



epics

**MONTHLY
MAGAZINE**
**THE INDIAN
COMMUNITY
SCHOOL, SENIOR
KUWAIT**
INSPIRING MINDS, ACHIEVING EXCELLENCE SINCE 1959

SEPTEMBER 2026

EMOTIONAL PHYSICAL INTELLECTUAL CULTURAL SPIRITUAL

PRINCIPAL'S MESSAGE



Dear Children,

In this September edition of EPICS, let us discuss happy hormones and their impact on our lives. Happiness is something we all seek. We often think that happiness comes from success, good marks, achievements, appreciation or material comforts. But something fascinating happens inside us every day. Our brain and body produce certain chemicals that influence how we feel, and these are commonly called happy hormones. Four important chemicals associated with happiness and well-being are Dopamine, Serotonin, Oxytocin and Endorphins.

Dopamine is connected with motivation and reward. When you complete an assignment, understand a difficult concept, achieve a goal or receive appreciation, dopamine helps create a feeling of satisfaction. This feeling motivates us to continue working towards our next goal.

Serotonin plays an important role in regulating our mood and emotional well-being. Healthy habits such as regular physical activity, spending time outdoors, getting enough sleep and maintaining positive relationships can support our overall well-being.

Oxytocin is often associated with trust, bonding and social connection. Acts of kindness, appreciation, caring for others, helping someone and spending meaningful time with family and friends can strengthen our sense of connection.

Endorphins are natural chemicals released by our brain and body that can reduce discomfort and contribute to a sense of well-being. Exercise, laughter and enjoyable activities are some of the experiences associated with the release of endorphins.

Happy Minds Learn Better

For students, emotional well-being and learning are closely connected. A student who feels safe, supported and motivated is in a better position to concentrate, participate and learn. Positive emotions can encourage curiosity and active participation. When children enjoy learning, celebrate small achievements and receive encouragement for their genuine efforts, education becomes more than just preparation for an examination. This is why we must learn to appreciate progress not only in perfection. Completing one chapter, improving by a few marks, asking a good question, helping a classmate or overcoming a fear can all be meaningful victories.

The Wonderful Power of a Smile

One of the simplest and most beautiful things we can share is a smile. Smiling and laughter are associated with positive emotional responses in our brain and body. A smile can also influence the people around us. When a teacher enters a classroom with a warm smile, students feel welcomed. When friends smile at one another, barriers become smaller. When parents greet their children happily, the atmosphere at home becomes warmer and more positive. A smile cannot solve every problem, but it can change the way we approach a problem. Positive emotions can help reduce stress and create a greater sense of calmness and confidence.

Set Your Mood, Shape Your Day

Our mood influences the way we see the world. A difficult morning can sometimes make the entire day seem difficult. But we can learn to reset ourselves. Start your day with gratitude. Exercise regularly. Sleep well. Spend time with people who encourage you. Laugh whenever you can. Appreciate others. Help someone without expecting anything in return. Break a big goal into small, achievable steps and celebrate your progress. These simple habits can support the brain and body systems involved in positive mood, motivation and well-being.

Dear students, your marks are important, but your mind, character, relationships and happiness matter too. Success without happiness can feel empty. But a healthy mind filled with curiosity, gratitude, kindness and purpose can take you much further in life. So, smile more. Move more. Appreciate more. Help more. Learn with curiosity. Celebrate small victories. Surround yourself with positivity and, above all, become a reason for someone else to smile. When we create happiness around us, we often discover more happiness within ourselves. Let us not simply chase happiness; let us build habits that help happiness grow.

Wishing you all the very best.

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Editors' Note

Dear Readers,

A warm welcome to the September 2026 edition of EPICS!

September brings a special sense of excitement to our school community as our students return to the campus after the summer vacation and a long period of online learning. The familiar corridors once again echo with laughter, conversations, friendship, and the joyful energy of being together. This return to campus marks a wonderful opportunity to reconnect, rediscover the joy of learning together, and create new memories.

This edition of EPICS brings together a wonderful collection of articles, achievements, creative expressions, school events, and inspiring moments from across our school community. Each page reflects the curiosity, talent, dedication, and enthusiasm of our students and teachers. Through their contributions, we are reminded that education extends beyond the classroom and grows through experiences, creativity, collaboration, and meaningful connections.

I sincerely appreciate the efforts of all our contributors and the EPICS team for their continued support and commitment. Your valuable contributions help EPICS remain a vibrant platform that connects, celebrates, and inspires our school community.

As we settle back into campus life, let us embrace every opportunity to learn, participate, connect, and grow. May this new chapter of being together bring renewed enthusiasm, meaningful experiences, and many moments to cherish.

We look forward to receiving more articles, artwork, photographs, and creative ideas for our upcoming editions. Please send your contributions to

epicseditor@icsk-kw.com.

Wishing everyone a joyful, successful, and enriching return to campus.

Happy reading!

With warm regards,

Mrs. Sreelakshmi
Editor



Mrs. Sreelakshmi Sandeep



Mrs. Tintu Wilson



WELCOME BACK TO CAMPUS – A JOYFUL NEW BEGINNING

The Indian Community School, Kuwait warmly welcomed the students of Classes VI, VII and VIII back to the school campus on Sunday, 30 August 2026, following a challenging period of online learning. The return of the students brought back the laughter, energy, friendship and excitement that make the school campus a vibrant and happy place.

The school had planned a special and memorable welcome for the students. Class teachers and subject teachers warmly received the children at the main gate and welcomed them with chocolates, creating an atmosphere filled with joy and enthusiasm. A cheerful mascot was also present to greet the students and add to the excitement of the occasion.

A unique highlight of the program was the inauguration of the "Welcome Back to Campus" celebration by the first student to arrive at school at 6:55 a.m. The student, Leroy Chris Monserrate of Class 7F, had the honor of inaugurating the special welcome-back initiative, making his early arrival a memorable moment for the school community.

The campus was beautifully decorated with colorful elements and special activities. Wish Tree was set up where students could share their wishes, hopes and positive thoughts as they began the new chapter. The presence of a live musical band with various instruments added rhythm and energy to the celebrations, creating a lively and festive atmosphere.

Students were encouraged to return with confidence, hope and a smile and to embrace the new beginning with positivity, kindness, courage and care for one another. The colorful attire, warm greetings, music, mascot and enthusiastic participation made the day truly special.

The welcome-back program was more than just a return to the classroom; it was a celebration of togetherness, friendship and new beginnings. With the campus once again filled with the cheerful voices of students, ICSK looked forward to a positive, inspiring and memorable academic journey ahead.





A Joyous Celebration of

Birthdays

For the first time in the history of ICSK, a special birthday celebration was organised for the students of Classes 6, 7 and 8 whose birthdays fell in the months of June, July and August. The celebration was held in the school auditorium, bringing together a large number of students for a joyful and memorable occasion.

The event was graced by the presence of our respected Principal, Dr. V. Binumon, who personally conveyed his warm birthday wishes to the students. He presented each birthday student with a birthday card and chocolates, making the celebration truly special and memorable.

The auditorium was filled with excitement, happiness and cheerful moments as the students came together to celebrate their birthdays with their friends and teachers. The initiative was a thoughtful gesture that made the students feel valued and appreciated as an integral part of the ICSK family.

This first-ever birthday celebration at ICSK marked the beginning of a wonderful new tradition. It was a heartwarming occasion that created lasting memories for the students and reflected the school's commitment to making every child feel special.



Bidding *Farewell* with Gratitude

A heartfelt send-off was organized at Indian Community School, Kuwait (ICSK) on 10 June 2026 to honour and bid farewell to four valued members of the teaching fraternity — Mrs. Rucha Shrikhande, Mrs. Hephziba, Ms. Arshiya, and Mr. Riyas.

The gathering began with a warm welcome by the Staff Club Secretary Mrs Musarrat Parker who welcomed all the staff members and expressed gratitude for their presence. In the absence of the Principal, Dr. V. Binumon, Mrs. Susan Rajesh, Duty Vice Principal, addressed the gathering and shared words of appreciation and encouragement for the departing teachers.

The teachers being honored also shared their heartfelt thoughts and memories through speeches. They spoke about their experiences at ICSK and the wonderful memories they had created with their colleagues and students.

As a gesture of appreciation and recognition of their valuable contributions to the school, mementoes were presented to the departing teachers. The moments of honor were filled with warmth, gratitude, and nostalgia as colleagues came together to celebrate their journey at ICSK.

