principals and Deputy Vice Principals of other branches of ICSK and HR Manager Mr. Deepak Sethi. As per the current guidelines, the ceremony was held online with great enthusiasm and vigour.

Earlier, the entire process from filing the nominations, campaigning and the conduct of the senate election were done online.

The Principal Mr. Rajesh Nair delivered the welcome speech and extended a warm welcome to the Chief Guest Engr. Abdul Sageer and felicitated him by presenting a memento. He congratulated the newly appointed senate members and wished them well. The highlights of the program were the Electoral Process, the Investiture of the Senate followed by Oath taking by the newly elected senate members. The president of the School, Lakshita Karthikeyan gave the acceptance speech on behalf of all the members. The Chief Guest was cordially introduced by the senate advisor Mrs. Sumitra Nandakumar. In his address, the Chief Guest Engr. Abdul Sageer after congratulating the newly elected members urged them to take up the responsibilities, use opportunities and balance them well with academics. His pearls of wisdom were truly motivating and inspiring to everyone present.

The school choir in sync with the occasion belted out an inspirational song "we are unstoppable", which was enthralling and melodious. The school senate members 2021-2022 spoke briefly expressing their heartfelt gratitude and promises.

The vote of thanks was rendered by the Vice Principal Dr. Mary Isaac.

It was a wonderful occasion thoroughly enjoyed by everyone present; a great event to be cherished forever.

Wishing the newly elected senate members the very best.

**"Leadership is the capacity to transform vision into reality." – Warren G. Bennis**



# STUDENT COUNCIL 2021-2022



**LAKSHITA KARTHIKEYAN**  
PRESIDENT



**HELLONE MATHEW**  
VICE PRESIDENT



**DAVID JIBU JOY**  
SPORTS CAPTAIN



**SIDDARATHA .M.**  
ASST. SPORTS CAPTAIN



**ADHYA SAJAYAN**  
ARTS CLUB SECRETARY



**KEERTHANA KIRAN**  
ASST. ARTS CLUB SECRETARY



**JOSHUA JACOB**  
STUDENT EDITOR



**AMRITHA NAIR**  
ASST. STUDENT EDITOR



# HOUSE CAPTAINS & ASST. HOUSE CAPTAINS



## -ACHIEVERS-



**SNEHA NAMPALLY**  
HOUSE CAPTAIN



**VERA ANKUR**  
ASST. HOUSE CAPTAIN



## -WINNERS-



**DIYA JAYESH**  
HOUSE CAPTAIN



**MOHITAA GANESAN**  
ASST. HOUSE CAPTAIN



## -VICTORS-



**RAJKRISHNA .P.**  
HOUSE CAPTAIN



**THOMAS JOHN**  
ASST. HOUSE CAPTAIN



## -LEADERS-



**AARON D'MELLO**  
HOUSE CAPTAIN



**ARPITA PHILIP**  
ASST. HOUSE CAPTAIN

# The Essence of Language

"Language is the road map of a culture.  
It tells you where its people come from and where they are going."

*Rita Mae Brown*



Language is defined as the principal method of human communication, consisting of words used in a structured way and conveyed by speech, writing or gesture. The science of language is known as linguistics. Humans are the only known species that have been gifted with the ability to communicate through language, as birds and animals do not have the type of brain which human beings possess for such a complex ability.

Language is the outcome of evolution and convention. Like all human traditions, languages also change and die, grow and expand. Till date, no one has been able to determine the exact origin of language and the earliest records of written language go back no more than 4,000 to 5,000 years. Occasion Language is a social event, meaning that it is a means of nourishing and developing culture and establishing human relations. Typically, people acquire a single language initially—their first language or native tongue, the language used by those with whom or by whom, they are brought up from infancy. The four different types of language skills are listening, speaking, reading and writing.

Language has creativity and productivity. The fundamental elements of human language can be combined to produce new utterances and language changes according to the needs of the society. For example, Old English is different from Modern English.

Language is the most powerful, convenient and permanent means and form of communication. It is through language that we express our thoughts, desires, emotions and feelings. Language is the medium that aids us to pass on our knowledge and experience from one person to another and from one generation to another.

Language binds the present, the past and the future together. In the words of renowned American correspondent on international politics, Flora Lewis, "Learning another language is not only learning different words for the same things, but learning another way to think about things."

**Amritha Nair (9-A)**  
Asst. Student Editor



# IMPORTANCE OF SPORTS IN A STUDENT'S LIFE



Sports are highly important in a person's life since they keep them fit, healthy, and strong. They have always been a priority since ancient times and have only grown in popularity in recent years. Sports play an important role at every stage of life to enhance people's personalities.

Participating in sports on a regular basis helps us keep all our organs and heart strong. Blood pressure and blood vessel cleanliness are also maintained as a result of physical activity. Daily movement lowers blood sugar and cholesterol levels. Lung function improves and becomes healthier as a result of sports participation because of the presence of more oxygen. Sports at a young age, improves health and in old age increases bone strength.

Varied people have different sports interests; however, all sports share the same activity. Sports are getting more popular as a means of generating more capital and money and the number of people participating is growing.

## Significance of Sports in a Student's Life:

Playing sports is important in adding value to our lives, especially for developing youngsters, just as eating a healthy diet is to the body. As a student, you will face numerous problems, and participating in sports may help you cope with stress and prepare you for future challenges by giving you physical and mental strength.

Added to the above, physically active children develop positive qualities such as mutual respect and collaboration. They acquire qualities like accountability, leadership, and how to work with a sense of responsibility and confidence through participating in sports. Therefore, the best medicine to become mentally and physically fit is "SPORTS."

**David Jibu Joy (10-B)**  
*Sports Captain*

# Importance of Exercise for a Healthy Living



Exercise means an activity requiring physical effort, carried out to sustain or improve health and fitness. It is important to do regular exercise to become fit both physically and mentally. Thus, just as we eat every day, we should also exercise every day.

Exercising is essential for every sphere of life. If you are not healthy, you may not be able to lead a happy life and in turn, you may not be able to contribute to the expansion of the society. So, one needs to exercise regularly to beat all these problems.

Exercising has many benefits in today's world. First, it helps in maintaining our well-being. Further, it helps in developing our body, including improving the oxygen level and the flow of blood. It regularly helps in decreasing the feelings of anxiety, depression and stress inherent in one's day-to-day life. So, to be mentally and physically hale and hearty, exercise daily.

We are all leading our lives in a fast pace. It is necessary to maintain a balance between work, rest and activities for which exercise is the only solution. Hence, ensure to make exercise an integral part of your life.

**Siddhartha M. Byndoor (9-D)**  
*Asst. Sports Captain*





# LAUREATES OF ICSK AMMAN



## Winners of 'ENTHUSIA'

Interschool competitions organized by ISEK



**SAMITH WAGLE**  
1-A  
Fill your dreams



**MYSHA PANDWAL**  
1-C  
Crafty Fingers



**GRIFFIN JOHAN**  
1-E  
Every Dress tells a Tale



**BILAL ASIF**  
2-C  
Fill your Dreams



**AYUSH SUJITH**  
3-G  
Fill your Dreams



**NOURIL**  
4-E  
Crafty Fingers



## Winners of 'ENTHUSIA'

Interschool competitions organized by ISEK



**ADIL RIFAI**  
6-B  
Digital Design



**FIZA FAISAL BABU**  
6-D  
Impressive Speaking



**TIANNA D'SOUZA**  
7-C  
Creative Captures



**ANKITA BIPIN**  
7-D  
Creative Captures  
Digital Design



**RASHI PANDYA**  
7-D  
Robolution



## Winners of 'ENTHUSIA'

Interschool competitions organized by ISEK



**ADAM VARGHESE**  
9-A  
Crafty Fingers



**FIDA LAHIR**  
9-C  
Digital Design  
Creative Captures



**ISAAM THALATH**  
9-D  
Robolution



**SYED HASAN**  
10-D  
Crafty Fingers  
Robolution



On the occasion of the 75<sup>th</sup> Anniversary of India's Independence, the Embassy of India, Kuwait had organized a series of events on the theme "Azadi Ka Amrit Mahotsav."

As part of this celebration Embassy of India had conducted an Elocution Competition titled "Ambassador's Cup for Elocution" on August 13, 2021 for the Indian students in Kuwait. ICSK Amman takes this privilege in congratulating **Alaina Thomas Jinu of class 9-A** for winning 3<sup>rd</sup> prize out of 18 participants in this Elocution Competition.

***Congratulations Alaina!***



**Isra Fatema**, class 10 of ICSK Amman, received **Special Prize for Online Quiz on Yoga** conducted by the Indian Embassy on the occasion of International Yoga Day!

***Congratulations Isra!***



Winners of the senior category for **Kuwait Children's Science Congress (KCSC) 2021** conducted by Science International Forum, **Fida Lahir of class 9-C** and **Anamika Karthik of class 9-D** are selected for the National Level.



**FIDA LAHIR**



**ANAMIKA KARTHIK**

***Congratulations***

**AND ALL THE VERY BEST FOR THE NATIONALS**

# LAUREATES OF ICSK AMMAN



## Congratulations



**ARYAN HARISH** of class 6-D  
for winning the  
**Paint Al Mulla Exchange 2022**  
Calendar Contest - "Imagine Tomorrow"

**ICSK AMMAN MARCHING ON TO YET ANOTHER GCC FINALS**

**ICSK Amman has topped the 25<sup>th</sup> BCS Inter School Quiz 2021** from Kuwait during the semi final conducted on 03<sup>rd</sup> Dec 2021 and marching ahead for the GCC final to be held on 10<sup>th</sup> Dec 2021.

**THE TEAM WAS REPRESENTED BY**

**Arash Abidi Husain**  
(Class 7)

**Neev Amit Mehta**  
(Class 8)

***Congratulations dear students***  
*and best wishes for the GCC round!*

**Isaam Thalath** of class 9-D from ICSK Amman has won the Consolation Prize for the **'IIK- Al Mulla Online Chess Tournament 2021'** conducted by IndiansinKuwait.com in association with Al Mulla Exchange on 18<sup>th</sup> June. 200 students from different schools had participated in the tournament and Isaam ranked 6<sup>th</sup> in the tournament

**Reema Jafar** of class 6-D, ICSK Amman has contributed her poem **'My Country - India'** for the special edition **IJK Tiranga Supplement** of 15 August, 2021 celebrating the 75<sup>th</sup> Independence Day of India.

***We are proud of you Reema!***

Congratulations to **Iman Zainal** of class 8-D, ICSK Amman for the contribution of her article **"India-an Emerging World Leader"** for the special edition **IJK Tiranga Supplement** of 15 August, 2021 celebrating the 75<sup>th</sup> Independence Day of India.

***We are proud of you and best wishes to you Iman.***

Congratulations to **Josiah Zachariah Eapen** of class 3-B, ICSK Amman for the contribution of his article **"Independence Day Story"** for the special edition **IJK Tiranga Supplement** of 25<sup>th</sup> July, 2021 celebrating the 75<sup>th</sup> Independence Day of India.

***We are proud of you Josiah!***



# LAUREATES OF ICSK AMMAN



**WINNERS OF LIBRARY CHALLENGE**



**ROHIT RAJ**  
8-B



**LORAINÉ BAIJU**  
7-B

The Library Challenge, "My Read-Dream Summer World", was conducted during the summer holidays to encourage students to deeply inculcate the reading habits. Children were encouraged to read books of their choice and return the books in good condition with a handwritten synopsis about the book.

**Congratulations**  
to Rohit and Loraine for being such voracious readers!

**A Historic First**  
Presented to the Indian Community School Amman



Isra Fatema, class 10 of ICSK Amman, received **Special Prize for Online Quiz on Yoga** conducted by the Indian Embassy on the occasion of International Yoga Day!

**Congratulations Isra!**



**ANN NIYA JOSE of Class 9** got 2<sup>nd</sup> prize in Drawing and colouring organized by Kala Art Kuwait (Niram 2021)

**Congratulations Ann!**



Vihaan Khandelwal of class 3 from ICSK Amman, has won the **Runner-up position (Junior category)** in Abacus competition organized by Indians in Kuwait and Fantasy world held on 22<sup>nd</sup> July 2021.

**Congratulations Vihaan!**



ICSK, Amman once again takes this privilege in congratulating Isaam Thalhat of class IX D for the contribution of his article "Empty stomachs with filled hearts" for a Special Online Supplement 'IMSAKIYAH' for Ramadan, the Holy Month of Islam. We are indeed overjoyed and elated for your achievements. You have always made your school proud by taking part in the competitions and achieving success. **Best wishes for your upcoming endeavors!**



**Congratulations** to Fida Lahir of class 9-C ICSK Amman. Her recipe has been selected for Indians in Kuwait Ramadan Special Supplement "IMSAKIYAH". **We are proud of your accomplishment and keep up the good work Fida.**

# LAUREATES OF ICSK AMMAN



**THE LIBRARY CHALLENGE**  
"My Read-Dream Summer World"  
conducted by ICSK



Ambassadors Rolling Trophy for the **Best Class in Book Reading** was presented to class 6-D. The class was represented by Reema Jafer and Aryan Harish.

**Congratulations!**

**THE LIBRARY CHALLENGE**  
"My Read-Dream Summer World"  
conducted by ICSK



Ambassadors Rolling Trophy for the **Best Class in Book Reading** was presented to class 8-B. The class was represented by Dhiya Schichu & Mohammed Afankhan

**Congratulations!**

**THE INDIAN COMMUNITY SCHOOL KUWAIT, AMMAN**  
Interbranch Photography Competition conducted by ICSK Senior - **WINNERS** -



|                   |                                                                                                                                        |                                                                                                                                     |
|-------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| <b>Category 1</b> | <br><b>AYESHA OMER</b><br>8-D   FIRST PLACE        | <br><b>SAMAIRA KHAN</b><br>6-B   SECOND PLACE   |
| <b>Category 2</b> | <br><b>MUSTHAFA MUSHALA</b><br>10-C   FIRST PLACE | <br><b>AARON D'MELLO</b><br>10-D   THIRD PLACE |

*Congratulations students!*



Mohammed Taher of class 4-G from ICSK Amman, was declared 'Talent of the Match' for the under 12 category in KC MEC T20 Juniors Championship organized by Kuwait Cricket Association.

**Congratulations Mohammed Taher!**



**ICSK Junior Cricket Team** emerged victorious in the first match of the **KCC Domestic Season 2021-2022 tournament**. Rohit Sreejith of class 6 from ICSK Amman, was declared 'Man of the Match'.

**Congratulations boys!**



As part of National Science Day celebration, Science International Forum Kuwait conducted a talent test competition, "Science Treasure Hunt" on 28<sup>th</sup> Feb 2022. The competition was open for all students of Indian schools in Kuwait and was conducted in three categories. **ISAAM THALHAT (class X)** of ICSK Amman won in the Senior category (classes 9 & 10).

**Congratulations Isaam!**  
The School is proud of your achievement



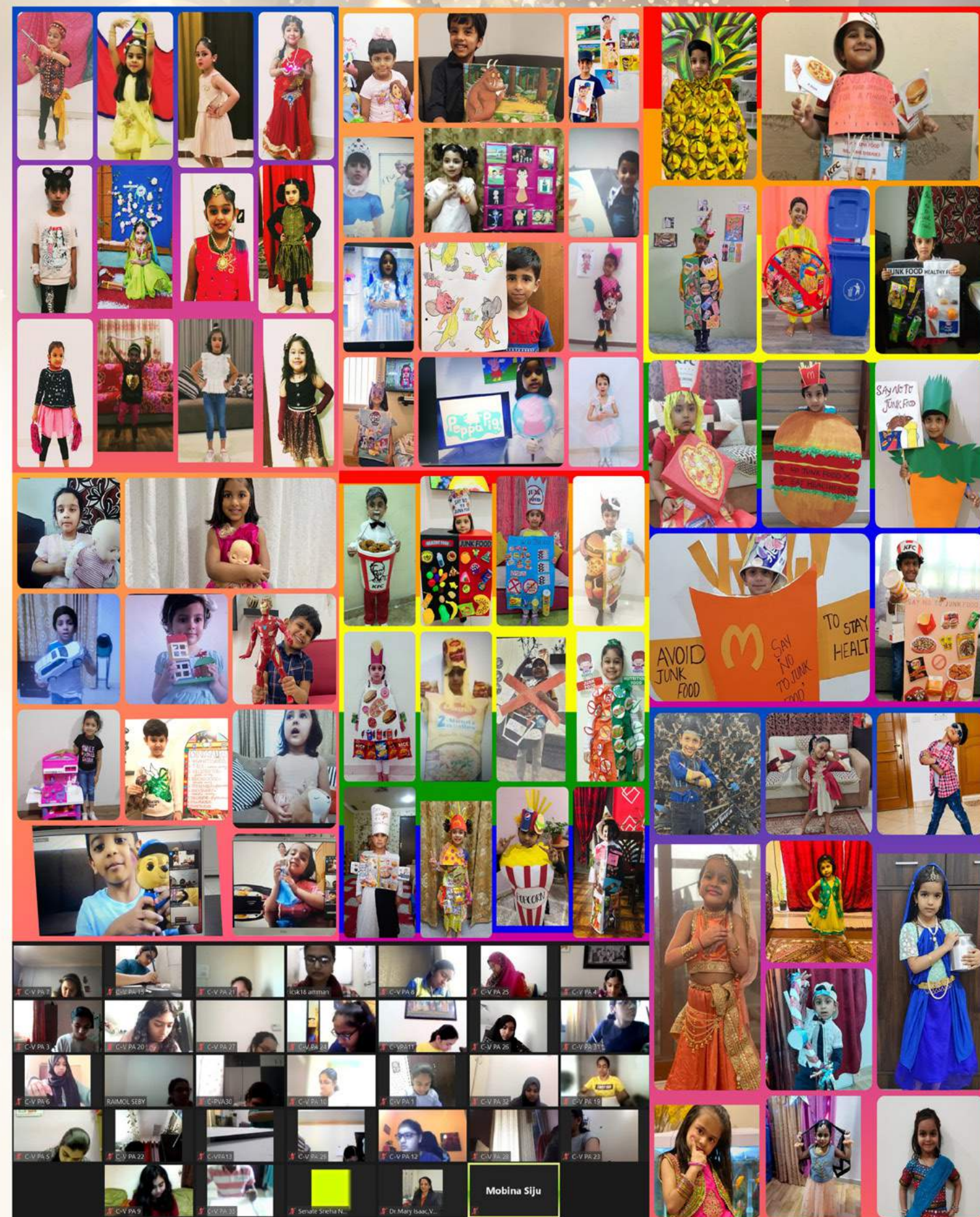
# LAUREATES OF ICSK AMMAN



*Congratulations  
to all  
the Winners!  
We are proud  
of your achievements!*



# AURA 2021





## Down the Memory Lane

**"It's indeed a reality ICSK had been instrumental in bringing out skills and talents of students and teachers as well".**

**My teaching journey at ICSK Amman began in the year 2002. We met as colleagues and friends but very soon we became a FAMILY, a family bound by love, unity and happiness.**

**The challenge for our team in pre-primary section was to integrate the young minds into the world of learning which made our day exciting and blissful. The warm greetings and smiles of those young children brightened our day.**

**It's well said, "Memories are timeless treasures of the heart." My greatest memories at work have always been related to creative thinking, outside the box solutions and working together with the enthusiastic team. The real source of encouragement and dedication have always been from our beloved Principal and Vice – Principal. The annual programmes are the highlights of the pre-primary section, especially the 'WHIZ KID' and the Graduation Day.**

**Along with my great experiences with ICSK Amman, the relationship built with the students holds a special place in my heart. It brings me joy to see the young children grow up, blossom and flourish. This is something really worth to cherish. I enjoyed the fruit of my labour grooming the little ones and feel proud to say that I was once a part of ICSK.**

**Along with teaching, every day was a learning process. I am indeed grateful to our Principal, Vice Principal and the team for their immense support and being with me for every decision that was taken. All the teachers worked hand in hand with unity. This has not only enabled me to move forward and take up new challenges but also gain new experiences in my teaching career.**

**ICSK Family will always hold an extremely special place in my heart.**

**Mrs. Julie Anthony**  
Ex-Teacher



## Down the Memory Lane

**ICSK Amman was indeed a great place to work. Since 2012, each day was full of learning opportunities. It is true that the learning curve goes exponential with the kind of projects, roles and the people you work with matters a lot. As for me this kind of exposure in the school made my stay worth it. It was definitely the guidance and support of the Management, Principal, Vice-principal which has always given me the impetus to forge ahead, overcoming all types of hurdles in my quest to excel in all spheres.**

**The staff, parents, students and the school atmosphere were always a focus. I value a balanced healthy professional and personal life. Moreover, the energy of this place was contagious and kept me persevering. I am very fortunate to say that I have worked with many dedicated, dynamic and caring staff members. What made it even more exciting was that the team was always co-operative and exuberant.**