The occasion concluded on a memorable note, with the entire staff extending their heartfelt wishes for Mrs. Rucha Shrikhande, Mrs. Hephziba, Ms. Arshiya, and Mr. Riyas for continued success, happiness, and fulfilment in their future endeavours.





Inside the World of Journalism: A Summer Internship Experience

The Summer Internship with Kuwait Times concluded on Monday 31st August, 2026 honouring the achievements of its editorial interns following a month long involvement into the inner workings of journalism. Throughout the program, the interns developed an idea into technical media skills while learning to adjust with the daily demands of newsroom life. The team was provided with press coverage tasks to be completed within the period of internship, gaining them a view of the real-world journalism and fast-paced writing skills for newspaper production.

The cohort was also given the chance to explore the printing press at the workplace, equipping them with an idea of how Newspapers are printed and distributed locally. On the other hand, Mrs. Sahar Moussa (Journalist at Kuwait Times) had a chat with the team on her experience of Social Media gaining attention nowadays and the impact it creates in our daily lives.

The Group also attended meetings with Mr. Shakir (Managing Editor), Mr. Chidi (Deputy Managing Editor) and Mr. Sajeev (Journalist) to gain insights on the news collection, writing, editing, layout, and production of a Newspaper.

Beyond acquiring core journalism skills, the interns gained vital personal growth through real-world challenges and interviews. Exposure to long hours, unfamiliar group members, and new tasks pushed the young workers outside their comfort zones, developing self-reliance and problem-solving abilities.

Co-authored by Mrs. Nibal (journalist) and Mrs. Passant (journalist) an article published by Kuwait Times, the piece emphasizes how hands-on experience helped the team build confidence and discover their true voices within the media industry.

The final day celebration features the certification ceremony along with an after-party of custom cakes and catered arrangements, marking the end of their practical training.



A VIBRANT WELCOME BACK ASSEMBLY MARKS THE RETURN FROM VACATION

The General Assembly was conducted to warmly welcome students back to school after the vacation. The programme was hosted by Joanna (XII/H) and Hussain (XII/G), who opened the assembly with an inspiring thought on making wise choices today for a better and brighter future.

The formal proceedings began with a Quranic recitation by Saalim (XII/H), followed by the school prayer sung by Swaranjali. The flag was hoisted by Raed, while Anand led the salutation. The Kuwait National Anthem was then rendered with due respect and pride. The Word and Thought of the Day were presented by Hania and Fareeha, followed by a news segment and the Indian Pledge. Mrs. Saritha then shared a positive affirmation, setting an encouraging and optimistic tone for the new academic term.

The assembly soon transformed into a vibrant celebration of talent and creativity. An instrumental performance led by Heaven captivated the audience, followed by an energetic dance performance by the talented student dancers. A lively fashion show added colour and excitement to the programme, creating a memorable "Welcome Back" atmosphere.

Adding a thoughtful dimension to the celebration, Zainab addressed the students and reminded them of the importance of taking their education seriously and making wise and informed choices about their future careers.

The programme culminated in an inspiring and motivational address by the Principal and Senior Administrator, Dr. V. Binumon. He

encouraged students to turn their attention back to their studies after a refreshing vacation, remain committed to completing the syllabus, and actively participate in the new changes, programmes and activities that the school campus would soon witness.

The assembly concluded with a formal note of appreciation from the hosts, who expressed their gratitude to the class teachers, Mrs. Musarrat Parkar and Mrs. Jeannie Ann George, as well as the school management, for their guidance and support in making the assembly a meaningful and memorable beginning to the new academic journey.



ICSK WRITERS SHINE IN INDEPENDENCE DAY SPECIAL

Indian Community School, Kuwait – Senior proudly celebrates the achievement of its students whose articles were featured in **TIRANGA – the Independence Day Special Supplement** published by **IndiansinKuwait.com (IIK)** on **15 August 2026**. Five talented students—**Mishka Kishan Gajjar (8-E)** with **Sardar Vallabhbhai Patel – The Iron Man of India**, **Meris Mary Bijo (12-B)** with **India Beyond Borders**, **Afia Shaikh (11-B)** with **The Freedom Struggle**, **Blessy Juliet Joel (12-B)** with **The Smallest Soldier**, and **Joyce Liz Mathew (12-E)** with **The “Indian Style” of Progress**—had their works published, reflecting their creativity, writing skills, and patriotic spirit. Their contributions beautifully highlighted India’s freedom, heritage, identity, and progress, making this recognition a proud moment for the students and the school. **ICSK congratulates the young writers on this remarkable achievement and wishes them continued success in their literary pursuits.**





Lychee

Lychee is so good because it has a unique, intensely sweet, and floral flavor combined with a juicy, refreshing texture. People often describe the flavor as a mix of grape, pear, and watermelon with a distinct floral finish. The translucent white pulp is tender, smooth, and bursts with sweet juice in every bite.

Health Benefits



Vitamin C

A single serving provides a massive boost of vitamin C to support your immune system.



Boosts Immunity

A single serving provides a large amount of vitamin C, an essential nutrient that helps protect cells and supports white blood cell function.



Aids Digestion

Dietary fiber in lychees adds bulk to stool, promoting regular bowel movements and preventing constipation.



Provides Antioxidants

The fruit contains high levels of polyphenols and plant compounds like rutin and epicatechin, which fight cell-damaging free radicals.



Supports Heart Health

Potassium and antioxidants help manage blood pressure and reduce oxidative stress on the cardiovascular system.



Hydration

The high water content in the juicy flesh makes them a very refreshing snack.



How to Enjoy Lychee

Lychee can be enjoyed raw on its own or as an excellent addition to fruit salads, sauces, desserts, and beverages; it can even be made into jelly. Before you eat or cook lychee, it's helpful to know how to select and peel this delicate fruit. To eat a litchi (lychee), peel away the rough outer skin with your fingernails, eat the sweet white flesh inside, and spit out the hard pit.



Peel the skin

Enjoy the flesh

Spit out the pit

Perfect Pairings

Lychee is commonly included in fresh fruit salads along with other tropical fruits. It pairs well with banana, coconut, mango, passion fruit, and pineapple. You can even add lychee and cashews to oatmeal for a yummy breakfast treat.



Conclusion

From supporting heart health and boosting immunity to enhancing skin health, lychee offers multiple benefits when consumed in moderation. However, like any other fruit, it's essential to enjoy it mindfully, considering its natural sugar content and potential side effects. Whether you eat it fresh, blend it into smoothies, or add it to sweet dishes, lychee can be a delicious and healthy addition to your diet. Enjoy this juicy superfruit and its many benefits!



RAINBOW NUTRIENTS: EAT THE COLORS OF HEALTH

Nature has given us a beautiful variety of fruits and vegetables in different colors. These colors are not just attractive; they often indicate the presence of different vitamins, minerals and beneficial plant compounds. Eating a variety of colorful fruits and vegetables is commonly called "eating the rainbow."

Red foods such as tomatoes, watermelon and strawberries contain nutrients and plant compounds that support heart health. Orange and yellow foods such as carrots, pumpkin, oranges and mangoes provide nutrients such as beta-carotene and vitamin C, which are important for healthy eyes and immunity.

Green vegetables like spinach, broccoli and peas are rich in vitamins, minerals and fibre. Blue and purple foods such as blueberries, grapes, purple cabbage and brinjal contain colorful plant compounds called anthocyanin. White foods such as garlic, cauliflower and onions also contain useful plant compounds.

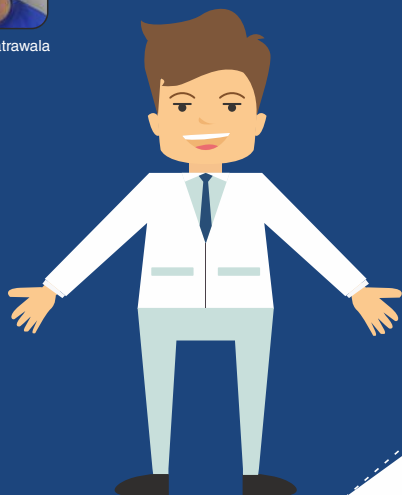
The real secret is variety. No single fruit or vegetable provides every nutrient our body needs. Including different colors in our meals helps us enjoy a wider range of nutrients and plant compounds. Research also suggests that greater variety in fruit and vegetable colors may offer additional health benefits.



THE POWER OF SMALL HABITS: HOW TINY ACTIONS SHAPE BIG SUCCESS



Mufazzal Patrawala
7-A



As students, we often think success comes from last-minute effort or sudden motivation. In reality, success is built through small, consistent habits that we practice every day.

Small Habits, Big Impact

A habit is something you do regularly without much thought. It may seem unimportant at first, but over time, these actions add up.

For example:

- Studying for just 20 minutes daily is more effective than cramming before an exam
 - Reading a few pages every day can lead to finishing many books in a year
 - Practicing a skill consistently leads to steady improvement
- These small efforts may not show results immediately, but they create long-term growth.

Why Consistency Matters

Many students feel motivated at the beginning but lose focus over time. The problem is not lack of ability, but lack of consistency.

Doing something once in a while will not make a big difference.

Doing something regularly, even in small amounts, will.

Consistency builds discipline, and discipline leads to success.

Breaking the "All or Nothing" Mindset

A common mistake is thinking everything has to be perfect:

- "If I can't study for 2 hours, there's no point."

- "If I miss one day, I've failed."

This mindset often leads to giving up too soon.

Instead, focus on progress, not perfection. Even a small effort is better than none.

Building Better Habits

Here are a few simple ways to start:

- Start small and keep your goals realistic
- Be regular and set a fixed time
- Stay patient and trust the process

The goal is not to be perfect, but to keep improving.

Final Thought

Big achievements do not happen overnight. They are built quietly, through small actions repeated every day.

So instead of waiting for the perfect moment, start small—and start now.

Giggle & Guess!



1. What room has no doors or windows?
2. Why was the broom late for school?
3. What has one eye but cannot see?
4. Why did the student bring a ladder to school?
5. What is orange and sounds like a parrot?
6. Why did the book join the police?
7. What kind of tree can you carry in your hand?
8. Why did the student sit on the clock?
9. What has a neck but no head?
10. Why don't scientists trust atoms?

Answers

1. A mushroom!
2. It overswept!
3. A needle!
4. Because they wanted to go to high school!
5. A carrot!
6. Because it wanted to go undercover!
7. A palm tree!
8. Because he wanted to be on time!
9. A bottle!
10. Because they make up everything!

Education is one of the greatest gifts that a person can receive. It is the process of acquiring knowledge, skills, values, and habits that help us grow into responsible and successful individuals. Education begins at home and continues throughout life. It plays a vital role in shaping our personality, improving our understanding of the world, and preparing us for the future. In today's modern society, education is considered the foundation of progress and development.

The primary purpose of education is to provide knowledge. Through education, we learn about various subjects such as science, mathematics, languages, social studies, technology, and the arts. This knowledge helps us understand the world around us and enables us to make informed decisions. Education encourages curiosity and motivates us to ask questions, explore new ideas, and seek solutions to problems.

Education also helps in the development of critical thinking and problem-solving skills. It teaches us how to analyze information, evaluate situations, and make wise choices. These skills are essential in everyday life because they help us overcome challenges and adapt to changing circumstances. An educated person is often better equipped to deal with difficulties and find effective solutions.

Another important benefit of education is that it improves communication skills. Students learn how to read, write, speak, and listen effectively. Good communication allows people to express their thoughts clearly and understand others better. These skills are valuable in personal relationships, academic settings, and professional careers.

Education plays a major role in career development. It provides the qualifications and skills needed to pursue different professions. Doctors, engineers, teachers, scientists, lawyers, and many other professionals rely on education to perform their jobs effectively. A good education increases employment opportunities and helps individuals achieve financial stability and independence. It also contributes to the economic growth of a country by creating a skilled workforce.

Apart from providing knowledge and career opportunities, education helps build character. It teaches important values such as honesty, discipline, responsibility, kindness, respect, and perseverance. These values help individuals become good citizens and contribute positively to society. Education

IMPORTANCE OF EDUCATION

encourages people to respect diversity, cooperate with others, and work towards the common good.

Education is also a powerful tool for social change. It helps reduce poverty and inequality by providing people with opportunities to improve their lives. Education empowers individuals to understand their rights and responsibilities and participate actively in society. It promotes gender equality by ensuring that both boys and girls have access to learning and opportunities for growth.

Furthermore, education contributes to personal growth and self-confidence. When people gain knowledge and develop skills, they feel more confident in their abilities. Education encourages creativity, innovation, and lifelong learning. It helps individuals discover their talents and interests, enabling them to achieve their goals and aspirations.

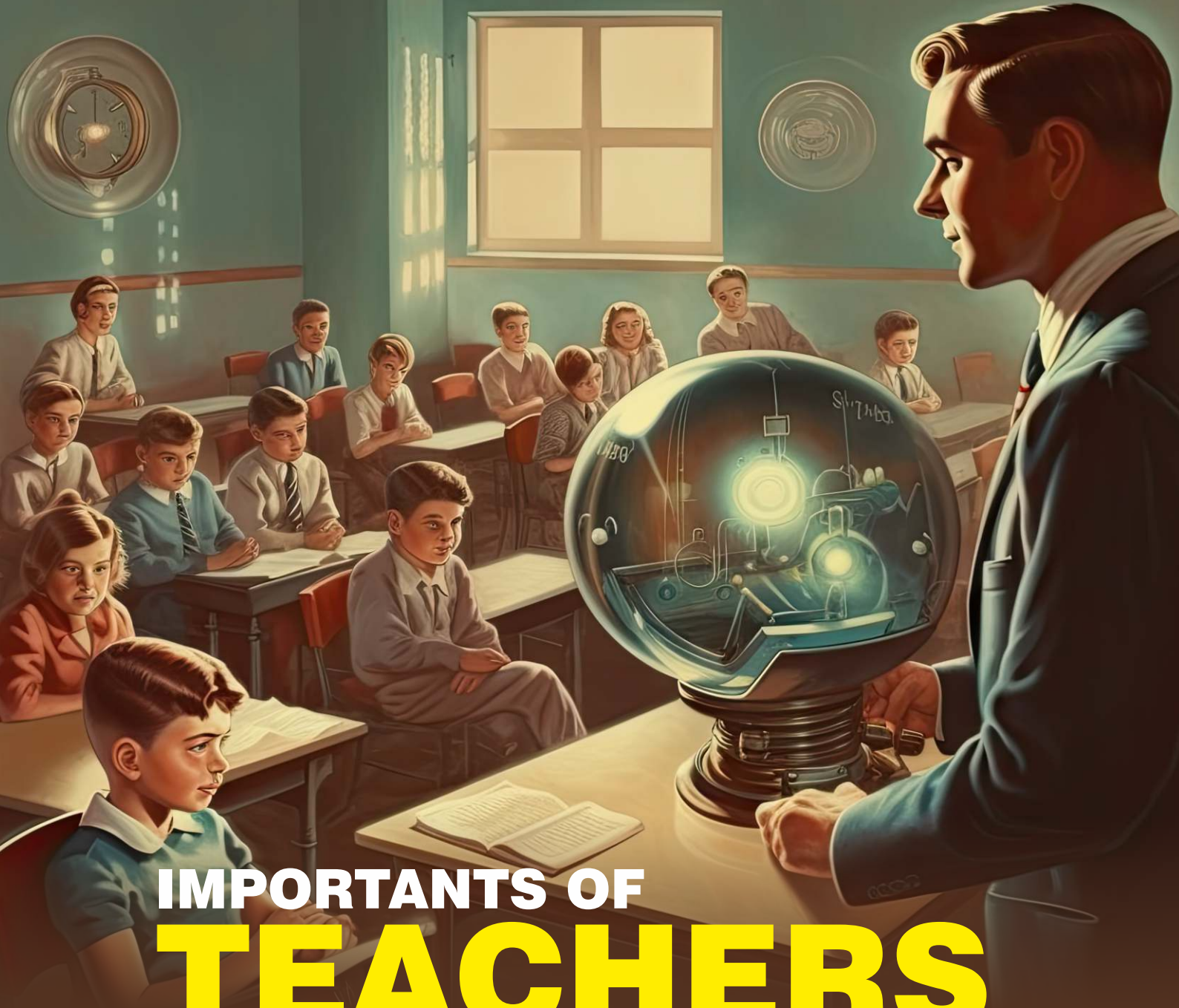
In today's world, technology has become an important part of education. Digital tools and online resources provide students with access to a vast amount of information. Education helps individuals use technology responsibly and effectively. As the world continues to change rapidly, education ensures that people remain informed and prepared for future challenges and opportunities.