**To my beloved students- "Education is the most powerful weapon which you can use to change the world." The Journey or adaptabilities will surely have its bump along the way but the process will most certainly entail much powerful and memorable learning. The need of the hour is an attitudinal change, introspection, and unearthing values and ethics that truly place us above the mark.**

**My overall experience working in ICSK Amman, has been a very enriching and rewarding one. During the pandemic, I have come across many challenges which aided me grow more logically and technically. No wonder it continues to maintain its name in the list of "Best Place to Work" year after year.**

**"Goodbyes remind us to take every moment like it could be the last. We are reminded of the finite nature of our being and thus we cherish the times we share, like they are infinite". Though it's really hard, I felt it's the moment to step into the biggest adventure of my career.**

**Wishing all the very best for its continued growth and success in the days to come.**

**God bless all of us. Stay safe!**

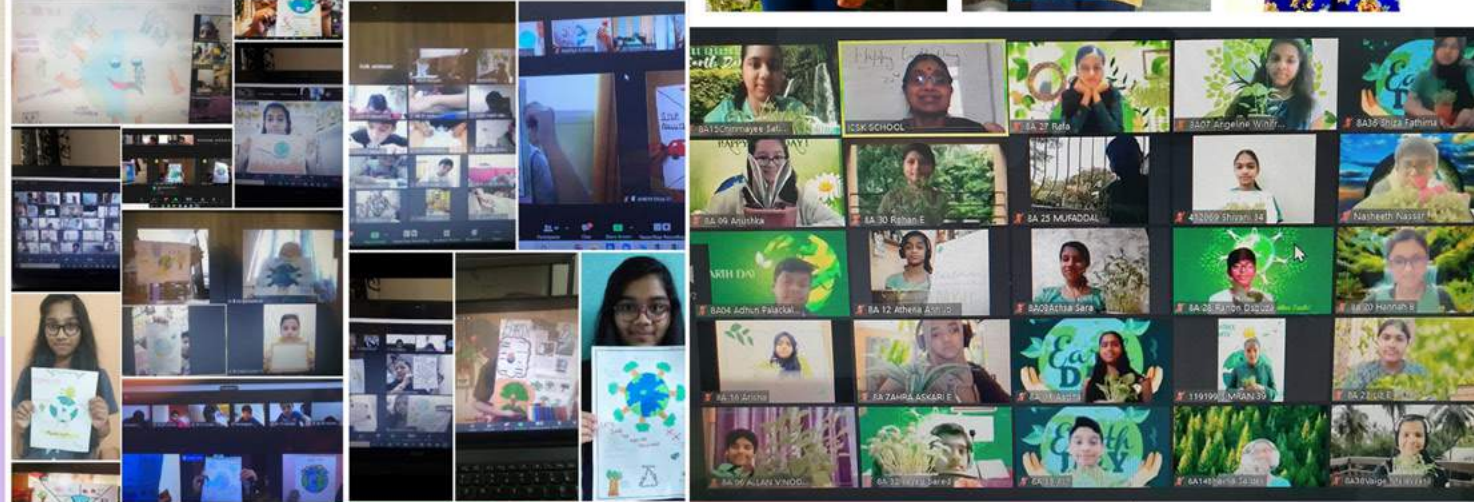


**Mrs. Shubashini**  
**Thyagarajan**  
Ex-Teacher



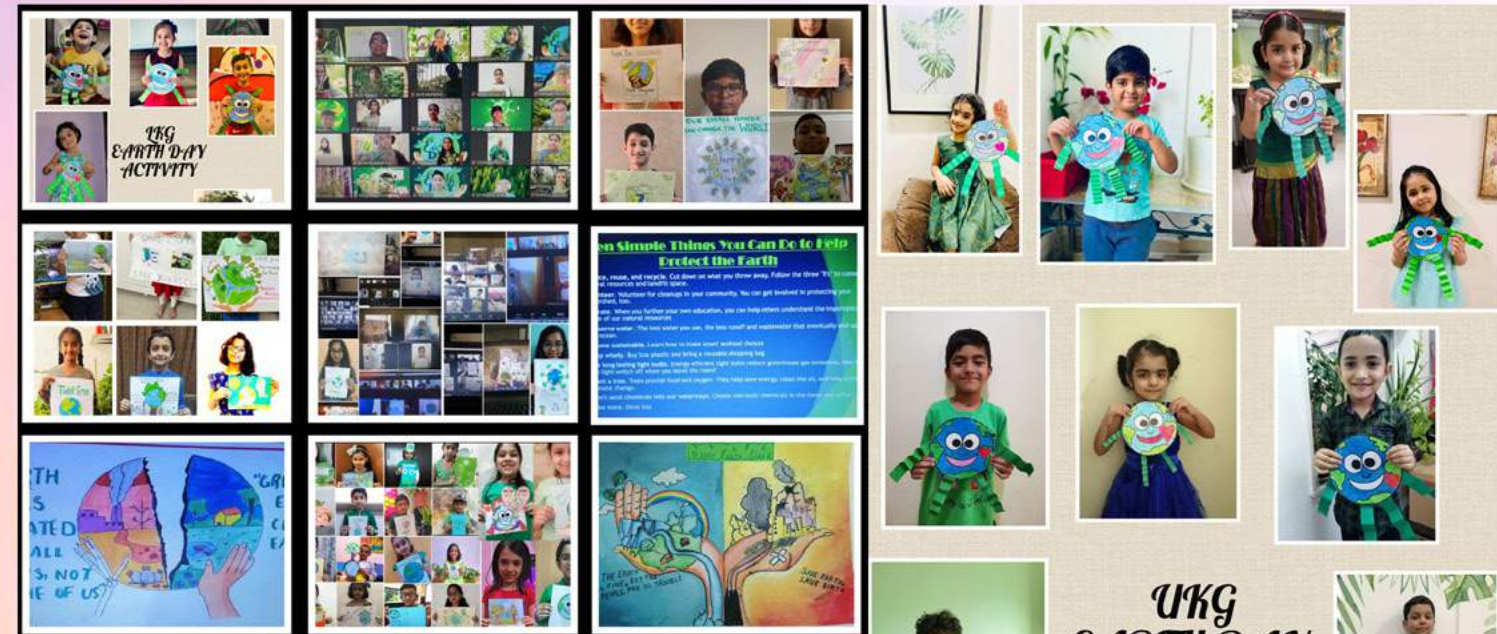


# ZOOM DHAMAKA



Earth Day Celebrations!

# ZOOM DHAMAKA



Earth Day Celebrations!



# ZOOM DHAMAKA



# ZOOM DHAMAKA





# ZOOM DHAMAKA

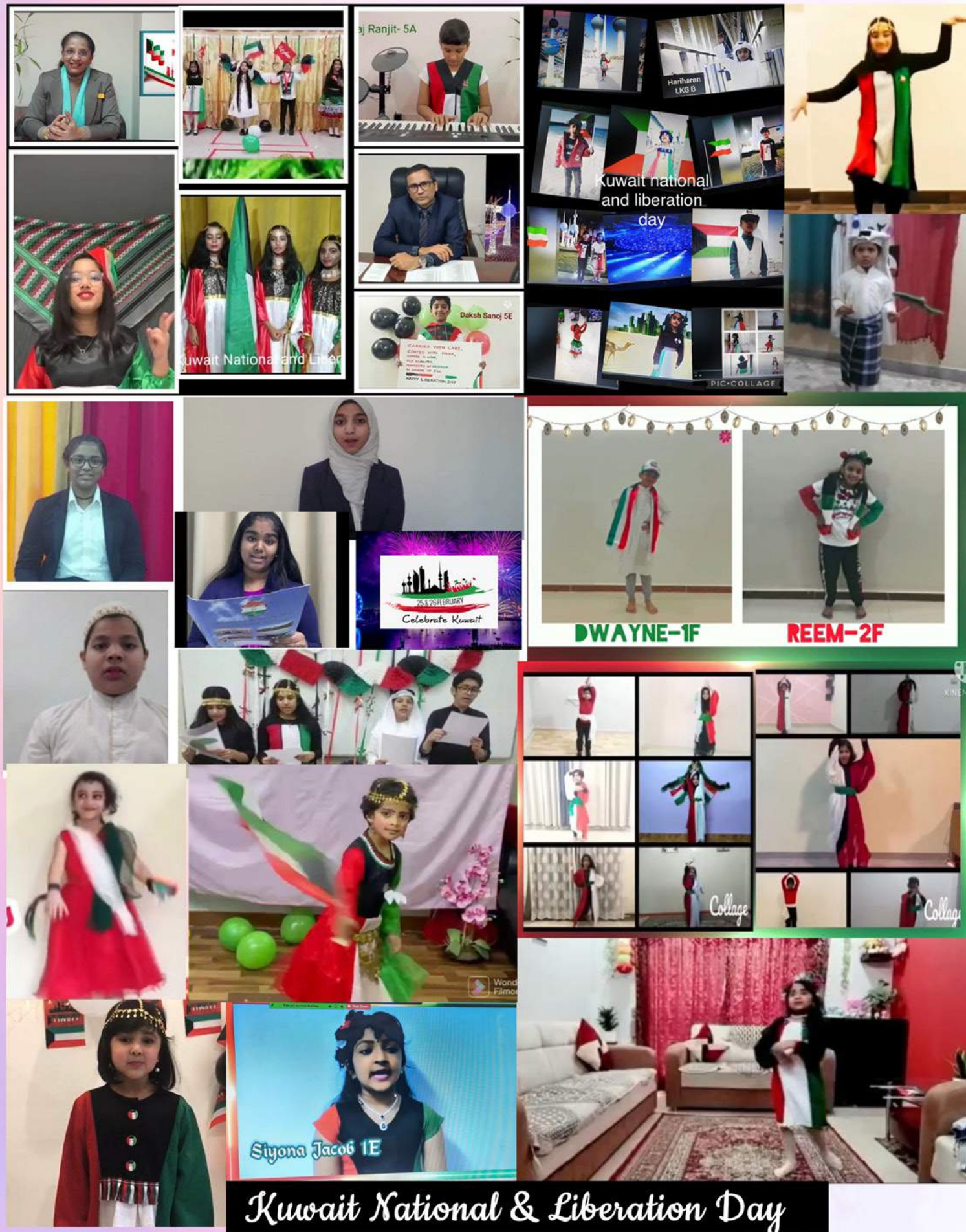


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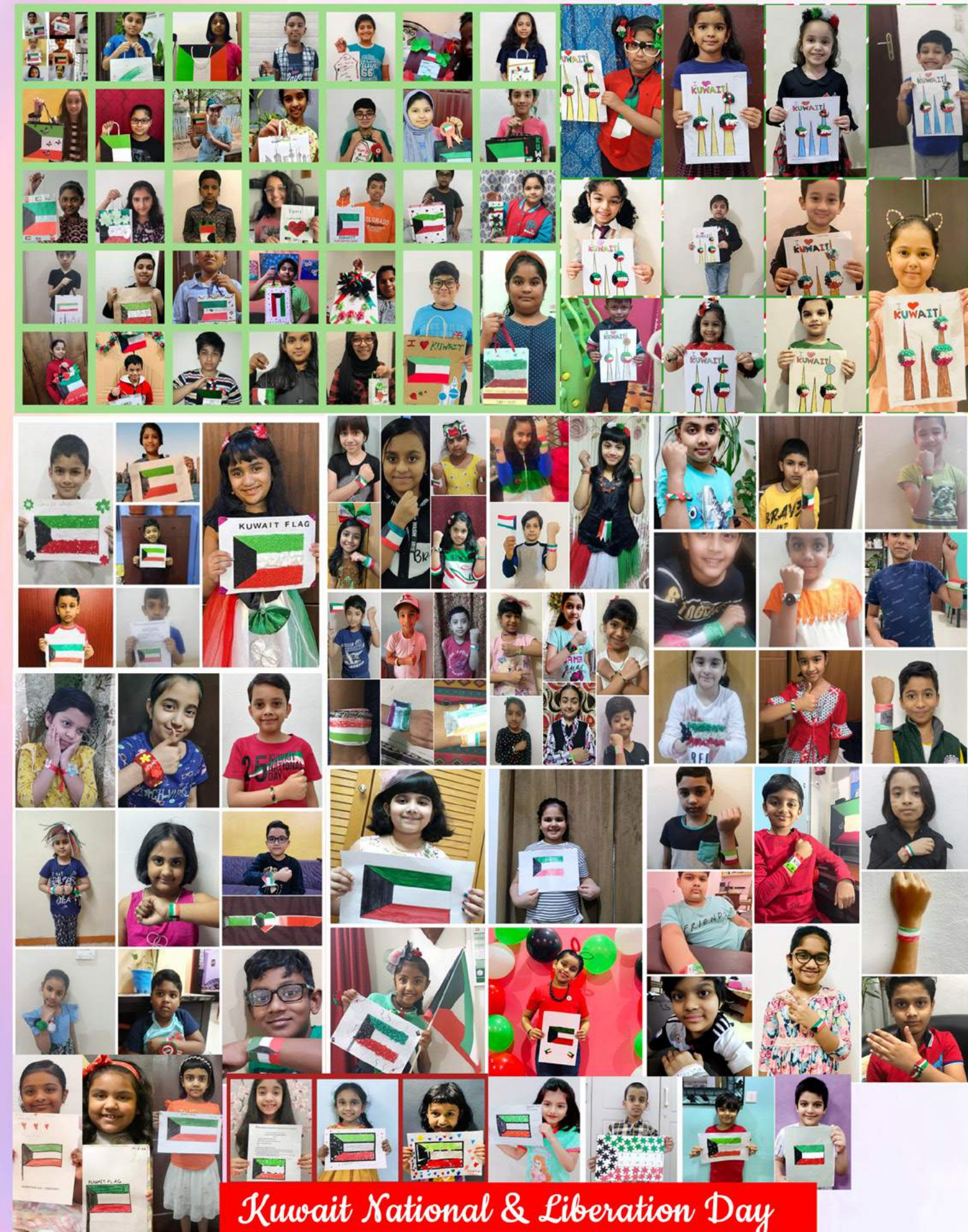




# ZOOM DHAMAKA



# ZOOM DHAMAKA





# ZOOM DHAMAKA



# Children's Day Assembly



# Teachers Day Assembly

# ZOOM DHAMAKA



## Kindergarten Activities



# AMANTRYA 2022

## FAREWELL OF CLASS X STUDENTS

*"No distance of place or lapse of time can lessen the friendship of those who are thoroughly persuaded of each other's worth." – Robert Southey*

9<sup>th</sup> March 2022, is a day to be cherished forever. A day when ICSK Amman family came together to bid farewell to the outgoing batch of class 10 students (2021-22). It was a day of mixed emotions for all present, as the students bid a tearful goodbye to their second home. The programme was beautifully organized with great enthusiasm by teachers and senate members of class 9, a fiesta devoted to all dear children reminiscing the joyous and exciting moments.

Amantrya commenced with the welcome address delivered by the Senate Vice-President. It was an amalgamation of foot tapping dances and melodious song performances which enthralled everyone. Scintillating dance performances by the pre-primary, primary and intermediate students entertained everyone to the fullest. Secondary students belted out soul stirring songs and transported the audience to an entirely different world. An audio-visual presentation by class 10 students took back everyone through the indelible moments of their school life.

The supervisors from Primary, secondary and the class teachers of class 10 gave their blessings to the outgoing students through their words of inspiration. It was a heart-warming moment when mementos were presented to all the students. Principal Mr. Rajesh Nair and Vice Principal Dr. Mary Isaac lit the lamp and addressed the students. In their thought-provoking speeches, they spoke about the importance of education, school life and how to take forward the values imparted at school. A few students of the outgoing batch of 2021-22 reminisced their wonderful experiences and memories that moved everyone. The Principal presented trophies for the Class toppers and the all-round topper.

'Amantrya' ended with blessings from the Principal, Vice-Principal and all teachers.

*"Your hard work will never go in vain! Be diligent towards your dreams and you will reach there soon enough!"*



## KINDERGARTEN GRADUATION 2021-22

ICSK Amman, celebrated The Pre-Primary Graduation Ceremony virtually on March 17th 2022. It was a memorable day for the tender minds.

Graduation is an exciting opportunity to celebrate the milestones and educational achievements of the students. One of the special moments for parents is the pre-school graduation ceremony of their children as they complete the very first step of the academic platform and climb the ladder to knock on the door of Primary Education.

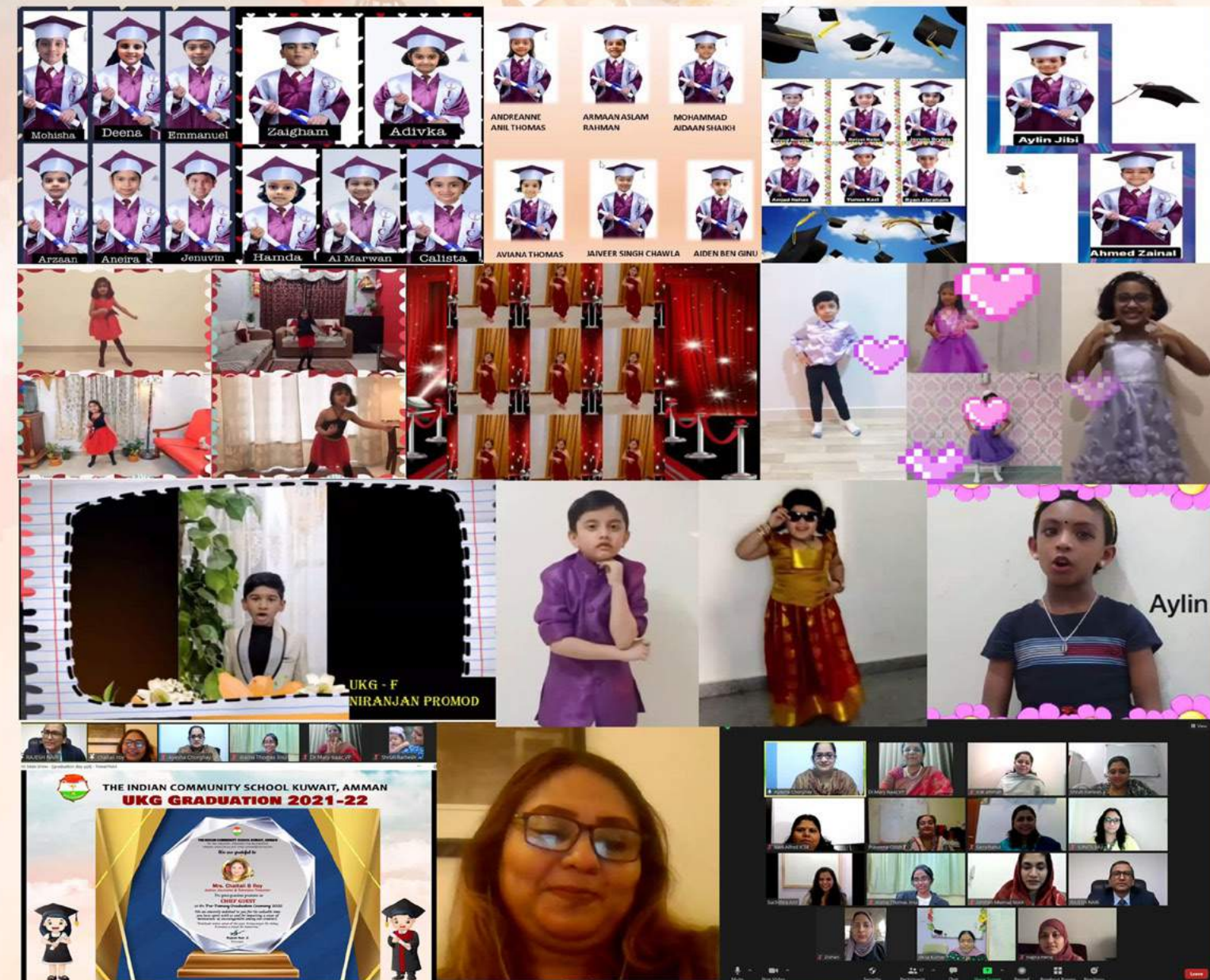
The ceremony commenced with the recitals of the Holy Quran, enthralling dance by our LKG tiny tots, followed by the welcome address by our beloved Principal Mr. Rajesh Nair, who with his kind and encouraging words made the day a very special one for the children as well as their parents.

Our Vice Principal Dr. Mary Isaac greeted and introduced the Chief Guest of the day Mrs. Chaitali B Roy (Author, Journalist and Television Presenter)

The Chief Guest Mrs. Chaitali B Roy addressed the gathering. In her motivational speech, she encouraged the parents to recognize the child's talents and nurture them in the fields they are interested. She was greatly impressed by their performances and congratulated them.