Education is not only beneficial for individuals but also for society as a whole. Educated citizens contribute to the development of their communities by participating in social, economic, and cultural activities. They are more likely to support environmental protection, public health initiatives, and community development projects. A well-educated population is essential for the progress and prosperity of a nation.

In conclusion, education is the key to success, empowerment, and personal development. It provides knowledge, builds character, improves communication, creates career opportunities, and promotes social progress. Education enables people to lead meaningful lives and make positive contributions to society. Therefore, every individual should value education and make the most of every opportunity to learn. By investing in education, we invest in a brighter future for ourselves, our communities, and the world.



Pooja Selvam
Class - 8E



IMPORTANTS OF TEACHERS DAY.

"Every expert was once a beginner". This is the hidden secret behind every teacher. The relation between we students and teachers is just as similar to a story of a pencil and eraser. Let me explain you more in detail about todays topic that is the "IMPORTANT OD TEACHERS DAY". The national teachers day is celebrated on 5th September to mark the birth anniversary of the Indias second President Dr. Sarvepalli Radha Krishnan . The main reason of celebrating teachesr day is tthat they deserve recognition for all the sacrifices that they have made for us. Teachers don't just teach they prepare us for the road ahead in our lives. Teachers make a huge impact on students. So, it is our duty to honor our teacher. Different countries celebrate teachers day on different dates in honor of the teachers. On this auspicious occasion children usually make cards and prepare gifts to delighten their teachers. A teacher is such an important figure in the life of a student through them the knowledge, patience & love give a strong shape to a students whole life.



INDEPENDENCE DAY: A CELEBRATION OF FREEDOM AND RESPONSIBILITY



Heba Ibrahim Shaikh
10 C

Every year on August 15, India celebrates Independence Day with great pride and enthusiasm. This historic day marks the end of British rule in 1947 and the beginning of a new journey as a free and independent nation. It is not just a day of celebration, but also a reminder of the sacrifices made by countless freedom fighters who dedicated their lives to the nation.

Our independence was not achieved overnight. It was the result of years of struggle, determination, and unity among people from different backgrounds. Brave leaders and countless unsung heroes fought selflessly so that we could live in a free country today. Their efforts teach us the importance of courage, unity, and love for our nation.

It is a day of immense significance, marking the end of colonial rule or foreign oppression and the dawn of a new era of sovereignty and independence. The historical roots of Independence Day run deep. For instance, in the United States, it commemorates the adoption of the Declaration of Independence on July 4, 1776, declaring independence from British rule. Similarly, countries like India, Nigeria, and Mexico have their own Independence Days, each representing a unique chapter in their quest for freedom.

As students, we hold the future of our country in our hands. By working hard, staying honest, and supporting one another, we can help India grow and succeed. It is our duty to carry forward the values of our nation and make it a better place for everyone.

In conclusion, Independence Day is not just a celebration but also a reminder of our duties. Let us always be proud of our country and strive to make it even.

JAI HIND!!

WORLD'S LARGEST PEN.



The saying that pen is mightier than sword may as well be literally true for Acharya Makunuri Srinivasa, a resident of Hyderabad. On Monday, Guinness World Records shared a video of a record-setting ballpoint pen, created by Srinivasa and his team in 2011. The Instagram Reel featured Srinivasa along with his team carrying the mammoth ballpoint pen. And the pen is not just for show, since it also performs its most basic function, helps in writing.

The Instagram Reel shared by Guinness World Records showed how a team of men held the pen and moved it on a large piece of white paper to draw a caricature. Sharing the details of the giant ballpoint pen, Guinness World Records added to the caption that the world's largest ballpoint pen measures 5.5 metres or 18 feet in length. The pen weighs a little over 37.23 kilograms. In the comments, Guinness World Records added that the ballpoint pen engraved with scenes from Indian mythology was crafted by Srinivasa. The brass outer shell of the pen weighs nine kilogram. Srinivasa's creation also beat the previous record by 1.45 m or 4 feet 9 inches when it was assessed in Hyderabad on April, 24 2011. The caption also vouched for its functionality as it read, "As per the guidelines, the pen 'dispenses ink at its tip during use by the rolling action of a small metal sphere'."



Afia Shaikh
11B

CAPTAINS & VICE CAPTAINS - SEPTEMBER

CLASS 12 A  ABDULLAH QUADRI  JUAN JOSEPH SINTO	CLASS 12 B  RIDHA SHAFIULLAH  SAANVI PRAVIN SHETTY	CLASS 12 C  HANNA TREASMARY JACOB  SUFIYA SAJID GITEY	CLASS 12 D  SAMEEHA SHAHUL HAMEED  SHARIFA SHADAB KAZI	CLASS 12 E  CHRISTO JOHN JERRY  FARUHA SYED
CLASS 12 F  ZAHRA KUTBUDIN  JOANA ANGELINE JOHN	CLASS 12 G  RASHI PANDYA  ABDUL AZEEF SHAH MOHAMMED	CLASS 12 H  AKSHAY RAJESH  SHARON ANGEL D'COSTA	CLASS 12 I  RYAN ARAKKAL  INSIYA FIROZ	CLASS 12 J  DEEPSHIKA KALSI  SALMA SHANNAD
CLASS 12 K  MUHAMMED DHANISH  ASIN ELSA ABRAHAM	CLASS 12 L  ISHAQ SHAIK  SEHRISH NIYAZ AHMED	CLASS 11 A  MICHELLE ELZA PRAJEESH  MAHIBAH ZUBERI	CLASS 11B  AROUSH PARKAR  SREYA SUNIL	CLASS 11 C  ZAMIN ALI KAZIM MIRZA  RIA ANN BOSCO
CLASS 11 D  CLARIN MARIA PRAJOSH  ARYAN HARISHUJ	CLASS 11 E  HANNA MARIA ELDOH  ANAYA YADAV	CLASS 11 F  YUSUF IRFAN BURUD  KHADEEJA AHMED	CLASS 11 G  GOWRI SURESH  JOE KURIAN PONNATTU	CLASS 11 H  CHRISTINE MARYAM  KHADIJA MUFASSAL
CLASS 11 I  GURJOT KAUR  LAYONA MARY SANU	CLASS 11 J  SHAHAD MOHAMMED  TIMOTHY VARGHESE	CLASS 11 K  ABDUL AZBAT MOOSE KUNIH  SAMIA MOHAMMAD MASEEH	CLASS 10 A  HAMZA SYED  DIANA STEPHEN AVINASH	CLASS 10 B  JOSHUA DOMINICK CARDOZO  JUSTIN DAMIAN MENDES
CLASS 10 C  AVNER ANIL ANTONY  JASMINE KAUR	CLASS 10 D  LEON MANOJ  AISHA KADIRI	CLASS 10 E  SYED ABDUL RAHMAN  ANN BINISH	CLASS 10 F  MUHAMMED ANFAL  NISSI ANN OOMMEN	CLASS 10 G  SHAIZ SHAIKH  ABINA SREERANGAN
CLASS 9 A  ALIA ESHAN ULLAH MOHAMMED  BURHANUDDIN KHOZEMA INDOREWALA	CLASS 9 B  SHRADDHA KARTHA BILLU  EVELYN ALIZA JOSHY	CLASS 9 C  AARON ROBINS  ANNA MARIYA	CLASS 9 D  KUSUMA EDUPUGANTI  JEFFREY SAMUEL VINCENT	CLASS 9 E  ABHINAV RINU  ANGEL MARIA SUBIN
CLASS 9 F  ARWA ABBAS RAVAT  ALLAN ROBERT KENNEDY	CLASS 8 A  AMELIA GIBI  JOANA JAIMON	CLASS 8 B  ROSHAN GIDEON  MICHELLE ELISSA	CLASS 8 C  AFRAH FAWZA  SHAREED SHEIKH	CLASS 8 D  REGAN PHILIP  MARYAM MARUF
CLASS 8 E  EASHWAR GANGAVARAPU  KOMAL UTTARKAR	CLASS 8 F  MUKESH SAI PYDI  REEMA KRISHNA	CLASS 8 G  JEON THOMAS  OMAR	CLASS 7 A  RAMCHANDRU KANGAPARAMBIL RAMESH  ADHYA MYKA	CLASS 7 B  AMOS KURIEN RANJIT  DAPHNE ANN REBU
CLASS 7 C  AYDEN THOMAS  AILEN ANNA JOHN	CLASS 7 D  ZAHA BASHEER  RYAN JOSEPH STEPHEN	CLASS 7 E  CHRIS VINOY MATHIEW  LEONA SUSAN ROBY	CLASS 7 F  JASIYA JAIBY  JAZNIEL JOHN VINCENT	CLASS 6 A  HEPHZIBA ANN SHALJU  NAGA SUJAY

BEST STUDENTS (AUGUST)



6 A
BENSON IMMANUEL



7 A
INIYA MIDHUN



7 B
NATASHA SHARMA



7 C
AREILLE SINI



7 D
NATHANIA ANTONEL
FERNANDES



7 E
RISHONA STACY
RONALDRA RAKESH



7 F
SREEHARI DEEPAK



8 A
SRUTHI PUSHPANATHAN



8 B
CAWIN



8 C
DOVLIN SHINU



8 D
ABHIJIT MANIKANDAN



8 E
SRUTI KONANKI



8 F
VIHAAN HARI KRISHNAN



8 G
TREYA SRI



9 A
MUDDAMSETTY SATHYA
NIHARIKA



9 B
MATHEW THOMAS
ABRAHAM



9 C
VINISHA REDDY Y



9 D
ANGEL SARA SOOSAN



9 E
ANAGHA SANTHOSH



9 F
SWASTIKA SAVETA



10 A
FATIMA SOHEB KAZI



10 B
MONISH REDDY PULLURU



10 C
REHAN FERAZ KHAN



10 D
HESSA MARYAM



10 E
ABEL VERGHESE



10 F
YANA LOKESH BHAI



10 G
BURHANUDDIN KUTUBUDDIN



11 A
FATEMA SAIFEE
BAMANIYAWALA



11 B
KARTHIK VINOD KUMAR



11 C
ALAN MATHEW



11 D
EVELYN SUSAN JAISON



11 E
LAVENA MARIA VARGHESE



11 F
AISHWARYA GOPAKUMAR



11 G
STEVE PHILIP BLESSON



11 H
ALHAM HYDER ALI



11 I
GRACE KARL REO



11 J
POOJASHREE



11 K
MUKKARAM MOIZ HUSSAIN
KASHMIRI



12 A
DARIS BASHEER



12 B
NAZANIN NIZAR



12 C
AGASTYA RAJAN AVINASH



12 D
SREEKANTH SUDHEER



12 E
SUDIKSHAA GNANAGOPAL



12 F
AARAV PANWAR



12 G
HEAVEN SAM SHINE



12 H
THERESA SUNNY



12 I
SHRUTHIKA VAIDYANATHAN



12 J
SERGIE MARIO
SANTHOSH



12 K
MUHAMAD HAMZAH



12 L
REDA KHAN



1. What is the process by which plants lose water called?
Ans: Transpiration
2. Which country lies in both the mentioned continent Europe and Asia?
Ans: Turkey
3. Name the war which was fought between India and China in 1962?
Ans: Sino-Indian War
4. Who is known as the "Father of Modern Physics"?
Ans: Galileo Galilei
5. Which is the largest gland in the human body?
Ans: Liver
6. Which is the only continent without a desert?
Ans: Europe
7. Which animal never sleeps?
Ans: Bullfrog
8. What is the national sport of Japan?
Ans: Sumo wrestling
9. Which planet spins in the opposite direction to Earth?
Ans: Venus
10. Which is the largest species of big cat?
Ans: Siberian Tiger

THE BAG THAT COULD TALK



It all started one Monday morning when I zipped up my schoolbag and heard a tiny voice whisper, "Hey! Watch where you're putting me!" I froze. My bag had never spoken before. "Who... who's there?" I stammered.

"It's me! Your bag! I've been carrying your secrets, your books, and even that leftover chocolate for months. I think I deserve some credit!"

I blinked. Was I dreaming? But the bag went on, complaining about heavy textbooks, forgotten lunches, and the smudges of pencil marks. By the time I reached school, I was laughing so hard that my friends stared.

During class, the bag whispered funny little stories about everyone in the classroom—like how Sam secretly doodled hearts on his notebook or how Tina always chewed three pencils at once. I tried to keep it a secret, but my giggles gave me away.

By the end of the day, I realized something. My bag wasn't just talking—it was teaching me to pay attention, notice little details, and find humor in small things. Even when life feels heavy, sometimes laughter can lighten the load.

That night, as I packed my bag for the next day, I whispered, "Thanks for talking, buddy." And I swear, it gave a tiny jingle in reply.

Moral: Even the simplest things around us can teach valuable lessons—if we only listen carefully.



Shriya Vijesh
11c



SUBWAY SURFERS

The Endless Run

In the fast-paced world of mobile gaming, Subway Surfers continues to be one of the most exciting and popular games among young players. Developed by SYBO Games and Kiloo, the game combines colorful graphics, fast action and endless challenges to create an entertaining gaming experience.

The game follows a young character who runs through railway tracks while being chased by a security guard and his dog. Players must dodge trains, barriers and other obstacles while collecting coins and special power-ups. The aim is to run as far as possible without getting caught or crashing.

One of the most attractive features of Subway Surfers is its bright and colorful design. The game regularly takes players to different cities around the world through its World Tour updates. Players can also unlock new characters, outfits, boards and other exciting items, making every run feel fresh and interesting.

The simple controls make the game easy to learn, but reaching a high score requires quick reflexes, concentration and good timing. Players have to make fast decisions while moving left and right, jumping over obstacles and rolling underneath barriers.

Subway Surfers is more than just an entertaining game; it also tests hand-eye coordination, concentration and reaction speed. It's simple gameplay and constantly changing challenges have helped it remain popular across generations. With its energetic gameplay, colorful world and endless running adventure, Subway Surfers proves that a simple idea can become a lasting gaming sensation.

CHARITY CONVENERS - SEPTEMBER



ALEETA SUNSH 6 A MOHAMMED MUFEZZ SHAIKH 7 A JESLY MATHEW 7 B ALUGU DHATRI 7 C SHAFAT HUSSAIN 7 D VANIAH THOMAS 7 E JENDAH MARIA SIJIN 7 F JOHN WESLEY 8 A



AANSHI 8 B NIVEDIYA 8 C JUDY GERALYN 8 D PRANAV ANAND 8 E EMILY LIZA SUNLEY 8 F RAPHAEL 8 G ABEER ADNAN GULATI 9 A NITI TUSHAR BAROT 9 B



DIYA AMAL 9 C DON MANOJ 9 D RIONA MARIA JOSE 9 E RHEA SARA JACOB 9 F OMAR BASHIR DADAN 10 A JEFIN JOSEPH JOSE 10 B SHAIK ZOYA RAHAMTH 10 C AIDEN BIJU KUNNUMEL 10 D



OUMAR GAJARIA 10 E MOHAMED BILAL MOHAMED FAHIM 10 F AYDUN MUHAMMAD 10 G CALLISTA DARAH MERLIN 11 A SASHA COELHO 11 CB SHAHADA ALHENA 11 C LIZA ZAINAB 11 D KAMAKSHI JAISWAL 11 E



MEGAN FRANCISCA ALMEIDA 11 F AMINA SHAIKH 11 G REEM HAYAT 11 H JOVAN JESTLIN JOSEPH 11 I SHAHAB JAMIL 11 J RONAN ADRIAN FERNS 11 K ANUGRAHA MARY PRINCE 12 A SAKINA SHAKDER SHARIKMASLAT 12 B GEETASRI PARASARAM 12 C

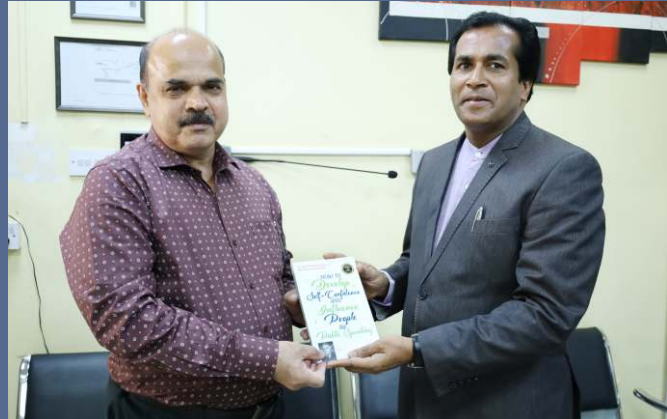


IBRAHIM FAISA 12 D SAAD HASRAT WALILE 12 E AAFIYA MOHAMED FAIZAL 12 F ZAINAB FAKHRUDDIN JIWAWALA 12 G DAVID JOHN VARGHESE 12 H UMME HANI 12 I DEVANG SANJAY PEDNEKAR 12 J ANUSHKA SENTHILVEL 12 K ISHRAT JAHAN 12 L