Each child represented their class and gave a gratitude speech for their loving class teachers. Certificates were presented by the respective class teachers with attributes. The UKG children were gleaming with joy as their pictures were shown along with the certificates.

All that begins well ends well. The ceremony concluded with a dance performance by the LKG students and vote of thanks by our UKG Co-ordinator, Mrs Vani Alfred.





# Poems



AYUSH SUJITH  
3-G

## Oh! How I miss my School!



I miss my school,  
And that feeling is not really cool.

My teachers, friends and  
my classroom,  
Are now only limited to Zoom.

I miss the drawing competitions  
that were held,  
But now that fun is  
simply withheld.

I miss our school stage...  
And our talents are now  
just trapped in a cage...

The dancing, singing and the  
races we ran,  
Hope we get to do all that,  
as soon as we can.

One day, our schools  
shall reopen,  
And that day,  
We can meet each other  
with our arms wide open.

REEMA JAFAR  
6-D



## The Banyan Tree

I was a little seed  
As small as a bead.  
One day,  
I decided to grow.  
Unknown to me,  
I had a long way to go.



I became a little plant,  
Then, a little tree,  
And then a big, big banyan tree.

I spread my leaves  
Far and wide,  
With flock of birds  
On my side.  
A little bird made a nest  
To get some rest.

With my vines,  
Children played  
Under my shade  
The men laid,  
With a little squirrel  
On bough,  
An army of ants,  
Marching in a row.

With so many things,  
Happening around me  
My worthy, little seed,  
As small as a bead,  
I still have,  
A long way to go!

# Poems



SHEEZA FATIMA  
8-C

## The Invention of the Choco-chip cookies



There once was a lady,  
who owned a bakery  
and served sweets of savoury.  
She made one day something great,  
That made her customers stand at the gate.  
It all started one afternoon  
when she thought of making some  
plain Choco biscuits very soon.  
She added some Choco bits in her dough,  
mixed it up and baked them to grow.  
What she got was a unique cookie  
with a unique munch,  
Let's have it for the "Chef of the Crunch".

SWASTI RAO  
3-A



## MY CAT 'CUTIE'

I have a pet cat  
It always plays with a bat  
And sits on a mat.  
She runs after a rat  
And has become very fat.  
I lovingly call her cutie,  
All because of her beauty.  
My friends wanna play with my sweetie  
And taking care of her is my duty.  
I love my cat,  
my sweet cutie!



SEHRISH KHAN  
6-A



## THE PIONEERS



ICSK is not only a name,  
It is dignity, victory and fame;  
Many milestones have been achieved,  
And many still have to be reached;  
An immense potential  
support and guidance,  
Making Ammannites more vibrant;  
Its motto leads us  
from darkness to light,  
It is a matter of pride  
to be an Ammannite;  
A place where ideas are welcomed,  
That gives place to future innovations;  
Appreciation, hard work and  
contributions of teachers,  
Facilitates an environment  
for children to flourish;  
Hearty thanks to our  
honorable Rajesh Nair sir,  
Who let us nourish and endeavor;  
The ability to inspire and motivate,  
Extended by our dear Dr. Mary Isaac;  
The pioneers, the founders,  
the real educationese,  
Sir Kohli, Sir Sethi, Sir Sharma  
and Sir Virghese;  
Their dynamic leadership,  
amazing ideas and desires,  
Laid the roots of ICSK remarkable,  
eminent and admired.



# Poems

## A REFRESHING FALL



ADEEVA M.S.  
9-E

"The happy days have come!  
Yeah! It's the rainy season  
It's the time for joy, time for a shower  
And our blessed moments with falling water"  
Said the plants and trees  
The flowers blossom and the fruits sparkle  
Tiny droplets everywhere.....

On the grasses, on the tip of every leaf  
And it appears like twinkling studs of diamonds  
But it vanished soon into thin air  
Because, the king of brightness, The Sun has arrived!

To suck up moisture from all around  
Unfortunate to say, that his mischief won't work today!

As the grey clouds have made a sudden attack,  
To cover his shine under their fluffy coats  
They clinged onto each other,  
And created a dark mass of shade in the air...  
Then a frightening light with a shocking thunder.

One by one, the droplets started to fall  
It hit the ground with the chattering sound  
The flowers raised their heads  
The plants held hands onto the other  
The trees made a move and waved merrily  
They stayed unlimitedly energetic  
Every moment was to the heart's content  
Until..., the last raindrop made a soft touch on each one's face.

And now, with a lot of pleasant expectations  
They wait for the next rainy season to come!!

## MODERN HAIKU

*The Haiku is a Japanese poetic form that consists of three lines which depicts the real meaning of the title of the poem.*

*Some Haiku poems mentioned below:*

### NATURE

Protect, preserve and save it  
It retrocedes  
The precious human life



ZAHRA ASIF  
3-D

### BUTTERFLY

Tiny Beautiful creature  
Colorful wings help it to fly  
Wonderful miracle of nature

### RAINBOW

Seven different colors  
On a perfect arc  
Directly when sun arrives after the rain

### TREES

Created from a small seed  
Alike humans  
Provides delicious fruits & comforting shades

### PEACOCK

The National Bird & Pride of India  
When it spreads its wings & dances  
The beautiful rain showers

### ALPHABET

Whole world's conversation comprises  
Of just 26 tiny alphabet  
The base of a globally spoken language



# Poems

## Happiness is a Blessing



ISRAA FATEMA  
10-D

The happiness you search for,  
Lies within you  
For God has sent it,  
As a blessing over you.

See how happiness teases your lips,  
As you count His plenty grace  
But life gets hard at times,  
This truth you have to face.

Live in the moment,  
For it will never come back  
Be ready for life though,  
It will sure you attack.

Small things what you do,  
When you eat Gulab Jamun  
Sitting at the Dhaba,  
As you gaze at the moon.

Happiness is not in being popular,  
And having many friends  
Embrace it quickly,  
It's in the smallest things that He sends.

True happiness is the faith,  
Which resides in your chest  
For there is no doubt,  
That you have been blessed.

Thank the Lord for happiness,  
Which He bestowed upon you  
For God has sent it,  
As a blessing over you.

## हमारा भारत देश

बात हो रही है मेरे प्यारे भारत देश की  
कई संस्कृतियों वाले विभिन्न लोग भी  
खूबसूरती से भरा अनेक धर्मों वाला  
हाँ यह हमारा देश है हमारी आँखों का तारा।

जहाँ एक सौ इक्कीस भाषाएँ बोली जाती हैं,  
वहाँ उत्कृष्ट स्मारक पर्यटन बढ़ाती है  
यहाँ बहुत अद्भुत विद्वानों ने जन्म लिया और नाम कमाया  
नाम हमारे देश का जिन्होंने दूर-दूर तक रोशन कराया।

हर अलग भोजन से लेकर तो  
हर तरह का मौसम है देखो !  
जहाँ प्रौद्योगिकीकरण बढ़ रही है,  
वहीं प्रकृति आँखों को ठंडक दे रही है;

परंतु कुछ संकट हैं जैसे वायु में प्रदूषण,  
भ्रष्टाचार और वनों की कटाई  
इस संकट का निवारण करना होगा  
हम ही हैं आने वाली पीढ़ी ये हमें ही क्षती देगा ।

अपने और भारत के लिए वातवरण को सुरक्षित करना होगा  
ये बात हो रही है मेरे प्यारे भारत देश की  
जिसका आज और कल सुनिश्चित करना होगा  
ये बात हो रही है मेरे प्यारे भारत देश की, मेरे प्यारे भारत देश की ।



Sehrish Khan  
6-A





# बारिश

जैसे ही मैं बाहर निकला, गहरे नीले आसमान से,  
घने बड़े बादलों से।

भारी बारिश की बूँदें, मेरे गालों पर गिरती हैं।

एक ठंडी हवा का झोखा, होले से मुझे छूकर दबे पैर, निकल गया।

मिट्टी की सौंधी खुशबू, गीली हरी घास की महक,

कोयल का मधुर संगीत, पेड़ों के पत्तों की सरसराहट ने

मुझे खुशी के कुछ पल दे दिए,

जिसमें एक बार फिर से मैं जी गया।

अब बारिश गिरना बंद हो गई थी, धूप ने आसमान को भर दिया।

कुछ पलों के लिए ही सही, मुझे खुद से मिला गयी थी।

इस दौड़ भागती ज़िंदगी में जैसे खो ही गया था।

कुछ पलों के लिए ही सही, ये बारिश,

खुशी मेरे दिल में भर गई थी।



# संज्ञा की कहानी



इस कहानी में एक है नानी और एक है मीना।



एक दिन मीना अपनी नानी से कहती है-" नानी आज हमें कक्षा में संज्ञा का पाठ पढ़ाया और समझाया कि किसी व्यक्ति, जाति या भाव को संज्ञा कहते हैं। नानी आप मुझे संज्ञा के बारे में कुछ और भी बताओ ना।"

**नानी बोली**-" हॉ हर व्यक्ति, जाति और स्थान का अपना अलग नाम होता है। जिससे हम उसे पहचानते हैं उसी को संज्ञा कहते हैं। आओ, संज्ञा को और अधिक समझने के लिए अपने बगीचे में चलते हैं।"

" ओ ! नानी, देखो कितने सारे गुलाब, लाल, हरे, नीले, पीले गुलाब " मीना ने बगीचे में घूमते हुए कहा।

ये सुनकर नानी ने कहा- " नहीं मीना, ये सब फूल तो हैं पर गुलाब नहीं। फूल कई तरह के होते हैं और हम उन्हें उनके नाम से जानते हैं जैसे गेंदा, चंपा, चमेली, गुलाब। इन्हीं नामों को हम कहते हैं **-व्यक्तिवाचक संज्ञा।**

जब हम उन सारे फूलों को इकट्ठा कर दें तो उनकी पहचान एक समूह से होती है, या उनकी जाति से होती है उसे कहते हैं **- जातिवाचक संज्ञा।**

**मीना बोली**-"ओह! अच्छा अगर मैं कुछ फूल जानवर यह जगह और बच्चे कहूँ तो यह जातिवाचक संज्ञा हुआ, उन्हें उनके नाम से बुलाऊँ तो हुआ व्यक्तिवाचक संज्ञा।

**नानी ने कहा**-" अब देखो कितनी खुशबू आ रही है जिससे सारा बगीचा महक रहा है।"

मीना इधर उधर देख कर बोली "नानी खुशबू तो कहीं दिखाई नहीं दे रही। "

**नानी ने हंसकर कहा**-"बिल्कुल सही मीना यह महक और खुशबू इन फूलों की विशेषता है, जिन शब्दों से हमें किसी स्थान या वस्तु की विशेषता का पता चलता है, उसे **भाववाचक संज्ञा** कहते हैं, जिसे हम महसूस तो कर सकते हैं पर देख नहीं सकते जैसे- खुशबू, बदबू, खट्टा, मीठा, सुंदर, महक आदि।

अब मीना सब समझ गई थी, और खुश होकर बोली **"धन्यवाद नानी"**।



## हमारा कर्तव्य

हमारी पृथ्वी सौरमंडल का एकमात्र ऐसा ग्रह है, जिस पर जीवन है। पृथ्वी ने हमें खाने के लिए अनाज, फल, स्वस्थ जीवन जीने के लिए प्राकृतिक संगीत जैसे - चिड़िया की चहचहाहट, झरने की कलकल आदि प्रदान किया है। मनुष्य पृथ्वी के दिए सभी उपहारों का भरपूर उपभोग कर रहा है, परन्तु अपनी ज़िम्मेदारियों से विमुख होता जा रहा है, परिणाम स्वरूप मानव संस्कृति, शहरों और आधुनिक जीवन शैली के विकास के बाद से सब कुछ बदल गया है। अब मनुष्य और अन्य जानवर अलग-अलग व्यवहार करने लगे हैं। हमारा पर्यावरण पूरी तरह से प्रदूषित है, इसलिए हम बीमारियों से ग्रस्त हो रहे हैं, हम प्रदूषित पानी पीते हैं। जलवायु परिवर्तन हो रहा है, हमारी धरती माँ का जीवन खतरे में है। आइए, धरती माँ को जीवन देकर अपने जीवन को बचाने के लिए एकजुट हों।



वायु प्रदूषण, जल प्रदूषण, भूमि क्षरण और वनों की कटाई मानवीय क्रियाओं के कारण हुई है। मानव जीवन, भूमि, जानवरों को खतरे से बचाने के लिए हमें पेड़-पौधों के बचाव के लिए कदम उठाना चाहिए।

इसके लिए हम अपने पड़ोस में पेड़ लगा सकते हैं। पारिस्थितिक संतुलन में पेड़ एक प्रमुख भूमिका निभाते हैं। पेड़ लगाकर हम अपने पर्यावरण को बेहतर बना सकते हैं। इस प्रकार हम पृथ्वी को बचाकर खुशहाल रह सकते हैं।



Rajnandini Prasad  
5-D

धन्यवाद

## जवानी - बुढ़ापा



Mrs. S. Surya Banu  
Hindi Teacher

जवानी में चेहरे पर दानों की बेचैनी।

बुढ़ापे में चेहरे पर झुर्रियों की परेशानी ॥

जवानी में उसका हाथ थामने की उत्सुकता।

बुढ़ापे में दूसरों के हाथ की सहायता ॥

जवानी में अकेले पंछी की तरह उड़ना।

बुढ़ापे में अकेलेपन से घबराना ॥

जवानी में सुंदर दिखने का लालच।

बुढ़ापे में सबमें सुंदरता देखने की चाहत ॥

जवानी में नींद से जागना मुश्किल।

बुढ़ापे में नींद के लिए परेशान ॥

जवानी में ज़िंदगी की हर खुशी को ढूँढ़कर पाना,

बुढ़ापे में उन्हीं खुशियों की यादों से ज़िंदा रहना।

जवानी में ज़िंदगी को स्थायी समझने की नादानी,

बुढ़ापे में नादानी को सुधारकर बस जाने की तैयारी ॥



“किताबें कुछ कहना चाहती हैं, तुम्हारे पास रहना चाहती हैं”

किताबें करती हैं बातें, बीते ज़मानों की,  
दुनिया की, इंसानों की, आज की, कल की,  
एक-एक पल की, खुशियों की, ग़मों की,  
फूलों की, बरसों की, जीत की, हार की,  
प्यार की, मार की, क्या तुम नहीं सुनोगे  
इन किताबों की बातें?

किताबें कुछ कहना चाहती हैं।

तुम्हारे पास रहना चाहती हैं॥

किताबों में चिड़िया चहचहाती हैं  
किताबों में खेतियाँ लहलहाती हैं  
किताबों में झरने गुनगुनाते हैं  
परियों के किस्से सुनाते हैं

किताबों में राकेट का राज़ है  
किताबों में साइंस की आवाज़ है  
किताबों में कितना बड़ा संसार है  
किताबों में ज्ञान की भरमार है  
क्या तुम इस संसार में  
नहीं जाना चाहोगे?

किताबें कुछ कहना चाहती हैं।  
तुम्हारे पास रहना चाहती हैं॥

सफ़दर हाशमी



Mrs. Nivedi .P.  
Hindi Teacher

## PATRIOTISM IN OUR HEARTS, PEACE IN OUR COUNTRY

75 long years ago this time of the year, our motherland India had finally received sweet freedom from the clutches of British Imperialism. So, as we celebrate the Diamond Jubilee of India's Independence, all of us together pay homage to the brave individuals due to whom we are now standing, free and tall. For the inspiring men and women who gave up every last thing for the victory of our country back then to the glorious pillars who keep up our dignity and value as a whole today, I would like to give all of them a hearty salute.

It gives me great joy to see how energetically Indians all around the world have come together to celebrate this timeless milestone by organizing various quizzes, assemblies and competitions. Impelled by all this enthusiasm around me, I would like to contribute my own work too and therefore I have compiled a small piece of poetry dedicated to India and our freedom fighters:



Anamika Karthik  
9-D

*Our India,  
The magnificent land where sacrificed were lives of many,  
Warriors and saviors,  
All alike.  
A place once cursed with the plight of foreign troops,  
Ones who wanted to our treasures and riches loot.  
But then came they who would come forth,  
With passion in their hearts and knowledge in their minds,  
The patriots of our land would protect our worth.  
To them we pay respect,  
Beholding prestige of our motherland,  
Their courageous demeanor we shall reflect.  
Manifold are the people here,  
Versatile are the flavors,  
Never-Ending will be our success,  
With unity amongst us,  
The land will never take its last breath.  
Oh, how extraordinary our country is?  
Vast and sustaining is our country,  
Our India.*

Patriotism is a moral we all must abide by. Although, it is quite often confused with nationalism, both are really different. Being a patriot in simple words means staying loyal and devoted to your homeland while also promoting its bonds with other nations for the betterment of ourselves as well as our allies. Nationalism may turn reckless in extreme circumstances such as neglecting your own country's relations with other countries and operating only for the benefit of your country. While having a sense of pride towards your own nation, it is also important to stay respectful of other countries. Thence, I would like to conclude with a quote by Rabindranath Tagore, "You can't cross the sea by merely standing and staring at the water." So let us all work together to uphold the serenity and multiply the advancement of India and show the whole world – हमारा भारत महान!! Jai Hind!!!



# MIND YOUR MIND!

*Bandhur atmatmanas tasya yenatmaivatmana jitah, anatmanas tu satrutve vartetatmaiva satru-vat - verse from BhagavadGita*

**Meaning:** For him who has conquered the mind, the mind is the best of friends, but for one who has failed to do so, his mind will remain the greatest enemy.

The verse above says it all, as we all know Mind is the creator and the destructor. If we tame our minds with the right knowledge, it has the capacity to make the person worth millions else make him worthless.

Our mind carries out various mental processes such as observing, knowing, thinking, reasoning, feeling, wishing, imagining, remembering, judging and the like. Mind is the most powerful weapon one can possess, no one knows the boundaries or the restrictions that it holds. Having a strong mind means having the mental skills and physical capabilities to respond to and overcome any challenge. Someone with a strong mind is also a person who can be firm on his beliefs and is focused on growth, learning, and achievement.



Our mind grows just as our body grows. It gains more and more knowledge over the years. The mind is the underlying component of human intelligence, wherein it includes the acts of thinking, feeling and action. You will be surprised to know if you ask yourself the question, which is deeper, sea or mind. The answer will be the mind as it has the capacity to engulf the sea. There are no boundaries for its capabilities to create and hold a variety and a large amount of information. It is so capable that it can hold both the sky and one's self with ease.

And taking the quote from Marcus Aurelius: **"You have power over your mind - not outside events. Realize this, and you will find strength."**

So why should we mind our mind? This is an ongoing debate we all face in our lives, should we treat our mind spiritually or intellectually?

We need to know that our mind has two aspects: spiritual and intellectual. However, intelligence can only be achieved if all the aspects of mind are functioning well. The intellectual mind is responsible for reasoning, judgment, analysis, calculation, ego, desire, etc. It focuses on the physical world. Our mind is very superior because it is spiritual. It engages in activities like creativity, intuition, and psychic abilities and searches for the real purpose and communion with God. We should know that the two minds look at the world quite differently and dominance of the one over the other leads to the knowledge of the existence of the creator. Here is why we need to balance and understand how we tame our minds.

Words from Chankaya: **"No one can defeat a powerful mind."**

Our mind plays an important role in creating and visualizing. We need to know our thoughts pass on to the other minds, and affect other people. And scientifically it is proved that repetitive thoughts form neural pathways, as the famous neuropsychologist Donald Hebb phrased, **"Neurons that fire together get wired together"** which means when you repeat an experience over and over, the brain learns to trigger the same neurons each time. Thus, the more a particular thought or belief is activated and reinforced, the stronger these neural pathways become and automatically form our 'go to' pattern of perceiving or acceptance.

So, always remember our mind is a very powerful thing, and most of us take it for granted. We believe we aren't in control of what we think because our thoughts seem to fly in and out all day long. But always remember you are in control of your thoughts, and you become what you think about. Once we start to take control of our thoughts, we should train our mind by accepting, meditating, prioritizing, positive thinking and writing.

Borrowing the quotes from Gautama Buddha: **"Your mind is a powerful thing. When you filter it with positive thoughts, your life will start to change."**



**Dhruv Pillai**  
9-E

## THE EXISTENCE OF ART AND CREATIVE MIND



**Adhya Sajayan**  
10-B

For as long as humanity existed, art has been a part of our lives. For many years, people have been creating and enjoying all forms of art. It expresses emotions of life. But what exactly is meant by Art? Art is a skill that applies to music, poetry, painting and more. Moreover, nature itself is an art. Artists use their works to depict their feelings and thoughts.

I, personally, am a big fan of art and enjoy every form of it. And the more I plunged into it, I realized that art and artists bring value to the society and have been doing so throughout the history. Art is an innovative way to view the society or the world around us. Most important thing is that it lets us interpret it on our own individual experiences and associations.

What is constant is that art is not perfect or does not revolve around perfection. It is something that continues growing and developing to express emotions, thoughts and human capacities.

You may have also noticed this genius helps us to relax our mind and also has the ability to change our mood and brighten our day. Along with that, it also motivates us and strengthens our emotions. Visual art helps the artists communicate with the viewers. It allows us to interpret this skill in our own way and express according to our imagination. Without this amazing craft, the world would be a dull place. Take the pandemic as an example, this aptitude played a huge role in keeping us entertained and encouraged to get through this hard time. Thus, we see how essential art is in our life.

Therefore, art helps us be relaxed and forget our problems. In its absence, we wouldn't have been able to see the beauty in things. Thus, art is a matchless technique which adds cheer and colour to all our lives.



## TIME management



**Ankita Bipin**  
7-D

Time management is the course of marshalling everyday routine to harness the maximum time available. Time management is a method to work smarter rather than harder to get more out of your time and resources.

Everyone has the same amount of time – 24 hours a day; the key is to allocate appropriate time to your activities based on their importance.

It is up to one to utilize it whatever way one wants. One may waste it on insignificant things or use it productively; the decision is theirs. However, if one wants to get the maximum out of their time, one has to esteem time management. Time management can be merely done through simple methodologies.

Students should make a priority-based schedule regarding their studies and assignments. Time to different subjects must be allotted based on the individual difficulties faced by the students in that particular subject.

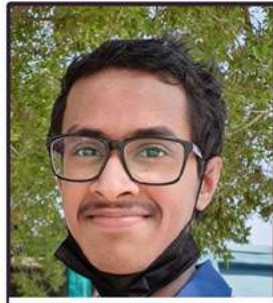
Even the time one likes to spend on watching TV or other activities must be included in the schedule to keep one in full control of their available time. One must sleep for 8-10 hours a day to let their mind and body function effectively. Last but not least, – planning is only useful if it is religiously followed.





# The Story of Subhas Chandra Bose

## - India's Netaji -



Caleb Kurian  
10-C

Subhas Chandra Bose was an Indian nationalist born in Cuttack, Odisha in 1897 to a lawyer and his wife. After gaining a diploma from the University of Cambridge, England, he returned to India in 1921.

Inspired by C. R. Das and Mahatma Gandhi, Bose joined the freedom struggle against the British. In 1940, he was put in jail for organising mass protests in Calcutta. After his release, Bose decided to flee the country and go to Europe. He had a plan – to seek help from foreign nations to win over India through an outside invasion.

Growing a beard, dressed in Pathan clothing and posing as an insurance agent named "Ziauddin", Bose managed to leave his family home in Calcutta and took a train to Gomoh, Jharkhand. From there, he boarded another train to Peshawar and began his journey to Afghanistan. As he did not speak any Pashto, he decided to act as a deaf-mute Pathan. Trekking across the desert, he was able to successfully reach Kabul, Afghanistan undetected.

In Kabul, he tried contacting various European embassies – the Soviet Union, Germany, and then Italy. The Italian diplomat in Kabul was fascinated by Bose's plans. He gave Bose an Italian passport and gave him an Italian name: "Orlando Mazzotta". The diplomat persuaded the Soviets and the Germans to help Bose. Once in Russia, Bose was transported to Moscow by air, where he hoped that Russia's historical enmity towards the British would result in support for his plans for a popular rising in India. However, Bose found the Soviets' response disappointing. He decided to pass over to the ambassador to Germany in Moscow. Bose was finally flown to Berlin, capital of Nazi Germany, in April 1941.

He found help in Germany. Bose created the Free India Legion out of Indian prisoners of war (POWs) who had previously fought for the British and had been captured by the Germans. The legion was raised as a military unit of the German Army and consisted of around 3,000 Indian soldiers. Bose had planned that when the German swing through the southern Soviet Union and the Middle East reached India, the Indian Legion would spearhead the attack on India.



Bose with Hitler

Bose was devastated when the German tanks rolled across the Soviet border and were driven out by the allied armies. He knew that the now-retreating German army would be in no position to offer help in driving the British from India. After his meeting with Adolf Hitler in May 1942, he came to believe that the Nazi leader was more interested in using the men to win propaganda victories. The Free India Legion would never reach their goal. Bose decided to abandon the legion and leave Germany by submarine. His next stop – Japan.



An Indian officer in Singapore named Mohan Singh had created the Indian National Army (INA) or the Azad Hind Fauj from the Indian POWs there. It was a force much larger than the Indian Legion in Germany. Bose quickly assumed command of what was left of the old INA. At that time, this force had 13,000 soldiers. Under the dynamic appeal of Bose, the INA soon grew to a force of around 50,000 soldiers.

In 1944, they were finally ready to begin their invasion of India. The Japanese Army along with the INA launched Operation U-Go, an offensive against the British aimed at Imphal and Kohima in northeast India. Unfortunately, after many battles, the operations were unsuccessful. The Japanese and their allies were pushed back. A large portion of the INA troops surrendered to the British, while the remaining with Bose retreated towards Malaya.

On 15th August 1945, Japan surrendered to the allied powers. Bose decided to continue his fight from another country – Manchuria, China which was under Soviet rule. Bose boarded a plane to China from Saigon, Vietnam. Sadly, the plane crashed at Taiwan, and Bose died on 18th August due to severe burns. His body was cremated in Japan and his ashes now lie at the Renkoji Temple in Tokyo. Bose had seen the INA as a psychological force as well as a military asset. He believed that their arrival in India would inspire pride and confidence which would take away fear of the British power.



He stopped at Madagascar and then continued to Penang by submarine and then from there travelled to Tokyo by air in 1943. The Japanese welcomed him heartily and were far more enthusiastic about working with him than the Germans had been.

At that time, almost all of southeast Asia was under the control of Japan. The Indian population of southeast Asia was placed under Bose's jurisdiction and he got all the privileges and trappings of a head of state.



**Subhas Chandra Bose had a vision for India. Although he was not successful and his vision did not come to fruit, he and the INA helped inspire rebellion against the British, even after his death. There is no getting away from the fact that Bose was able to ignore the moral evil that Nazi Germany represented. Similarly, his alliance with Japan ignored the atrocities that had been committed against people in the countries they had occupied. However, his leadership, sacrifice and courage will always be celebrated. Subhas Chandra Bose's role in India's freedom struggle and his defiant patriotism makes him an immortal hero in Indian history.**



# Facts of ELECTRONIC GADGETS



**MRS. ASHRAFI  
LOKHANDWALA**

Over the last two years, we as parents and teachers have been forced to confront the growing role of technology and social media, and its influence on our children's lives. For the young, social media is an important part of their lifestyle. It helps them to express themselves and gain peer approval.

When used constructively, these facilities can bring people together and enhance educational opportunities. However, uncontrolled use and access to social media opens our children to harm. Therefore, it is important as parents to be good guardians of technology for our children.

## Positive Impacts of Technology

The upside of device is that they can provide an opportunity for children to continue their education and maintain relationships with friends and family. Digital gadgets reduce time on studying and comprehension processes. Students listen to a lot of lectures and have many tasks to do. Using gadgets can save time significantly. When students use such applications as Speech-Text or One-Note, they save time basically on entering text manually.



## Negative Impacts of Technology

While use of technology in the classroom has improved access to education, its abuse outside the classroom can have significant consequences on a child's development. Impulsivity and decreased ability to self-regulate may negatively affect a child's brain on its functioning and contribute to behavioural problems. Inattention and poor short-term memory can lead to attention deficit disorders and learning disorders. Furthermore, relying on social media for engagement with others can leave a child feeling isolated and

open the door to bullying. In fact, much of the negative impact on a child's social and emotional well-being may go unnoticed by the parent. Keep in mind that the greater the time spent online, the lesser time spent with family and friends.

## Obesity

Obesity is on the rise among young children due to lack of physical exercise. Screens aren't all bad though and have, in fact, enhanced the children's lives in many ways through remote learning and apps that allow them to stay in touch with their loved ones.

## Vision Problems

Long stretches of screen time can dry out and irritate eyes. Screen time also keeps children indoors whereas exposure to natural light is essential to young children for their healthy eye development. Too much time spent indoors can lead to nearsightedness.

## Good social media habits start from a young age

For children younger than 18 months, use of screen media other than video-chatting should be discouraged. Parents of children 18 to 24 months of age, who want to introduce digital media, should choose high-quality programming/apps and use them together with children because this is how toddlers learn best. Letting children use media by themselves should be avoided.

For children older than 2 years, media limits are very appropriate. Limit screen use to no more than 1 hour or less per day. All children and teens need adequate sleep (8-12 hours, depending on age), physical activity (1 hour) and time away from media.



## HOW PARENTS CAN HELP

**Leading an example by demonstrating responsible use of technology.**



**Incorporate breaks into a child's schedule, making time for fun activities, healthy meals and snacks, and outdoor play. If possible, parents should take breaks with their children.**

**Provide children with hands-on activities, such as puzzles, painting, and drawing to supplement online learning.**

**Setting limits on daily screen time and sticking to them.**

**Teach children about online privacy and safety.**

**Forbidding screens in the bedroom when it's bedtime.**

**Establishing "screen-free" zones (e.g., no smartphone use at the dinner table or in the car)**





# A BLOOM IN THE MOOM



Mrs. D.V. NIRMALA  
Teacher

There was an oom (an elderly man) who worked on a loom. Suddenly he heard a boom in a gloom. On rushing into a room, he saw a toom that was knocked to the floor by his cat. As he ran after it in a fume, his eyes fell on a rare flower that happened to bloom in his garden beside a legume. He quickly had to zoom and capture the picture. He sent it to MOOM (Museum of Online Museums), and to assume if it would be selected for display or not felt like doom to his thoughts.

He brought the flower into the livingroom and put it in a vase. Just then he heard the minstrels singing songs at the wedding in a kirk. It was his neighbour's marriage whom he had promised his presence. He quickly got ready and reached out for the perfume in his pocket. He instantaneously decided to present the exquisite bloom to the bride and bridegroom. He thought that it would be liked by the new couple. Everything went on as he did presume. The flower was pinned to the bridegroom's costume.

On reaching home, he heard another boom. A black plume of smoke drifted up from his salesroom. The old man was tired of his cat's mischief. He smacked it with a broom. Then came in the news of his picture being approved for the MOOM. The family was elated. The old man went back to work on his loom and he bequeathed the heirloom photo of the rare flower for his future generations.

# PAINTING PICTURESQUE PORTRAYAL

Maybe you're writing a blog post about a recent trip you took, and you want your readers to hear the cacophony of the city's traffic and see the neon signs drenching the street with colour.

The ability to describe something vividly is an essential skill for every writer to master, no matter whether you're a blogger, novelist, or copywriter. Vivid descriptions transform your paragraphs from vague and boring to engrossing and memorable. Of course, like any skill, it's one that takes time and practice to master.

The best way to do that is to study the expert writers and learn their techniques. Take F. Scott Fitzgerald's *Great Gatsby* for example

## 1. Add layers to your descriptions with metaphors and similes

Metaphors and similes are the first tools in Fitzgerald's paint box for splashing his descriptions with colour. Here's a quick explanation of what they are.

A metaphor or simile helps you take your description to another level by comparing two unlike things to each other as if they were alike. The only difference between them is that similes use the words "like" or "as" (the wind sounded like a moan) and metaphors do not (the wind moaned).

### Here's one example:

"The only completely stationary object in the room was an enormous couch on which two young women were buoyed up as though upon an anchored balloon."

First, these similes help us better visualize the scene. Here's what it would sound like without them:

"The only completely stationary object in the room was an enormous couch on which two young women were seated."

A bit boring, right? Without the similes, there isn't really anything to make that scene stand out. Second, they help set a mood for the paragraph.

Let's look at the metaphor:

"So, we beat on, boats against the current, borne back ceaselessly into the past."

Instead of just writing something like, "We try to move forward, but keep returning to the past," Fitzgerald elevates this simple idea by using the imagery of boats.

Wrapped in a metaphor, the idea is no longer vague, but tangible.

Similes and metaphors enhance the writing by deepening your descriptions, aiding to weave your personality into your writing and evoking a specific feeling in your readers.

It is important to think of metaphors and similes like salt and pepper. A little sprinkle, and they'll season your writing. But too many and you're writing will be way too salty or way too spicy.

## 2. Make descriptions delight the five senses with sensory words

Sometimes sensory words sparkle or they clang and are bristly. Sometimes they're bitter or delicious with a fragrant aroma. In short, they appeal to the five senses:

Words related to sight or appearance (these can also include words related to motion) — gleaming, shadowy, sparkling, dancing. Words related to touch — velvety, icy, sharp, blunt. Words related to taste — bitter, zesty, refreshing. Words related to scent — musty, fragrant, sweet. Words related to sound — roar, sizzle, murmur

Here is an example from *The Great Gatsby* that are filled with sensory words:

"The lights grow brighter as the earth lurches away from the sun and now the orchestra is playing yellow cocktail music and the opera of voices pitches a key higher."

## 3. Zoom-in on your descriptions with a list of details

Fitzgerald's third technique is quite simple. I call it "the detailed list". Take this paragraph as an example:

"He took out a pile of shirts and began throwing them, one by one before us, shirts of sheer linen and thick silk and fine flannel which lost their folds as they fell and covered the table in many-colored disarray."

Fitzgerald could have ended the sentence as: "He took a pile of shirts and began throwing them," but he wanted us to visualize the scene, to see the types of shirts that Gatsby wore.

## The Takeaway

While Fitzgerald was a masterful writer, these three techniques are simple and straightforward. You can start using them right away to add zest to your descriptions and transform bland paragraphs to hold the attention of your readers.



Mrs. ROHINI  
RAJSHEKHAR  
Teacher



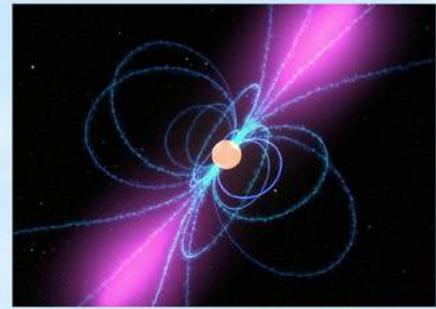
# THE UNIVERSE!

**Are we alone in the universe? Interesting question, isn't it?**

In 1967, a postgraduate student at Cambridge University by the name of Jocelyn Burnell was surveying the sky with a newly constructed radio telescope. After a few weeks, she discovered something odd. The telescope had picked up a radio signal that seemed to be pulsating. The pulses had an interval of exactly 1.33 seconds and were initially thought to be nothing more than man-made interference. However, it soon became clear the signal did in fact emanate from deep space and the unwavering precision was unlike anything that had been seen before. As such, many questioned whether it was a naturally occurring phenomenon or a transmission from another civilization. The radio was even named LGM-1, an acronym for 'Little Green Men', and Burnell herself could wonder if she'd actually discovered the first sign of life beyond the Earth. As you might expect, it didn't take long for natural explanations to emerge and we now know these pulsating signals to be produced by rapidly rotating neutron stars, known as Pulsars, that emit beams of radiation akin to the beams of light emitted by a lighthouse. Ever since, an international effort known as the Search of Extraterrestrial Intelligence (SETI) has actively been



**Fiza Faizal**  
6-D



listening for artificial transmissions but so far we appear to be the only ones broadcasting into the void.

The Wow! signal was a strong narrowband radio signal detected on August 15, 1977, by the Ohio State University's Big Ear radio telescope in the United States, then used to support the search for extraterrestrial intelligence. The signal appeared to come from the direction of the constellation Sagittarius and bore the expected hallmarks of extraterrestrial origin.

Astronomer Jerry R. Ehman discovered the anomaly a few days later while reviewing the recorded data. He was so impressed by the result that he circled on the computer printout the reading of the signal's intensity, "6EQUJ5", and wrote the comment "Wow!" beside it, leading to the event's widely used name. The entire signal sequence lasted for the full 72-second window during which Big Ear was able to observe it, but has not been detected since, despite several subsequent attempts by Ehman and others. Many hypotheses have been advanced on the origin of the emission, including natural and human-made sources, but none of them adequately explain the signal.

Although the Wow signal had no detectable modulation—a technique used to transmit information over radio waves it remains, as of 2021, the strongest candidate for an alien radio transmission ever detected.

Most of those involved in the search for life and intelligence in the universe probably don't ask themselves, "Why am I doing this?" The answer seems obvious: Who wouldn't want to know more about our place in the cosmos? Whether the answer is "yes" or "no," Elisabeth Newton acknowledges that the implications are enormous. "I can't even begin to comprehend what it would be like to discover life or intelligence elsewhere," she says, "but it will have a profound impact on society." On Earth, it has taken millions of years of evolution for the earliest forms of life to develop into intelligent creatures capable of contemplating the entire process and asking questions like, "Are we alone in the universe?"

Dimitar Sasselov continues to ponder the "why" question, and in his book on Super-Earths, he offers a cogent answer. "It is the age-old question of 'the other,' he says, but on a grand scale." Sasselov explains that 'the other' is how a conscious human being perceives his or her own identity. This identity comes front and center in 'first encounters,' such as those between Homo Sapiens and Homo Neanderthalensis, Mayans and Spanish Conquistadors, English Colonists and Native Americans. In our interconnected world, human beings know too much about one another to experience these encounters—but space offers new possibilities. "The discovery of new worlds orbiting distant stars offers a fresh opportunity to contemplate a first encounter," Sasselov says. "As in the past, humans approach it with both insatiable curiosity and fear and with mixed emotions."

Yet, we will inevitably approach it. Sasselov sees his search with Newton and their colleagues, as ultimately fueled by the human drive to understand ourselves. **Are we alone? Soon, very soon, we may know.**



# Read & Enjoy!

## ATLANTA - The Hero



**REEYA JAFAR**  
3-G

Once upon a time there lived a girl, Atlanta. She was a brave and fearless girl. She mastered all the skills one should have to defend themselves at any point of being attacked. She learned fencing, horse riding and most importantly, learning to defend herself with whatever was within the reach of the hand at the moment.

One day she was strolling in her backyard, when she suddenly heard a noise, and she turned around gasping. Her hands clenched grasping the umbrella. She happened to be grasping it so hard that her knuckles turned white and her fingers ever ready to open the umbrella. Then she saw it. It was a big ferocious dog! Atlanta held her umbrella in front of her and waited to see if the dog would come closer to her. And it did. It came closer and closer and closer! At last, it came so close that the dog could bite her. She popped open her umbrella to scare the dog away. She repeated this, in the process edging towards the door of her house. But the dog was coming closer too. When she reached her door step, she made a sudden quick movement towards the door and threw the umbrella at the dog scaring it away.

Everyone congratulated Atlanta for her bravery. She was the hero, ATLANTA!

## FRIENDSHIP

**"True friends are never apart, maybe in distance but never in heart"**

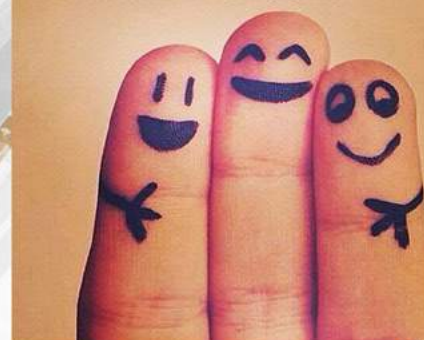
*Helen Keller*

Friendship is a relationship between two persons based on affection, trust and intimacy. It is recognized by both members of the relationship and is characterized by a bond or tie of affection. Many of us have wondered why do we tell our friends all those things we could never tell our siblings or our parents. The answer, my friends, is that we don't get to choose our family, but we do get to choose our friends. It is our choice and it does not require any age limit. One should have the maturity while choosing their friends because there are times when some people turn out the way you had never expected them to be. So better than regretting your decision, choose wisely.



**AYESHA OMER**  
8-D

Life is better  
with friends :)



A friend is a person who will always be by your side in both good and bad times and situations. He/she is someone who will give you good advice and make you laugh. Choosing the best friend is one of the toughest decisions in life. But hey, what is life without a few risks!!! If you and your friend share trust, equality, empathy, honesty and independence, then you already have a foundation of a strong and healthy relationship. Many young kids may not understand this but what you all got to know is that having a best friend beside you all the time and having someone who is always looking out for you is the best thing that could ever happen to a person. Friends don't need to share the same passion or hobbies; the most important thing is that they both share the same view.