BOOK DONATION



Ms. JICKCY SUSAN CHERIAN



Mr. SUNDARESH KUMAR

BIRTHDAY ARCADE - SEPTEMBER



ADITHYAN ABHILASH
KURUP
7 E - 1 SEPT



DARRYL REBU PHILIP
10 B - 1 SEPT



MARIYA AZIZ HUSAIN
ABBAS ALI
12 G - 1 SEPT



ZAHRAH ELYAS
CYCLEWALA
12 A - 1 SEPT



JOANNA JAMES
12 J - 2 SEPT



JUNED RABBANI
MOHAMMED
9 A - 2 SEPT



NAFISA ABBAS BHALLA
11 H - 2 SEPT



NATASHA SHARMA
7 B - 2 SEPT



RIYA LOKESHKUMAR
10 A - 2 SEPT



RYAN SHRIDHAR KUMAR
12 C - 2 SEPT



VINTRA VINOD
11 D - 2 SEPT



SANAA MUKHERJEE
10 D - 3 SEPT



SHAZIA SARFARAZ FIRFIRE
11 K - 3 SEPT



SOHA SAJAD WAGLE
11 D - 3 SEPT



ZAINAB CHIKTE
10 B - 3 SEPT



AARON ROBERT BRYAN
SANTHOSH
7 D - 4 SEPT



JOANNA ELSA JOBY
12 J - 4 SEPT



JOSHUA DOMNICK
CARDOSO
10 B - 4 SEPT



SHLOK SUSHANT
SATARKAR
12 I - 4 SEPT



AUSTIN BINU
7 D - 5 SEPT



BULLAKUNTA THIRLOK
RAJU
10 F - 5 SEPT



HANNA MARIAM SUNIL
8 E - 5 SEPT



ANANDHU AJEESH
9 E - 6 SEPT



DEVA SURYA PRABHATH
9 D - 6 SEPT



KENZE KOTTAPURAM
ELDHOSE
12 H - 6 SEPT



NATHAN SHINU
VARGHESE
12 D - 6 SEPT



PURVI DIPON DEBNATH
8 C - 6 SEPT



SHASHANK ROYAL
CHERUKULA
11 D - 6 SEPT



ZULEKHA FAYAZ SHAIK
10 F - 6 SEPT



AABDRIN EDIN CLEATUS
10 G - 7 SEPT



ARNAV RANJITH
10 E - 7 SEPT



HAMZA SHAIKH
12 L - 7 SEPT



MADHU MOKSHAN MURALI
KRISHNAN
11 D - 7 SEPT



SMRITHI SUDEER
KUMAR
10 G - 7 SEPT



TALHA MAHBOOB ALI
12 L - 7 SEPT



ANGEL ELISA JOE
12 E - 8 SEPT



ARJUN WARREN JOHN DIAS
12 K - 8 SEPT



AYAAN ABDUL RAHIM
10 A - 8 SEPT



MARIEN SUSAN JOBIN
9 D - 8 SEPT



SHANAYA MARIA DSOUZA
11 K - 8 SEPT



SYEDA JUWAYRIYYA
12 H - 8 SEPT



ADWAITH SANDHYA SUMESH
8 B - 9 SEPT



ALPHONSA EVELYN
METTUNGAL
7 C - 9 SEPT



EBIN SEBASTIAN SHERIN
8 E - 9 SEPT



UMMEKULSUM ABBAS
RAYAT
11 K - 9 SEPT



ANITTA JOHNSON
JOHNSON
9 E - 10 SEPT



JONATHAN MANI KURUVILLA
12 K - 10 SEPT



TAHURA FATIMA
11 E - 10 SEPT



ABITH SOJI THOMAS
12 J - 11 SEPT



AIDEN MAMMEN MATHEW
7 C - 11 SEPT



AKSHAY RAJESH
12 H - 11 SEPT



ENOCH LINU GEORGE
9 D - 11 SEPT



SARAH QURESHI
11 G - 11 SEPT



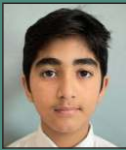
SHYNE JESHUA
DANIEL DANIEL
8 C - 11 SEPT