# Read & Enjoy!

## Why are we afraid of making mistakes?

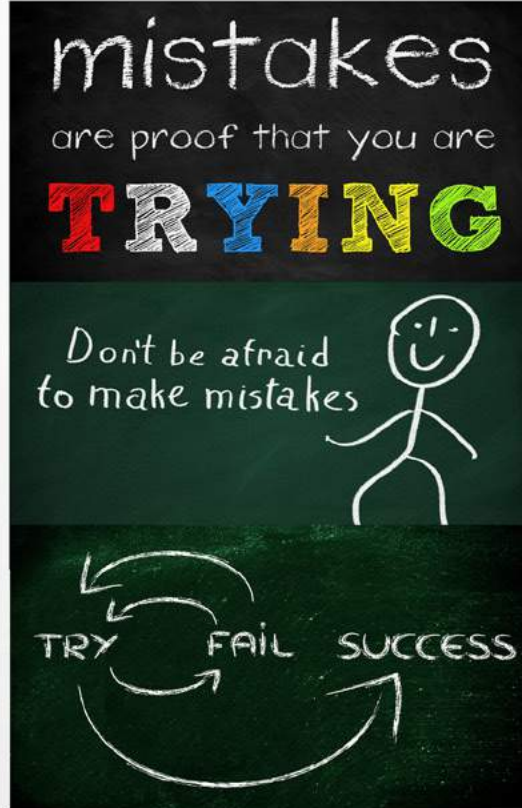


CHRISTELLE  
9-D

“Once bitten twice shy” is the reason why people are afraid to make the same mistake again. It is not the mistake but rather the consequences of the mistake that hold people back. We are afraid of being judged. It is also the fear of being ridiculed. Since childhood I’m sure all of us have been scolded either for making a silly math error or leaving a book at school. Therefore, our brain has already registered that making mistakes is ‘terrible’. And when we make a mistake, we are portrayed as irresponsible, which tends to have a negative effect on our self-esteem.

But there are some mistakes you can make only once; you will never get another chance. Like cutting the wrong wire on a bomb...because it’s going to be the last thing you ever did and you definitely want to get it right the first time.

When I study, my mom always tells me to read the chapter more than once because I may find something important which I did not catch the first time. Mistakes are the same. The first time it could be a learning experience and the next time it may tickle your funny bone. The point is that we should have the courage to try even if we are aware of the possible outcome because mistakes are proofs that you are trying.



## How to use Social Media in a better way?

My dear friends, we all know social media plays a very vital role in our day-to-day life. As the time moves ahead, the use of social media will also increase. Today WhatsApp, Facebook, Twitter and many more applications are easily available on the internet. Being a child what we see, hear and think is what we become. That is why social media is a way or method or even I can say is a technique through which information goes to our brain or mind and we react accordingly.

To control our thought process and self-belief, we need to control what we see on social media. If we use it smartly, then it can be a “LADDER” towards our growth.

We can develop our skills by watching right things or we can just waste our time by seeing unwanted things. Choice is ours and most importantly time is ours. We know that time lost never comes back. Then, why not use it for the betterment or growth of our life?

We can learn drawing, coloring, painting and improve our handwriting too. Now days, there are so many tutors available on youtube. We can use them to learn different languages or to play different musical instruments. Basically, the message I want to share is that we have to limit the time on the use of social media and the most importantly decide “WHAT TO WATCH”.

If we can control it positively, then even social media will become “BOON” for us.



DHARMESH DARJI  
5-B



**WETTEST INHABITED PLACE ON EARTH**  
**Mawsynram,**  
**Meghalaya State, India**  
**Average annual rainfall:**  
**11,871mm**  
*Villagers in Mawsynram use grass to soundproof their huts from deafening rain that pelts their homes during the rainy season.*



**CHENAB BRIDGE IS THE HIGHEST RAIL BRIDGE IN THE WORLD**  
*The jaw-dropping bridge located in Jammu and Kashmir's Reasi district is 1,315-metre long and aims to boost connectivity to the Kashmir valley.*



**UMLING LA PASS- WORLD'S HIGHEST MOTORABLE ROAD**  
*Located in eastern Ladakh at an altitude of 19,300ft above sea level has the world's highest motorable road. Make sure you pack a warm jacket on before embarking on this particular adventure!*



**HOME OF A MYSTERIOUS SKELETON LAKE ROOPKUND**  
*Located in the Himalayas at about 16,470 feet, the glacial Lake Roopkund has become famous for the human skeletons found in the lake and surrounding areas.*



**A VILLAGE WITH NO LOCKS AND DOORS MAY BE THE SAFEST ON EARTH- SHANI SHINGNAPUR**  
*The village is famous for not having a door or lock on a single house. Beyond that, there has not been a recording of a criminal act for almost 400 years.*



**THE WORLD'S LARGEST SUNDIAL-JANTAR MANTAR**  
*The town of Jaipur is home to the largest sundial in the world, which is a towering 27 meters tall! It is constructed from beautiful polished stone to create a truly impressive work of architecture.*



# LESSER KNOWN FACTS!

A bird that sleeps  
while flying  
**Eagle**



An aerial animal  
with 5 eyes  
**Honey bee**



Raihana Jamal  
4-G



Animal that  
doesn't drink water  
throughout its life  
**Kangaroo Rat**



Animal that sleeps  
while standing  
**Horse**



Number of bones  
in a new born baby  
**330**

Name of the person  
who first drew the  
world map  
**Thalami**

Country without  
theatres  
**Bhutan**



Country that  
stands first in plant  
production  
**Netherlands**



Life span of a  
housefly  
**28 days**



A mammal  
without teeth  
**Anteater**



An animal  
without lungs  
**Ant**



An aquatic animal  
that doesn't  
drink water  
**Dolphin**



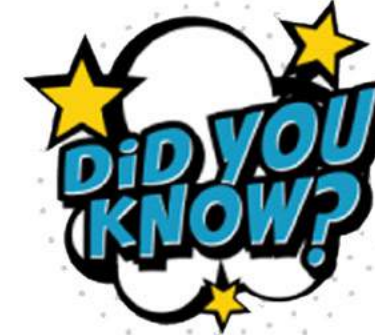
An animal which  
has the longest  
life span  
**Crocodile**



World's largest  
lizard's name  
**Komodo  
Dragon**



# INTERESTING FACTS ABOUT MATHMAGIC!



The number on opposite faces of a dice  
will always add up to 7.



Adeena Aga  
9-E

**Zero** is the only number that cannot be represented in  
Roman Numerals.

From the numbers 0-1000  
the letter 'A' only appears in **1000 (one thousand)**.



Every odd number has 'e' in it - **nine, thirteen, seven**

**Forty** is the only number name that is spelt with letters arranged  
in alphabetical order.



There only two prime numbers that end with a 2 or 5,  
namely **two and five**

**Nine** is considered to be a magic number  
as the sum of the digits of its multiples will always give 9.

$$(9 \times 8 = 72 \rightarrow 7 + 2 = 9)$$

$$(9 \times 12 = 108 \rightarrow 1 + 0 + 8 = 9)$$

$$(9 \times 32 = 288 \text{ and } 2 + 8 + 8 = 18 \rightarrow 1 + 8 = 9)$$



*'I'll come back in a jiffy'.*

**Jiffy** is an actual unit of time that is  $1/100^{\text{th}}$  of a second.

**Four** is the only number that is spelt with the same number of letters  
as the number itself.

**F O U R** - 4 letters



The symbol of division is called **obelus** ( $\div$ )



# Travelogue

## Trip to our Hometown



REEYA JAFAR 3-G  
REEMA JAFAR 6-D

Our home town is Kerala. We as a family travel to different countries every year. But due to the COVID-19 pandemic, we were all stuck in Kuwait for more than two years. In the mid of October 2021, we had a short trip to my home town Kannur, Kerala, India. We travelled to Kannur via Cochin from Kuwait. Kannur is approximately 300 km away from Cochin. Therefore, we had to travel by train for about 6 hours. During the train journey, we saw amazing sights of rivers, farming lands and forest. It was a smashing experience. Time passed so quickly that I did not realize that we had reached the Kannur railway station.

### MADAYI PARA

After reaching Kerala, we visited a neighboring village named Madayi Para (Maa-daa-ee-para), a beautiful place well known for its biodiversity. You will find the rarest plants which is only found in Madayi para. There are different insect eating plants and the place is filled with flowers of different colours. From one end of Madayi para one can oversee the Payangadi Town and from the other one will get the beautiful sight of Ezhimala.



### PALAKKAYAMTHATTU

Next day, early morning, we visited another hilly area, Palakkayamthattu (Paa-lak-kayam-thatt), near Taliparamba. It is 3,500 ft above the sea level. We could almost touch the cloud from the top of this hill!

The road towards the hill had several hairpin bends and the road trip itself was adventurous. We had to hire a Jeep, halfway to the top of the hill. After the adventurous drive, we finally managed to reach the top of the hill with an entrance fee at the gate. We were awe struck with its beauty.

We had to do trekking all the way up the hill from the entrance gate. The rocks on the way were uneven. Each time we looked down the hill, the sight was mesmerizing, but at the same time a chill ran down our spine.

When we made to the top, there were several adventurous activities such as zorbing, zipline, rope course, camping, archery, shooting and many more. It was like icing on the cake. While trying rope course, in the beginning we almost turned pale with fear. The thought of slipping and falling seemed terrifying. But dangling, because of the safety belt, was real fun. We made it through all the nine rope course activities. A soaring fun experience high up in the sky, just below the cloud! On the way back, while driving down the hill by jeep, we realized that people live on the hill top. It was like a dream come true.



# Travelogue



### KANNUR FORT

After our wonderful experience at Palakkayamthattu, we visited the historical Kannur fort which is surrounded by the sea. It was originally built in the 16<sup>th</sup> century by the Portuguese and modernized by Dutch in the 18<sup>th</sup> century. The fort has a lot of secret rooms, tiny holes and many mysteries. That area gave us the creeps. The visit to the fort was a fascinating experience. Each time we looked around, we saw a passage way that we hadn't noticed before. We even saw a few cannons, though there were no cannon balls inside. It was a great experience.

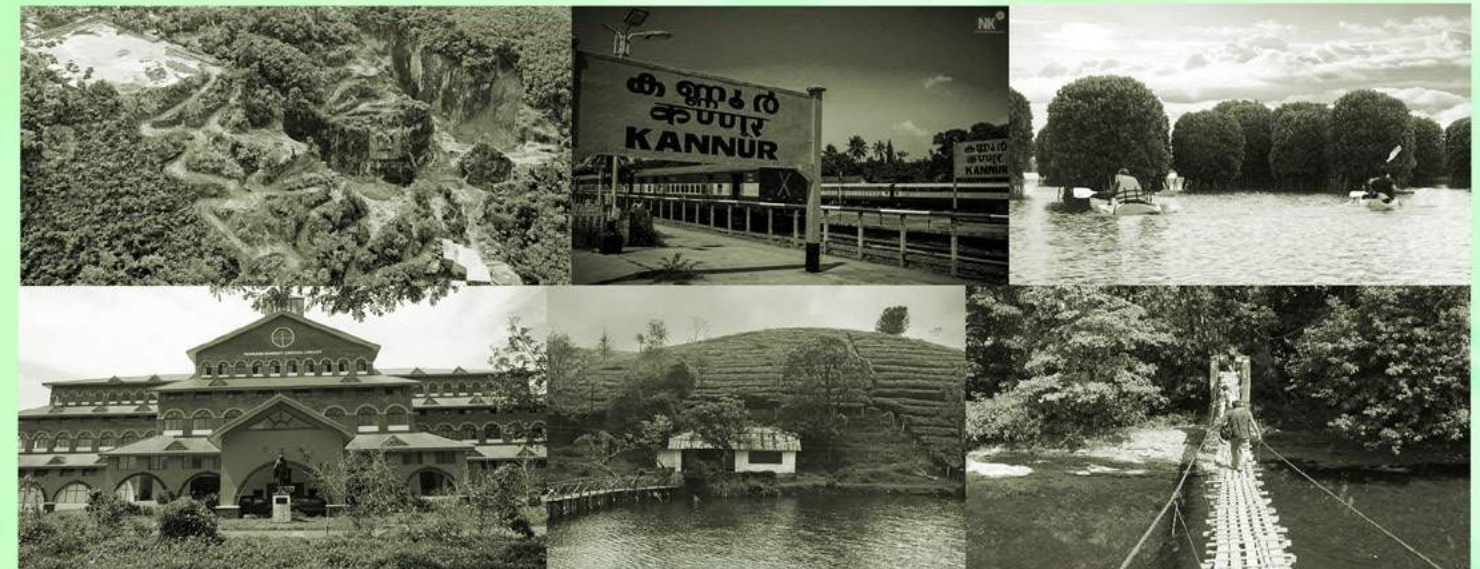
### CHOOTTAD BEACH

We visited the beautiful Choottad (Choo-taad) beach near Puthiyangadi, Kannur. Unlike the beaches we see here in Kuwait, the waves were so high and violent. We were playing around with sand and water. One side of the beach is surrounded by Ezhimala hill and the other by a river. This was a unique and beautiful sight. After the sun set, we saw some fishermen pulling their nets out of the sea. We went near the net, and it was filled with jumping fishes.



Finally, we had a short visit to a village waterfall. Interestingly this is just a few kilometers away from my house which we had never visited before. This water fall is known only to the local residents. It was pretty adventurous to reach there through a narrow walk way. Both the sides of the walk way were deep ponds with crystal clear water. It was music to the ear and a feast for the eyes.

**It was one of the best trips to our home town, Kannur. A trip we can never forget. We are looking forward for our next trip to explore more around our village.**





# MUST TRY RECEPIES it's cooking time!

## INGREDIENTS

### For the Cake:

- \* 1 1/2 cups sugar
- \* 1/2 cup unsalted butter, softened
- \* 2 large eggs
- \* 1 tablespoon white vinegar
- \* 2 teaspoons royal blue paste food colouring
- \* 1 toothpick violet paste food colouring
- \* 1 teaspoon vanilla extract
- \* 2 1/4 cups cake flour
- \* 2 tablespoons unsweetened cocoa powder
- \* 1 teaspoon baking soda
- \* 1 teaspoon kosher salt
- \* 1 cup buttermilk

### FOR THE CREAM CHEESE FROSTING:

- \* 1 pound powdered sugar
- \* 1/2 cup unsalted butter, softened
- \* 8 ounces cream cheese, softened
- \* 1 teaspoon vanilla extract

### STEPS TO MAKE IT

- \* Gather the ingredients.
- \* Preheat oven to 350 degree F. Grease and flour two 9-inch round cake pans. Set aside.
- \* To make cakes, cream sugar and butter in a large mixing bowl until light and fluffy.
- \* Add eggs, one at a time, beating well after each addition.
- \* Add white vinegar, royal blue and violet food colouring, and vanilla extract.
- \* In another bowl, whisk together cake flour, cocoa powder, baking soda, and salt.
- \* Add dry ingredients to creamed mixture alternately with buttermilk, beating well after each addition.
- \* Pour into prepared baking pans. Bake for about 20 to 25 minutes until a toothpick inserted in the center comes out clean.
- \* Cool cake layers for 10 minutes before removing from pans to wire racks to cool completely.
- \* To make frosting, combine powdered sugar, butter, cream cheese, and vanilla in a large bowl. Beat until smooth.
- \* Place first cooled cake layer down on a serving platter or cake stand. Frost first layer and then top with second cake layer. Frost top and sides and refrigerate until ready to serve.

### HOW TO STORE AND FREEZE

- \* Leftover blue velvet cake should be tightly wrapped and stored in the fridge for up to three days.
- \* The cakes can also be made ahead of time. Wrap them tightly and store at room temperature for up to three days.
- \* To freeze the cakes, let them cool completely and wrap tightly in plastic wrap followed by aluminium foil. Freeze for up to two months. Defrost in the fridge before frosting and serving.

## Blue Velvet Cake



## SPICY CHICKEN SATAY STICKS

*Indian and American food, do they go together? Well, I am no food critic to answer, but some combinations that I have tried, turned out delish! So, I would like to share with you all a similar recipe which is originally American with Indian taste.*

### INGREDIENTS

- 2 chicken breasts
- 1 handful mint
- 2 handful coriander
- 3 green chillies
- 1 1/2 tsp Garam masala
- 2 tsp salt
- 1 tsp pepper
- 1 Tomato (cut into 1-inch pieces)
- 1 Onion (cut into 1-inch pieces)
- 1 Green capsicum (cut into 1-inch pieces)
- 1 spoon curd

### METHOD

- Cut chicken breast into small size cubes. Make small cuts (not too deep) so that the marination can seep into them. Sprinkle a pinch salt and keep aside.
- Take mint and coriander in the ratio of 1:2 with 3 green chillies and grind to form a thick paste.
- Add garam masala, salt, pepper, chaat masala (optional) and 1 spoon of curd and mix it in the marination paste.
- Marinate your chicken and keep covered overnight in the fridge.
- Take a satay stick and put the veggies and chicken cubes one by one.
- If you are doing this on a grill, then make sure to keep brushing the chicken sticks once it becomes dry.
- Take a grill pan and add little oil and put satay sticks. Cook them for about 45 seconds each side until they are golden brown.
- Once cooked, squeeze a little lemon juice on top.
- Serve with fresh summer salad and enjoy!



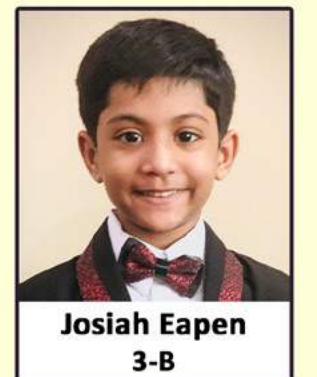
### INGREDIENTS

- Digestive Biscuits - 20
- Butter - 1/4 cup
- Milk - 500ml
- Cocoa Powder - 3 tbsp
- Cornstarch - 6 tbsp
- Vanilla Essence - 1 tbsp
- Sugar - 1 cup
- Flakes chocolate - 4

### METHOD

- Powder the biscuits, add melted butter into it and mix well.
- Transfer the mix into a bowl, press it nicely, and refrigerate for 5 minutes.
- Into a pan, add half a portion of milk, cornstarch, and sugar.
- Cook it till it gets thick, then add vanilla essence and mix.
- Pour it over the biscuit base and refrigerate for 10 minutes.
- Into a pan, add the remaining portion of the milk, cornstarch, cocoa powder, and sugar.
- Cook it till it gets thick.
- Now pour it on top of the milk layer, refrigerate for 10 minutes.
- Decorate the top layer with powdered flakes chocolate and enjoy!