SNEHA THANKAM BIJU
12 F - 11 SEPT



YOUSUF FARHAN MUZAMMIL
11 E - 11 SEPT



ABDULLAH VOHRA
8 A - 12 SEPT



RINESH RAJU JOHN
11 K - 12 SEPT



SAMIR SHEIKH ALI AHMED
10 G - 12 SEPT



AYESHA MOHAMMAD
YUSUF SHAIKH
11 G - 13 SEPT



JAMIL MUHAMMED RAEES
12 A - 13 SEPT



KATARI BRIJEETH RINO
10 A - 13 SEPT



MURTUZA ALI SYED
11 I - 13 SEPT



AHMED SAJID SURTI
10 A - 14 SEPT



ANGELINA SUSAN VIPIN
11 G - 14 SEPT



MOHAMMED PARVEZ
DESAI
10 E - 14 SEPT



NAGA SUJAY DANDIBHOTLA
6 A - 14 SEPT



NATHAN AVITUS LEWIS
11 F - 14 SEPT



RAYYAN ALJAZ AHMED
11 D - 14 SEPT



ABDEALI BANKODA
9 E - 15 SEPT



FATIMA ZULFIKAR
12 H - 15 SEPT



GOWRI VIPIN KUMAR NAIR
9 E - 15 SEPT



GURULLA TEJESWINI
9 C - 15 SEPT



KHULUD SUHEL FAKJI
8 C - 15 SEPT



MUHAMMED SHAMMAS
VALIYA PEEDIKAVIL
MUKRIKARAK
12 G - 15 SEPT



SAMEEHA SHAHUL HAMEED
12 D - 15 SEPT



SUMAYAH SAYYAD
7 A - 15 SEPT



SHABBIR MODI
12 L - 16 SEPT



STEVE SEEJO
NEREPAMBIL
11 D - 16 SEPT



ZEHAAN KALANCTKAR
12 H - 16 SEPT



MARK VARUGHESE SANJU
11 D - 17 SEPT



SHEHREBANU HUJEFA
GARBADAWALA
10 A - 17 SEPT



ANNA GRACE SABINI
7 C - 18 SEPT



BATUL HUSSAIN
TUTAWALA
7 C - 18 SEPT



LAKSH SABHARWAL
9 C - 18 SEPT



MOHAMMED ADNAN SHIHAM
9 A - 18 SEPT



UMAR NOUMAN UKAYE
7 F - 18 SEPT



VELENI TANYA GOMES
10 G - 18 SEPT



YUSRA SAMIR PARKAR
12 I - 18 SEPT



MOHAMMED AAZIM SHIHAM
12 I - 19 SEPT

BIRTHDAY ARCADE - SEPTEMBER



MUFADDAL MOHAMMED
HUSAIN
7 B - 19 SEPT



RAKSHA MADHAN KUMAR
9 B - 19 SEPT



SEHRISH KHAN
11 A - 19 SEPT



ALWIN JOSEPH BINOY
12 L - 20 SEPT



ANIRUDDH VIMAL
12 A - 20 SEPT



DIYA SARA MATHEW
11 E - 20 SEPT



SIMRA SAMIR DUDUKE
10 B - 20 SEPT



TALISH DAYAN
7 D - 20 SEPT



ISHAAN SUBHASH
11 F - 21 SEPT



MOHAMMED BILAL
8 E - 21 SEPT



NASHAL HAMZA ASHIF
THARI MOOPAN
11 E - 22 SEPT



RASHI PANDYA
12 G - 21 SEPT



RISHIKESH RAKESH PILLAI
12 E - 21 SEPT



RYAN VIPIN VARGHESE
7 D - 21 SEPT



SHREEYA RAJEEV THUNOLI
11 C - 21 SEPT



WASIL ALI KHAN
MOHAMMED
9 A - 21 SEPT



ZEHAK ALI ASHIF
THARI MOOPAN
7 B - 21 SEPT



ABHINAV KANICHERIL
ARUNRAJ
12 D - 22 SEPT



AYESHA MUNDE
10 A - 22 SEPT



EVELIN SARAH ELDHOSE
10 D - 22 SEPT



FAIHA NAZMI MUTHANIYIL
ABDUL LATHEEF
11 E - 22 SEPT



FATHIMA NABLA
12 C - 22 SEPT



LUIS JAIIRUS PINTO
12 D - 22 SEPT



PRAVEEN VELMURUGAN
12 D - 22 SEPT



RAYYAN NASEEM MUHAMMED
SATHAMMADATH
11 F - 22 SEPT



SHAIK MAHREEN
8 C - 22 SEPT



AGNA MARIYA TONY
9 C - 23 SEPT



DAKSH VINAYARAJ
8 D - 23 SEPT



RIIJN ARUNKUMAR
12 D - 23 SEPT



RYAN JOSEPH STEPHEN
7 D - 23 SEPT



THAQIB MOHAMED MUTHU
MOHAMED
9 F - 23 SEPT



VALERIE PIA FERNANDES
12 L - 23 SEPT



ABDAH MOHAMMED
ANAS ANSARI
12 F - 24 SEPT



AMENA HASHMI
12 F - 24 SEPT



FARAH ZAMEER GAZGE
10 A - 24 SEPT



MUHAMMED THALAL
THALAL
12 L - 24 SEPT



RUTH ANN TOBY
12 G - 24 SEPT



ABEER ADNAN GULATI
9 A - 25 SEPT



HASAN AZIZ PAINTER
10 B - 25 SEPT



IBRAHIM AMANULLAH
YELUKAR
12 E - 25 SEPT



JOHANNA LIJO LIJO
9 C - 25 SEPT



JOYCE JESTINE
8 C - 25 SEPT



SARAH KHALID SIBHAI
12 H - 25 SEPT



VIVIAN MELROY LOBO
11 G - 25 SEPT



DARREN JIMMY KURIAN
12 C - 26 SEPT



MOHAMMAD TAIYAB
VARDAWALA
11 F - 26 SEPT



SHEBA MARY SHAJU
11 I - 26 SEPT



ANNA MARIAM JERRY
10 E - 27 SEPT



FATIMA SAJID SIDDIQUI
11 H - 27 SEPT



GAUTHAM RAHUL RAJ
8 A - 27 SEPT



HELENA CATHERINE
BOSCO
10 A - 27 SEPT



JESLY MATHEW
7 B - 27 SEPT



LEON JOSEPH LALGIN
9 D - 27 SEPT



MARYAM
8 A - 27 SEPT



AAHANASHREE
RAMAKRISHNAN
12 C - 28 SEPT



AL AFRA AL AMEEN
12 F - 28 SEPT



DIYA SHYJU
9 D - 28 SEPT



SALWA SHAKEEL
7 A - 28 SEPT



ADVAY PRADEEP
11 G - 29 SEPT



PEARL SERENA SIMON
12 H - 29 SEPT



ANIWYL BIJU
11 I - 30 SEPT



GEORDY SURAJ
12 D - 30 SEPT



KHADIJA GULAMALIWALA
10 B - 30 SEPT



MRS. RESMI NARAYAN
Sept - 4



MS. SUREKHA SURESH SHETTY
Sept - 4



MRS. HAJIRA
Sept - 6



MR. SUNDARESH KUMAR K.G.
Sept - 7



MR. VINOD VETTI
Sept - 10



MRS. DEEPA BIJU
Sept - 17



MS. ANISHA A.S.
Sept - 21



MRS. SHIBY MOL
Sept - 22



MR. HANUMANTHA RAO GUBBALA
Sept - 26



MR. FAID AHMED
Sept - 30



MILKHA SINGH

Milkha Singh (20 November 1929 – 18 June 2021), also known as The Flying Sikh, was an Indian track and field sprinter who was introduced to the sport while serving in the Indian Army. He is the only athlete to win gold at 400 metres at the Asian Games as well as the Commonwealth Games. He also won gold medals in the 1958 and 1962 Asian Games. He represented India in the 1956 Summer Olympics in Melbourne, the 1960 Summer Olympics in Rome and the 1964 Summer Olympics in Tokyo. He was awarded the Padma Shri, India's fourth-highest civilian honour, in recognition of his sporting achievements.

The race for which Singh was best remembered is his fourth-place finish in the 400 metres final at the 1960 Olympic Games, which he had entered as one of the favourites. He led the race till the 200m mark before easing off, allowing others to pass him. Various records were broken in the race, which required a photo-finish and saw American Otis Davis being declared the winner by one-hundredth of a second over German Carl Kaufmann. Singh's fourth-place time of 45.73 seconds was the Indian national record for almost 40 years.

From beginnings that saw him orphaned and displaced during the Partition of India, Singh has become a sporting icon in his country. In 2008, journalist Rohit Brijnath described Singh as "the finest athlete India has ever produced".

Singh died of COVID-19 complications on 18 June 2021 at the age of 91 five days after his wife.



Afia Shaikh
11B



A SMALL SPECIAL PLACE IN JAPAN

Japan is a country where tradition and modern technology exist side by side. Among its many fascinating places, Shibuya in Tokyo is a special destination known for its busy streets, colorful lights, and impressive tall buildings.

Although Shibuya is a relatively small area, it feels like a city of its own. Huge skyscrapers, shopping centers, restaurants, offices, and entertainment spaces fill the neighborhood. One of its most famous landmarks is Shibuya Scramble Square, a magnificent high-rise building that offers amazing views of Tokyo.

The famous Shibuya Crossing is another attraction. Thousands of people cross the road every time the traffic lights change, creating a fascinating sight. At night, the area becomes even more beautiful as bright advertisements and building lights illuminate the streets.

What makes Shibuya truly special is the way it combines Japan's modern lifestyle with its unique culture. Visitors can enjoy advanced technology, delicious food, shopping, music, and traditional Japanese experiences all in one place.

Shibuya shows us that even a small area can be full of life, creativity, and wonder. It is a perfect example of how Japan continues to grow while preserving its unique identity.

KARNATAKA

DISCOVER INDIA



Pooja Selvam
8E

Karnataka is a beautiful state in the southern part of India. It is known for its rich history, colourful culture, beautiful landscapes and modern cities. The capital city of Karnataka is Bengaluru, which is an important centre for technology, education and business.

Karnataka has a long and interesting history. Many powerful kingdoms ruled this region, including the Chalukyas, Hoysalas, Vijayanagara Empire and the Wodeyars of Mysuru. The state has many old temples, palaces, forts and monuments that tell us about its glorious past.

Karnataka has a variety of natural features such as hills, forests, rivers, waterfalls and beaches. The Western Ghats pass through the state and make many areas green and beautiful. Coorg, Chikkamagaluru and Jog Falls are some well-known places famous for their natural beauty. Karnataka is also home to many different kinds of plants and animals.

The culture of Karnataka is colourful and diverse. Kannada is the main language spoken in the state. Traditional music, dance, handicrafts and folk arts are important parts of Karnataka's culture. Festivals such as Mysuru Dasara and Ugadi are celebrated with great enthusiasm by the people.

Karnataka is also famous for its delicious food. Some popular traditional dishes include dosa, idli, bisibele bath, ragi mudde, neer dosa and Mysore pak. Different regions of Karnataka have their own special dishes and cooking styles.

Karnataka has many interesting tourist places. Mysuru Palace, Hampi, Bengaluru, Coorg, Gokarna, Udupi, Belur and Halebidu attract many visitors. Hampi is especially famous for its ancient ruins and its connection with the Vijayanagara Empire.

Karnataka has a strong and growing economy. Bengaluru is one of India's major technology centres and is widely known for its information technology industry. Agriculture, tourism, industries, education and technology all play an important role in the development of the state.

Karnataka is a state where history, nature, culture and modern development come together. Its beautiful scenery, historic monuments, traditional food and rich culture make it a special part of India. Karnataka shows us the beauty and diversity of our country.



LOTUS BISCOFF CHEESECAKE

Ingredients

For the Crust:

- 250g Biscoff Biscuits: Crushed into fine crumbs.
- 100g Unsalted Butter: Melted to bind the crumbs.

For the Cheesecake Filling:

- 500g Full-Fat Cream Cheese: Room temperature to prevent lumps.
- 100g Icing Sugar: Sifted for a smooth texture.
- 250g Biscoff Spread: Smooth version works best for the filling.
- 300ml Double Cream: Cold, straight from the fridge for better whipping.
- 1 tsp Vanilla Extract: For added depth.

For the Topping:

- 150g Biscoff Spread: Melted slightly to pour.
- Extra Biscuits: For crumbling on top.