## NO-BAKE THREE Layer Pudding





# Life through a Lens



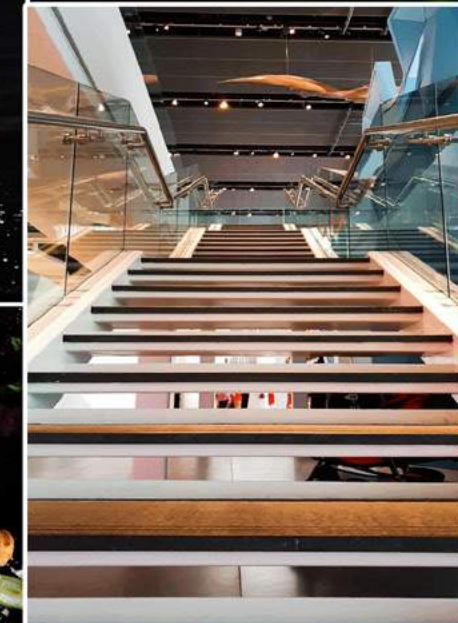
**ISRAA FATEMA**  
10-D



# Life through a Lens



**ANKITA BIPIN**  
10-D





# Life through a Lens



**SEHRISH KHAN**  
6-A



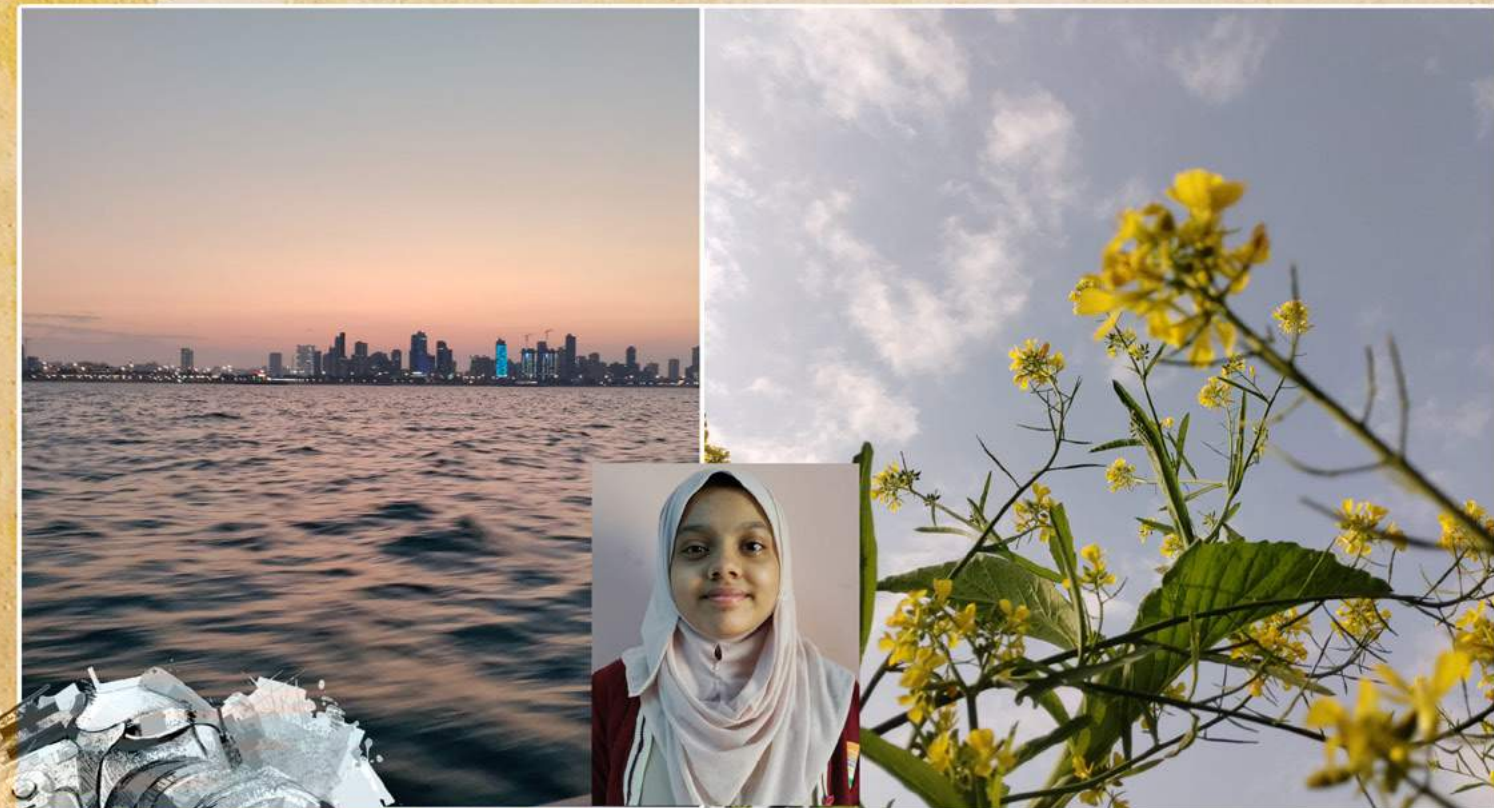
**JOANNA ELSA**  
9-B



# Life through a Lens



**CALEB KURIAN**  
10-C

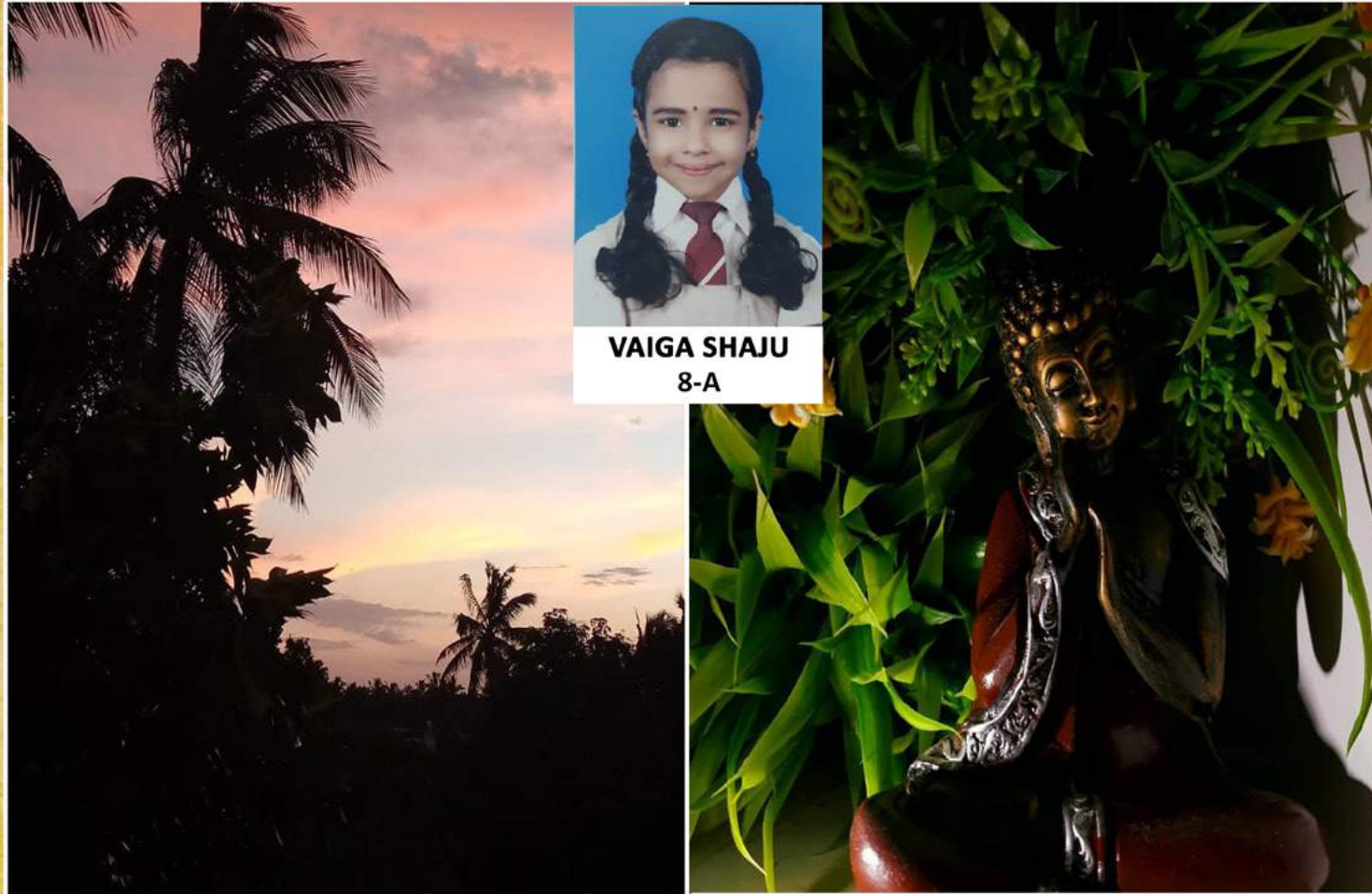


**SHEEZA FATIMA**  
8-C





# Life through a Lens



VAIGA SHAJU  
8-A



# WINNERS OF THE INTERBRANCH PHOTOGRAPHY COMPETITION CONDUCTED BY ICSK SENIOR



AYESHA OMER  
8-D



SAMAIRA .K.  
6-B



AARON D'MELLO  
10-D

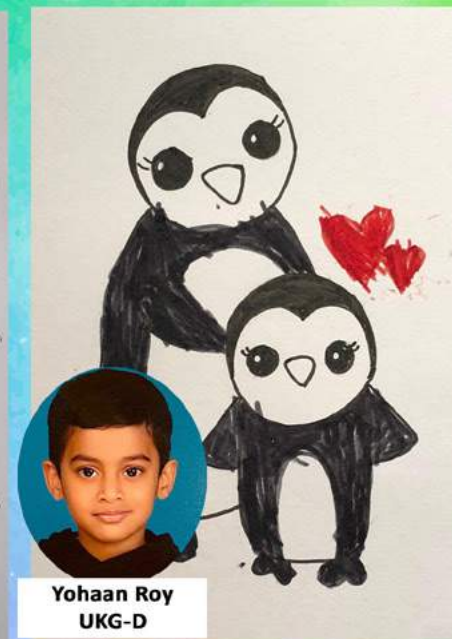
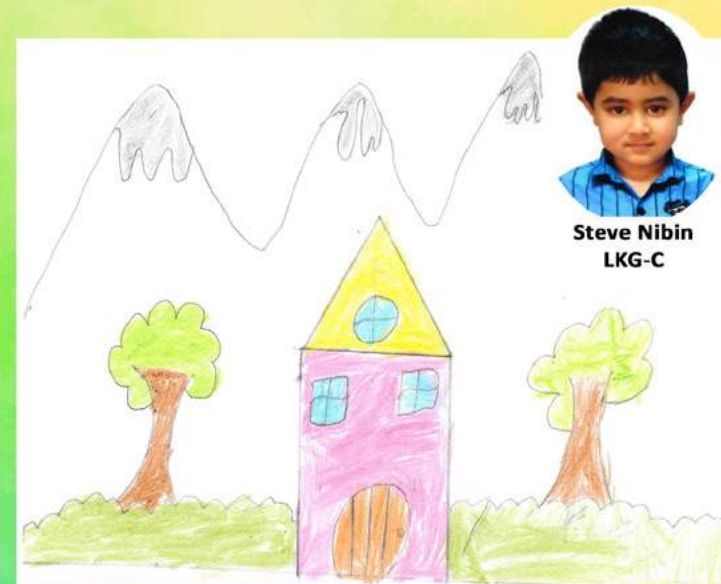
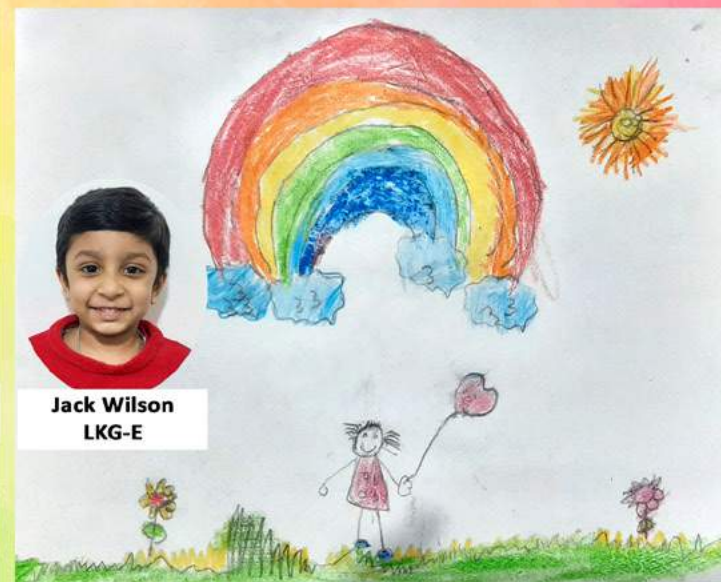


MUSTHAFA .M  
10-C

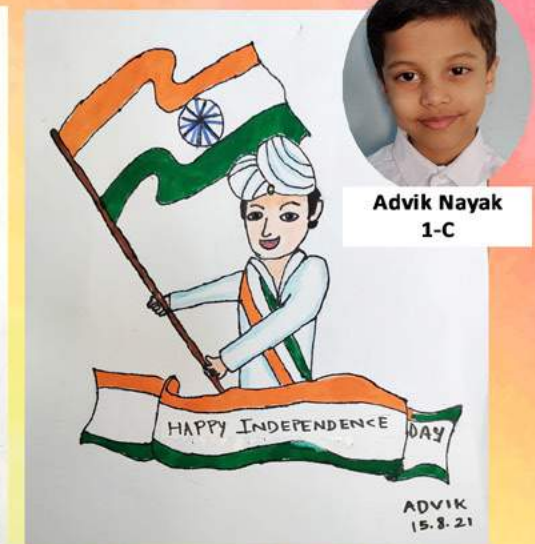




# Creativity with Colours

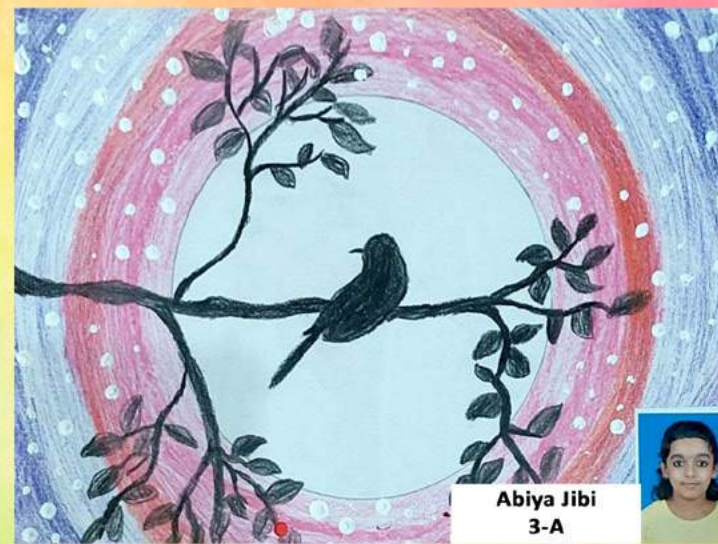


# Creativity with Colours

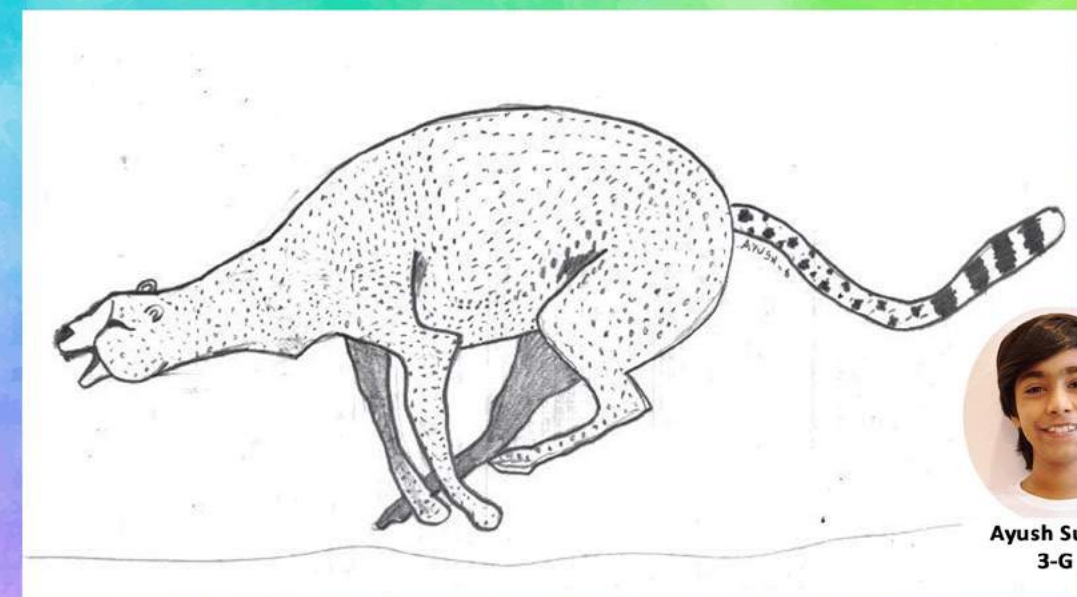
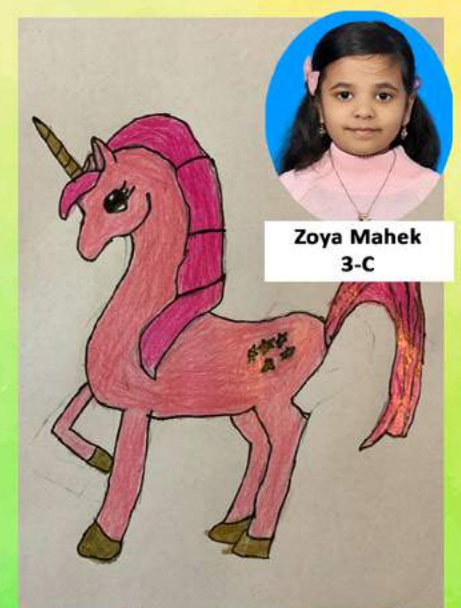




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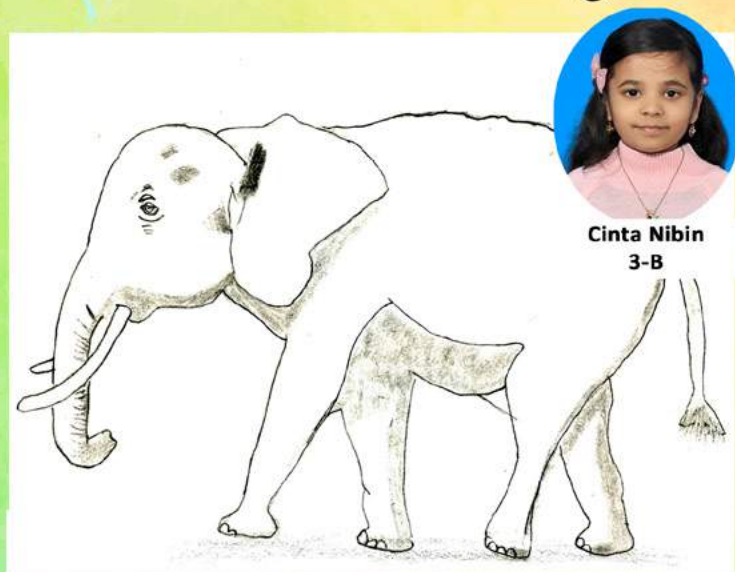


# Creativity with Colours





# Creativity with Colours



Cinta Nibin  
3-B



Anam Omar  
3-A



Nathan Denis  
4-B



Avantika Hari  
4-G



# Creativity with Colours



Jayavardhini  
4-G



Niyati Anil  
4-C



Nouril Althara  
4-E



Jeremy Sijomon  
4-G



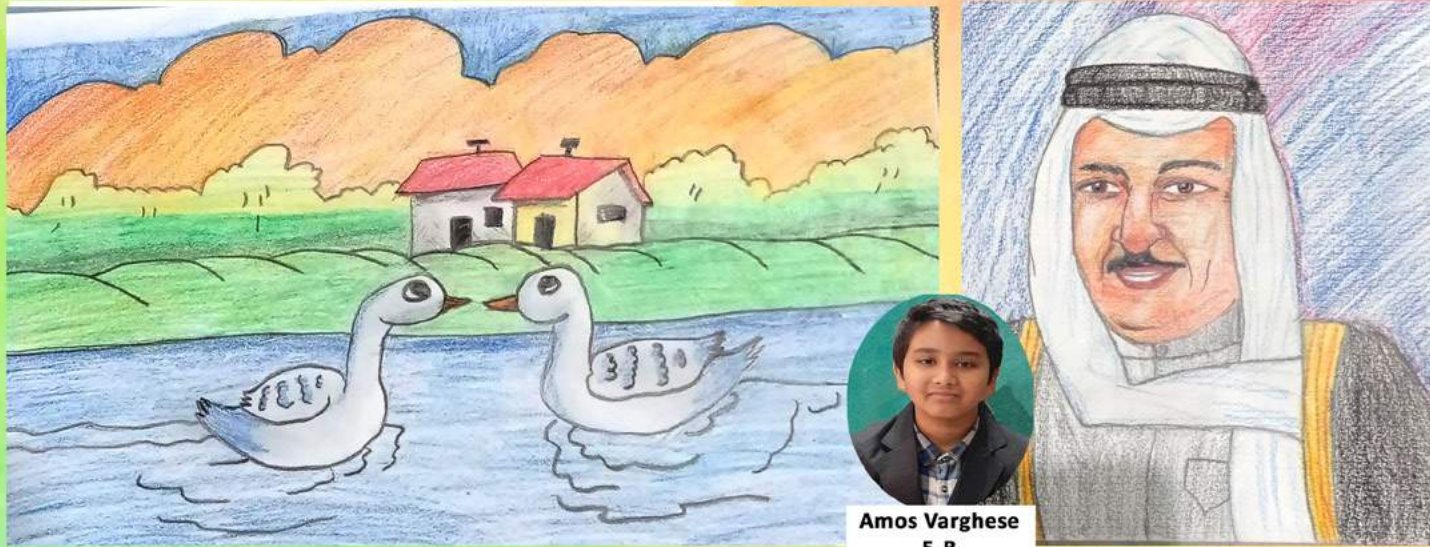
Nathaniel Roy  
4-E



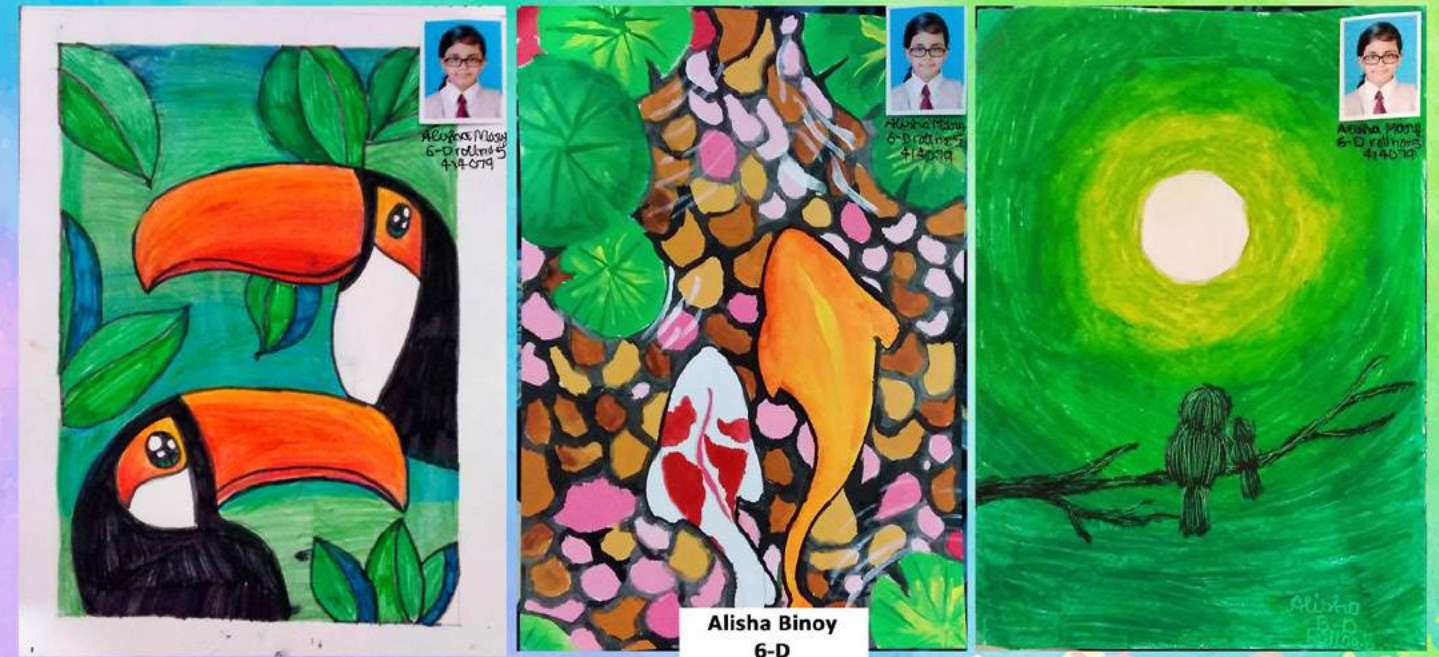
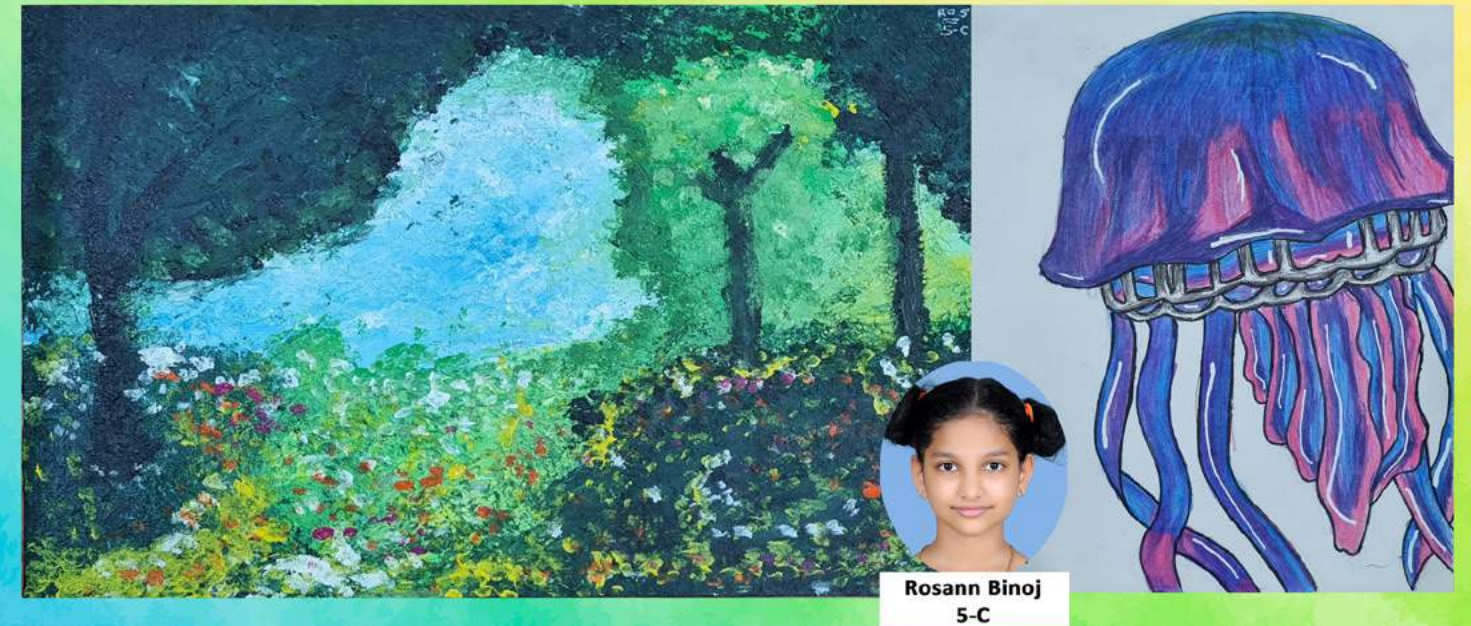
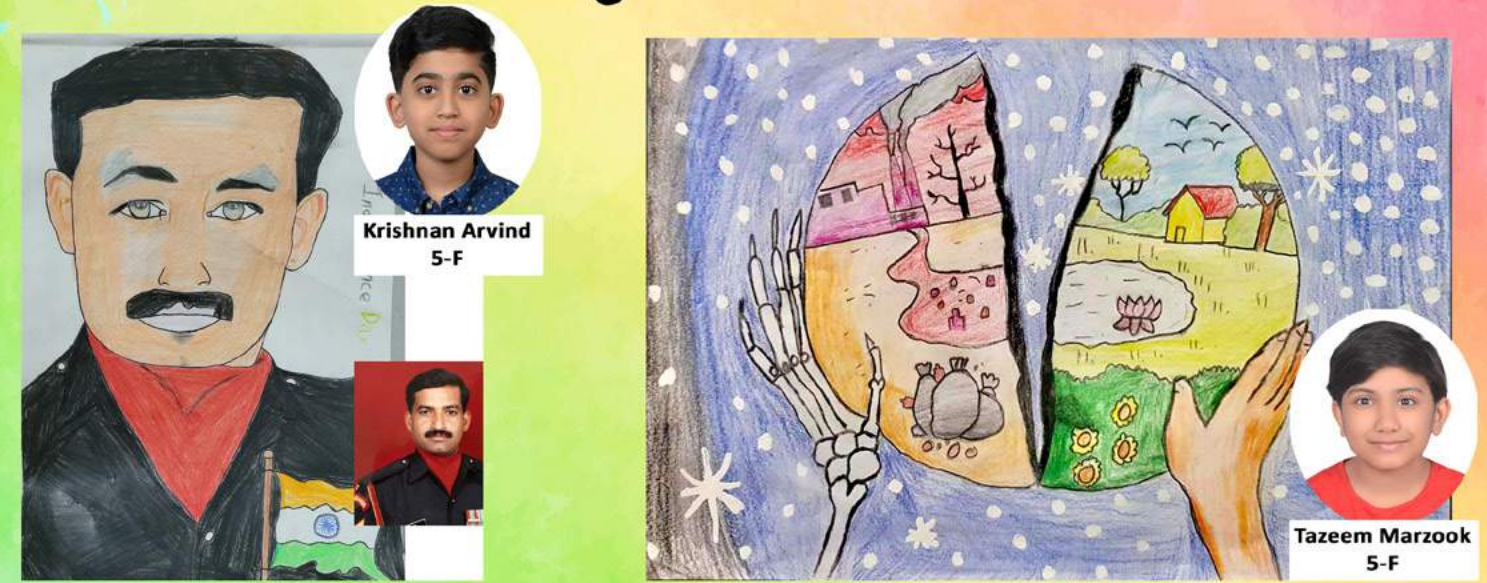
Agnes Joji  
5-D



# Creativity with Colours



# Creativity with Colours

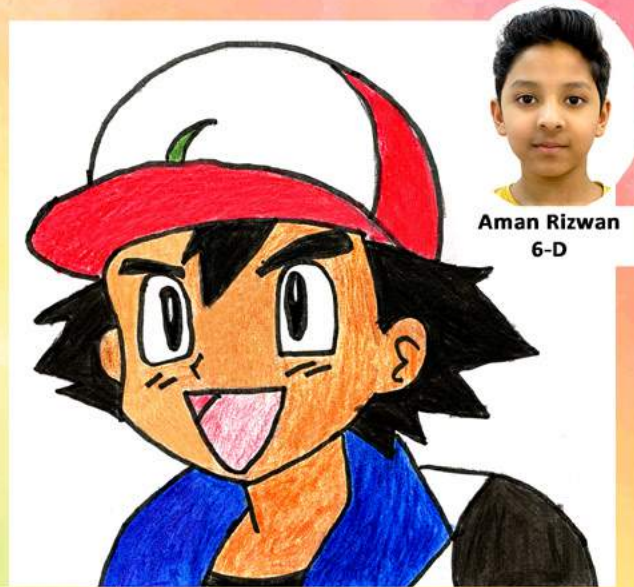




# Creativity with Colours



Reema Jafar  
6-D



Aman Rizwan  
6-D



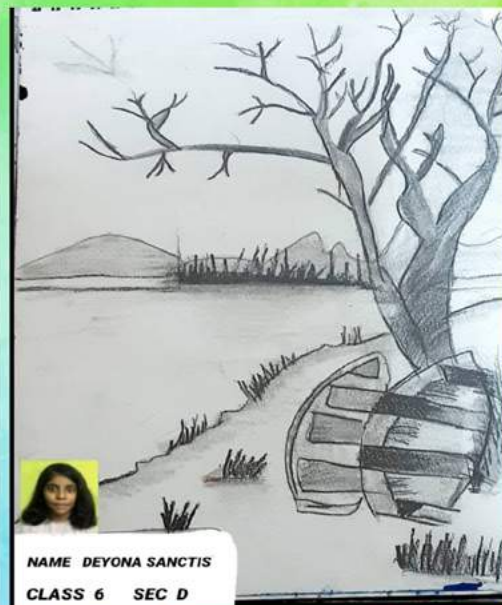
Joanna Anna  
6-A



Yashwanth Hari  
6-D

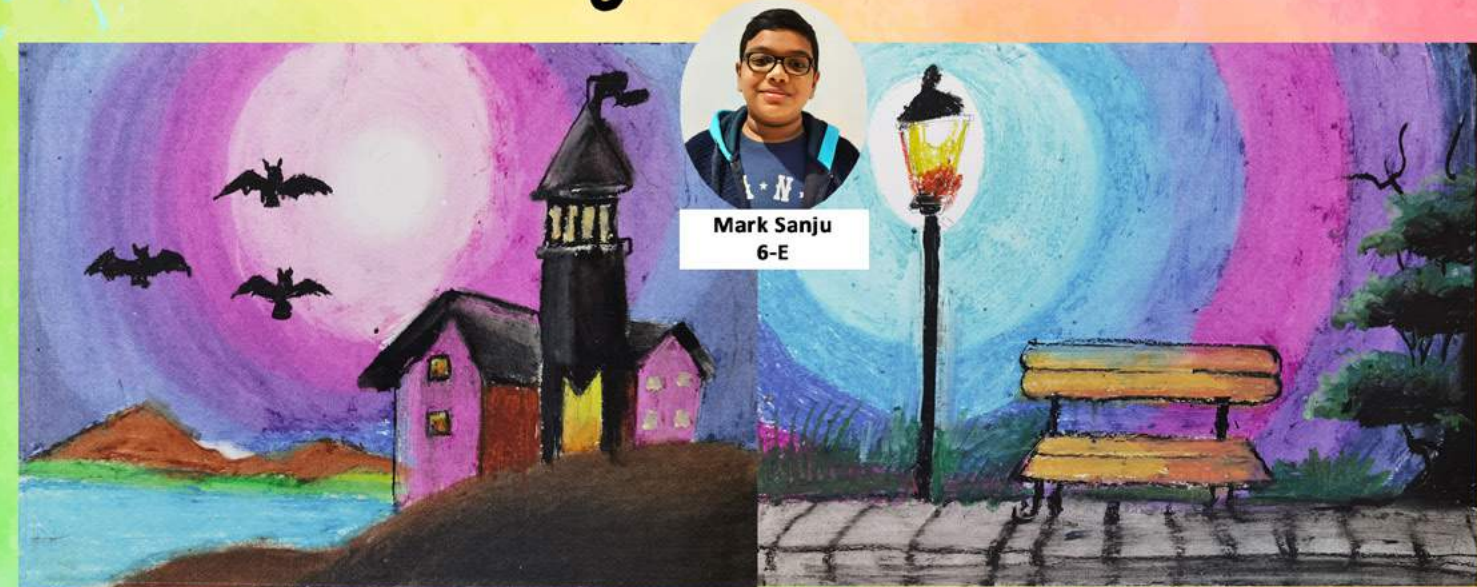


NAME DEYONA SANCTIS  
CLASS 6 SEC D



NAME DEYONA SANCTIS  
CLASS 6 SEC D

# Creativity with Colours



Mark Sanju  
6-E



Ankita Bipin  
7-D



Esther Dinjen  
7-D



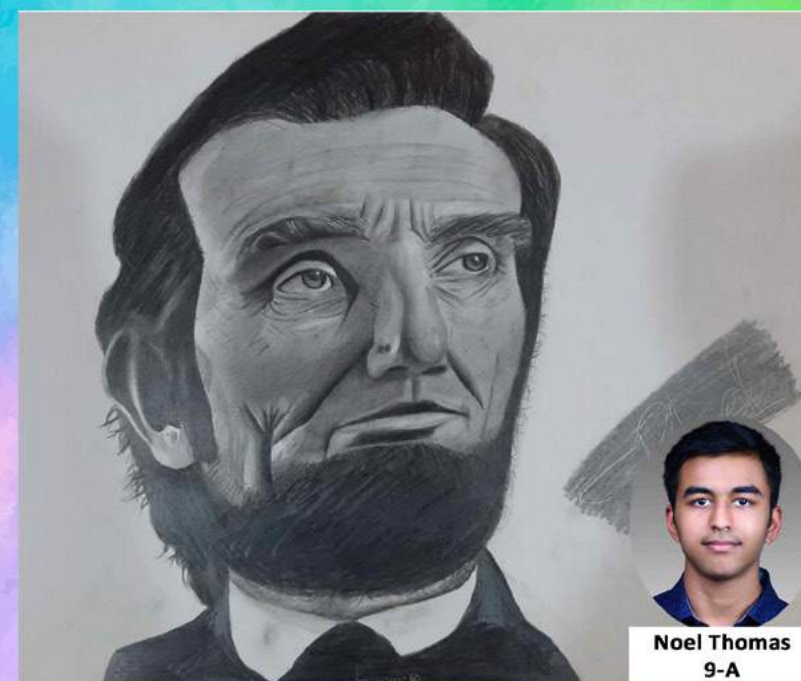
Nic  
7A  
Nicole Binoj  
7-A



# Creativity with Colours

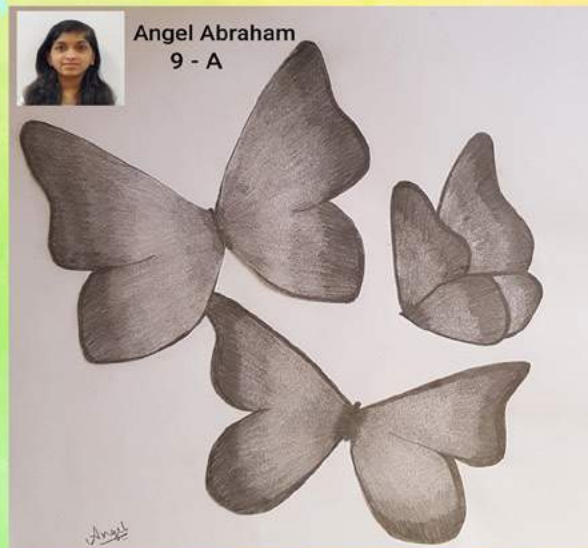


# Creativity with Colours

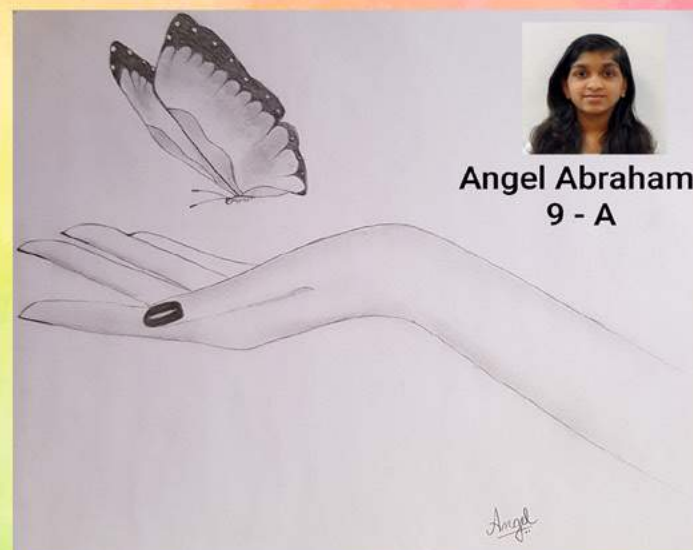




# Creativity with Colours



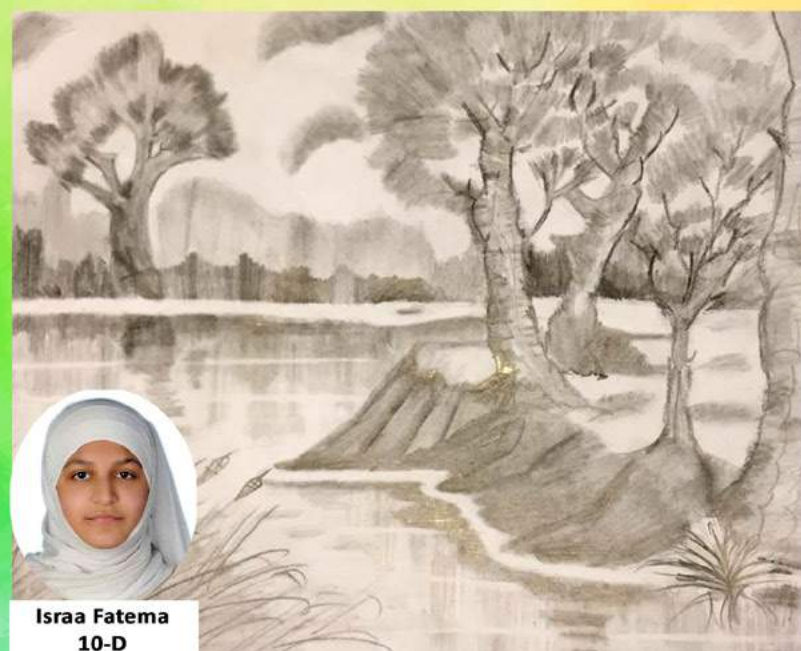
Angel Abraham  
9 - A



Angel Abraham  
9 - A



Adhya Sajayan  
10-B



Israa Fatema  
10-D



Eunice Dinjen  
10-D

# Creativity with Colours



MRS. JYOTHI  
SATISHKUMAR



MRS. SURABHI  
JAIN







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -LKG A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -LKG C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -LKG B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -LKG D







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -LKG E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG C







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -UKG F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -I A







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - I B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - I C



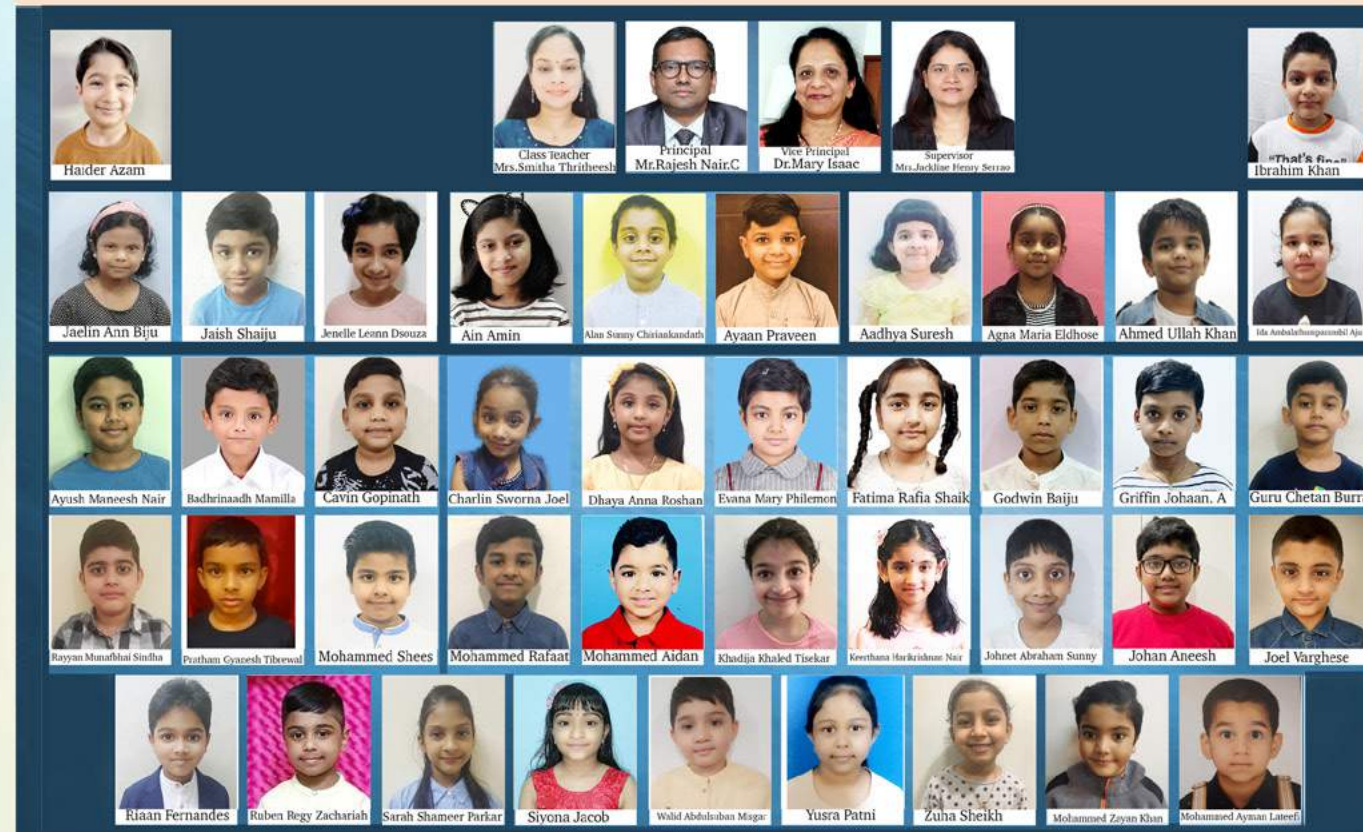
# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - I D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - I E







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -I F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -II B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -II A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -II C

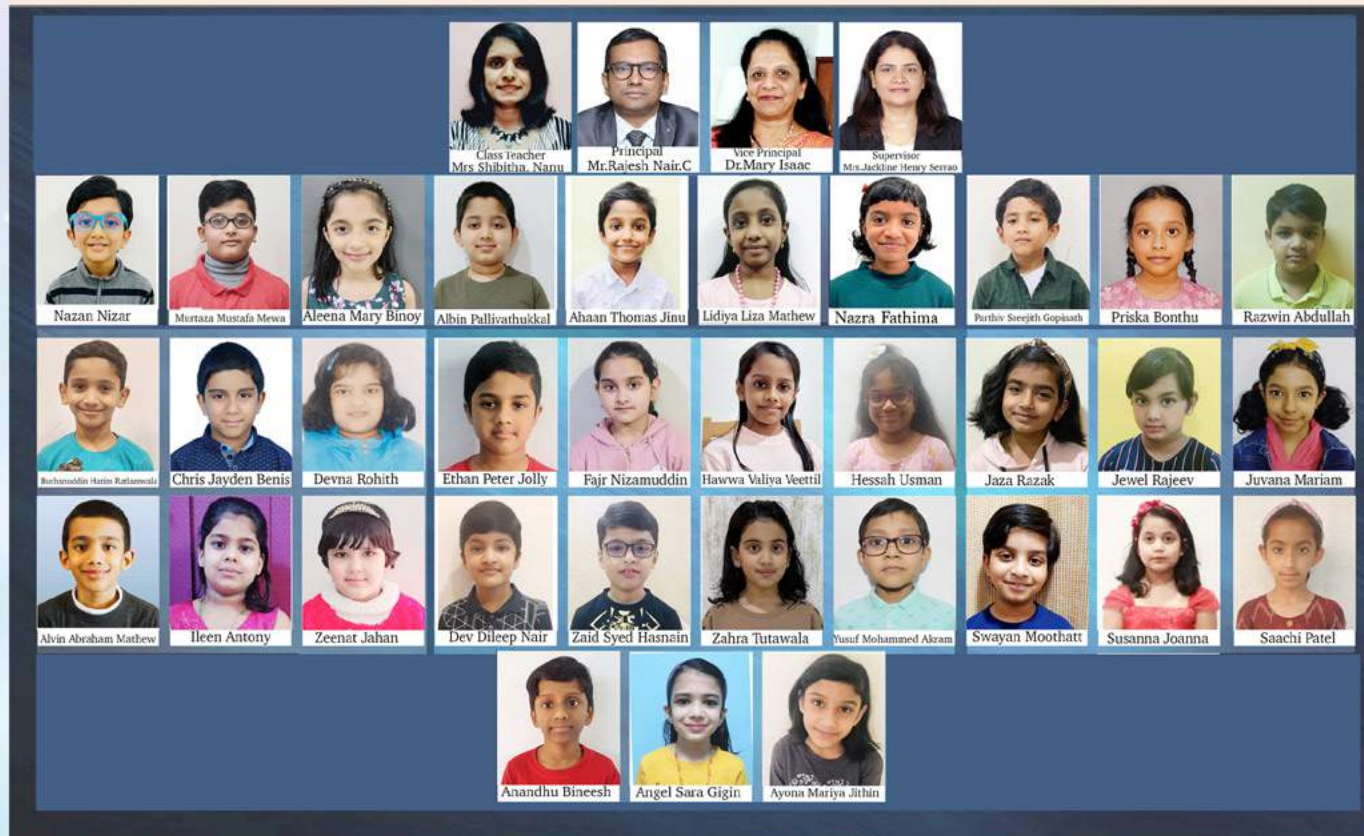






# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-II D



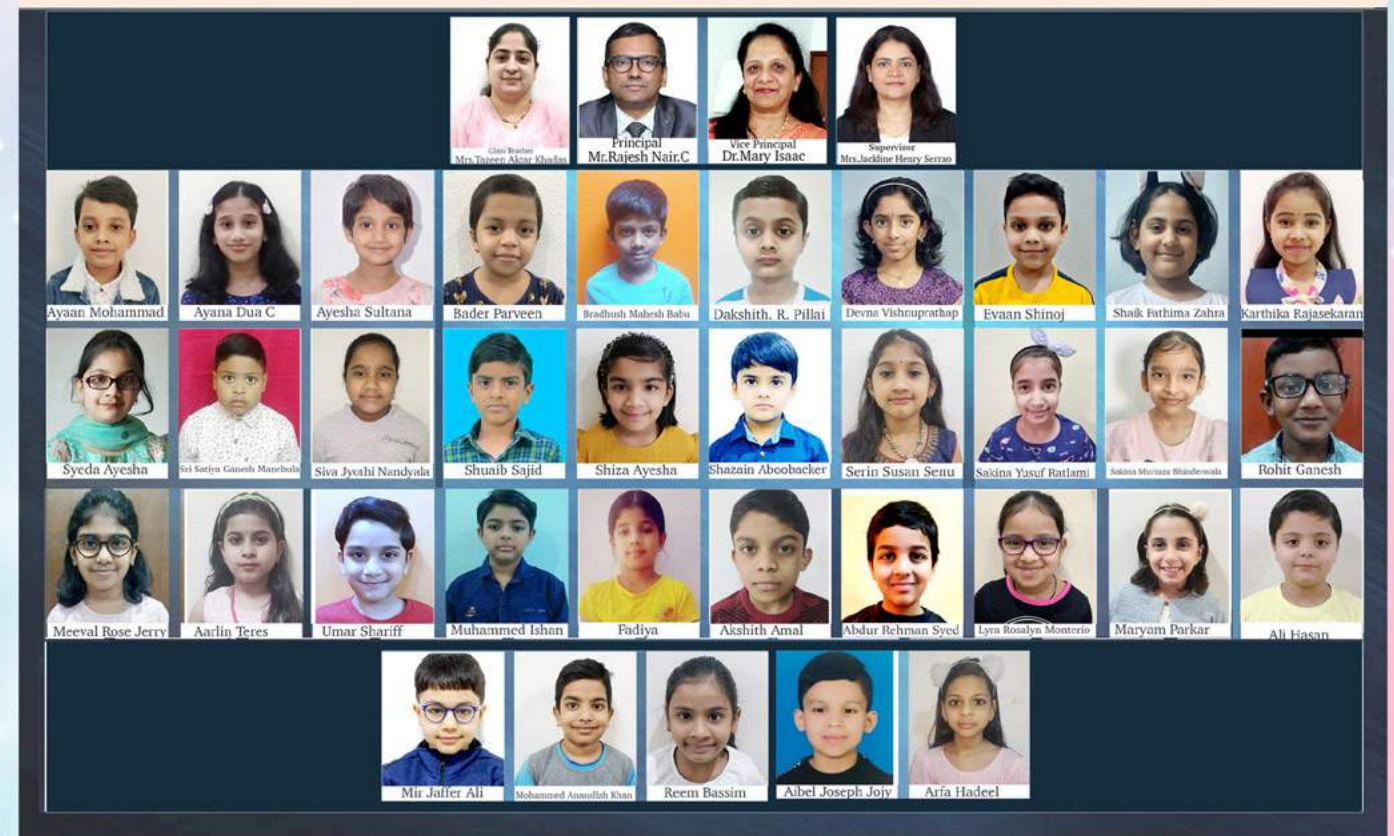
# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-II E



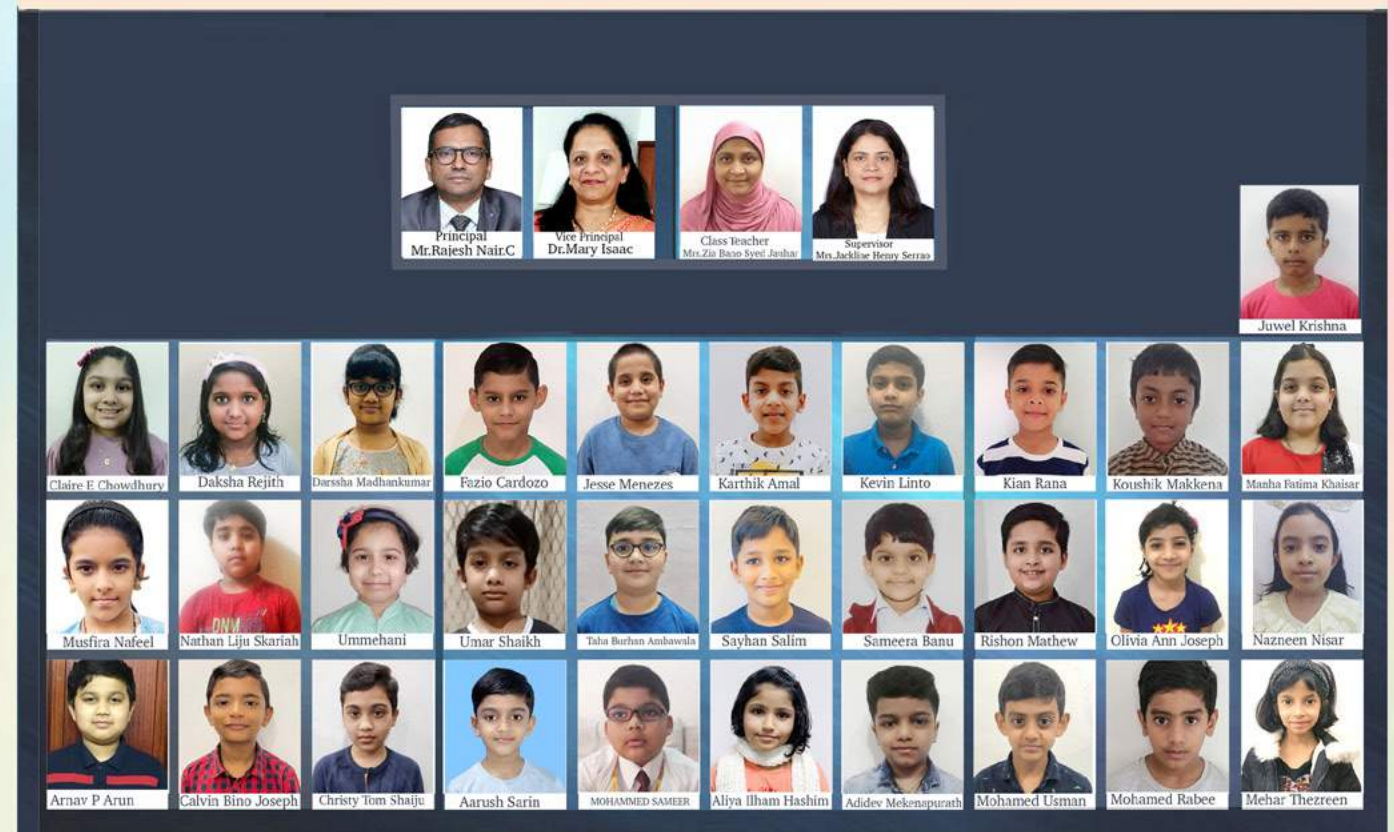
# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-II F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-II G







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III D







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III G



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -III F







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV D







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-IV G



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-V A







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-V B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-V C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-V D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-V E







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -V F



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VI A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VI B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VI C







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VI D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VI E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VII A



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VII B







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VII C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VII D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VII E



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -VIII A







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - VIII B



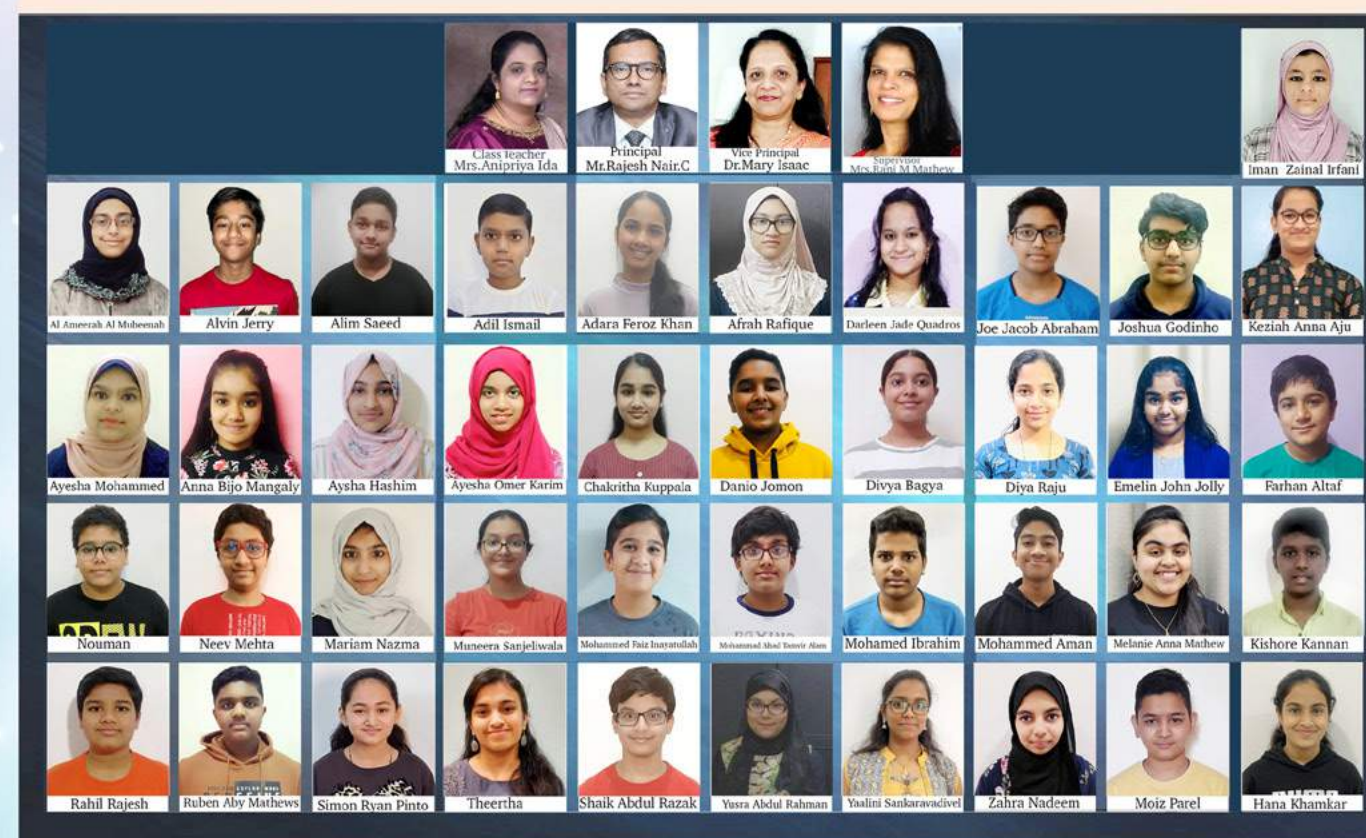
# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - VIII C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - VIII D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS - IX A







# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -IX B



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -IX C



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -IX D



# THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -IX E





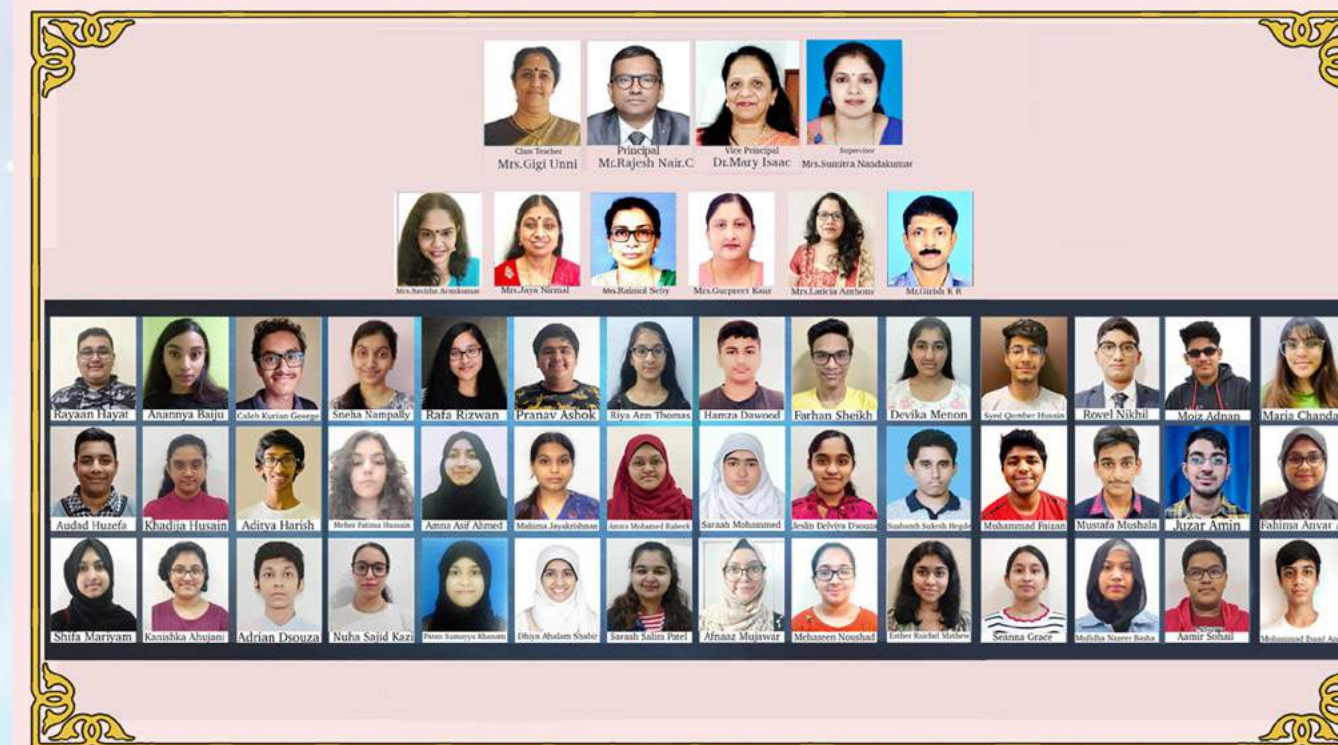


AMMAN 2021-22 CLASS -X A



THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS -X C



AMMAN 2021-22 CLASS-X B



THE INDIAN COMMUNITY SCHOOL KUWAIT

AMMAN 2021-22 CLASS-X D





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