Step-by-Step Instructions

1. Prepare the Base: Mix your crushed biscuits with the melted butter until it feels like damp sand. Press the mixture firmly into the bottom of a lined 20cm (8-inch) springform tin. Use the back of a spoon or a flat-bottomed glass to ensure it's even. Chill in the fridge while you make the filling.
2. Mix the Cream Cheese: In a large bowl, whisk the cream cheese, icing sugar, vanilla, and Biscoff spread until smooth.
3. Whip the Cream: In a separate bowl, whip the double cream until stiff peaks form. Alternatively, you can follow the method from and fold the whipped cream gently into the cheese mixture to keep it airy.
4. Assemble and Chill: Spoon the filling over your chilled base and smooth the top with a spatula. Cover and refrigerate for at least 6 hours.
5. Decorate: Once set, gently melt the remaining Biscoff spread in the microwave for 20-30 seconds until it is runny. Pour it over the cheesecake, tilting the tin to cover the surface evenly. Top with extra biscuit crumbs or whole cookies before serving.



Kashvi Rokkam
8B

Ephilaterely



1. P.C. MAHALANOBIS (1893 – 1972)

Prasanta Chandra Mahalanobis was a pioneering Indian statistician and the founder of the Indian Statistical Institute. He made important contributions to statistics and played a significant role in India's economic planning. A commemorative postage stamp was issued in 1993 to mark his birth centenary.



2. AMRITA SHER-GIL (1913 – 1941)

Amrita Sher-Gil was one of India's most celebrated modern artists. Her paintings combined European artistic influences with Indian subjects, particularly scenes of everyday life. India Post featured her famous painting Hill Women on a commemorative stamp in 1978.



3. JAMINI ROY (1887 – 1972)

Jamini Roy was a renowned Indian painter who developed a distinctive style inspired by Bengali folk art. His simple forms, bold lines, and traditional themes made his work highly influential. His painting Two Vaishnavas was featured on an Indian postage stamp in 1978.



4. SAILOZ MOOKHERJEE (1907 – 1960)

Sailoz Mookherjee was an important figure in modern Indian painting. His artistic style drew inspiration from people, landscapes, and his travels. His painting The Mosque was featured in India's 1978 series of stamps on Modern Indian Paintings.



5. NANDALAL BOSE (1882 – 1966)

Nandalal Bose was a pioneering Indian artist associated with the Bengal School of Art. He drew inspiration from Indian traditions, mythology, nature, and rural life. His artistic contribution played an important role in the development of modern Indian art.

Ephilaterely



6. ABANINDRANATH TAGORE (1871 - 1951)

Abanindranath Tagore was a leading artist of the Bengal School and an important figure in the revival of Indian artistic traditions. He promoted an art style rooted in Indian history and culture while incorporating selected influences from abroad.



7. JAMSETJI TATA (1839 - 1904)

Jamsetji Nusserwanji Tata was a visionary industrialist and the founder of the Tata group. He believed that India's progress depended on industry, education, and scientific research. His pioneering vision laid the foundation for several major Indian institutions and industries.



8. DR. BIDHAN CHANDRA ROY (1882 - 1962)

Dr. Bidhan Chandra Roy was a renowned physician, freedom fighter, and former Chief Minister of West Bengal. He made significant contributions to medicine and public service and helped establish important medical institutions. His life remains an inspiration to doctors and public servants.



9. DR. M. S. SWAMINATHAN (1925 - 2023)

Dr. M. S. Swaminathan was a distinguished agricultural scientist who played a major role in India's Green Revolution. His research helped increase food production and strengthen India's food security. He is remembered for his contribution to agricultural development and farmers' welfare.



10. NARGIS DUTT (1929 - 1981)

Nargis Dutt was one of India's most celebrated film actresses and a respected humanitarian. She appeared in several landmark Hindi films and later served in the Rajya Sabha. A commemorative postage stamp was issued in her honor, celebrating her contribution to Indian cinema and public life.



ART GALLERY



Gayathri Senthil Rathinam
12-B



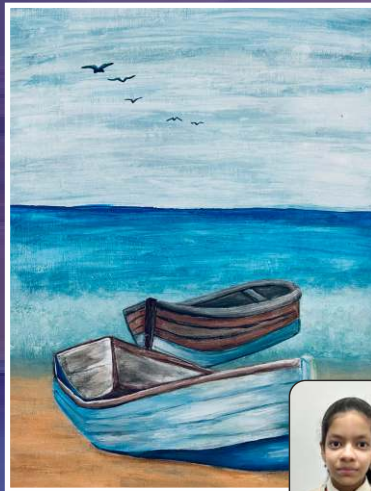
Pooja Selvam
8 E



Afia Shaikh
11 B



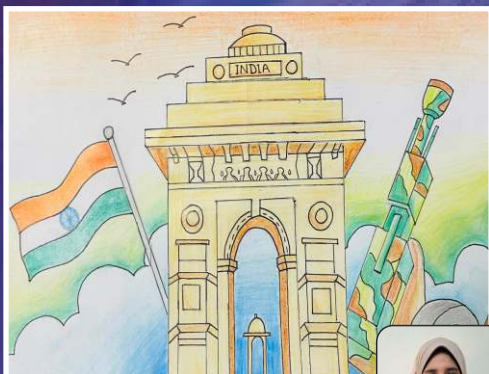
Daksh Vinayraj
8 D



Ayesha Rehmatullah Jalgaonka
7 F



Salwa Shakeel
7 A



Shahla Shakeel
8C



Afia Shaikh
11 B





Indian Navy commissions second Diving Support Vessel 'Nipun' in Mumbai:

The Indian Navy commissioned INS Nipun, its second Diving Support Vessel (DSV), at the Naval Dockyard in Mumbai, strengthening the force's capabilities in deep-sea. The vessel is a specialised platform designed to undertake deep-sea diving, underwater intervention and rescue operations. Its induction marks a significant addition to the Navy's capabilities in the niche domain of underwater operations. Named after the Sanskrit word 'Nipun', meaning one who is adept, capable and well-versed in a particular discipline, the vessel is equipped with modern diving systems and is capable of deep-sea saturation diving. A side diving stage has also been fitted to facilitate diving operations. INS Nipun is equipped with Remotely Operated Vehicles (ROVs) that enable diver monitoring and salvage operations. It can also serve as a mother ship for the Deep Submergence Rescue Vessel (DSRV), supporting the evacuation of personnel from submarines during emergencies.



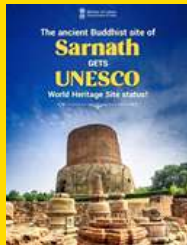
Praggnanandhaa becomes first Indian to win Grand Chess Tour title:

Grandmaster R Praggnanandhaa became the first Indian to clinch the Grand Chess Tour title, beating Fabiano Caruana of the USA with a stunning comeback win in the grand finale here. Praggnanandhaa made a remarkable turnaround on Thursday after trailing Caruana by six points at the start of the day at the Saint Louis Chess Club here. The Indian eventually prevailed 15-13 to win his maiden GCT title and pocket USD 200,000 as the winning purse. Earlier this year, Praggnanandhaa had become the first Indian to win the Norway Chess title, a campaign that featured two wins over world number one and tournament favourite Magnus Carlsen.



India's 80th Independence Day celebrations commemorate 150 years of Vande Mataram:

The nation commemorated the 80th Independence Day on August 15. This year's celebrations mark a historic milestone, commemorating 150 years of Vande Mataram, with the complete song echoing from the historic Red Fort. Driven by Yuva Shakti and guided by the vision of Viksit Bharat@2047, India honours its glorious journey and embraces the promise of a future driven by aspiration, confidence and new possibilities.



Sarnath joins UNESCO World Heritage List, taking India's heritage tally to 45:

India's rich cultural heritage has received another global recognition with the inscription of the Ancient Buddhist Site of Sarnath on the UNESCO World Heritage List at the 48th Session of the World Heritage Committee in Busan, South Korea. The inscription, announced on the evening of July 25, 2026, takes India's total number of UNESCO World Heritage properties to 45, comprising 37 cultural, seven natural and one mixed site. India now ranks sixth globally and second in the Asia Pacific region in terms of the number of World Heritage properties. The recognition places Sarnath, one of the most important sites associated with the life and teachings of Gautama Buddha, on a global platform and reinforces its significance as a place of outstanding universal value.



India Launched First Non-GMO High-Expansion Popcorn Maize Hybrid:

India launched the country's first indigenous, non-GMO (Genetically Modified Organism), high-expansion popcorn maize hybrid seed at the Gourmet Popcornica facility in Musunuru, Eluru district, Andhra Pradesh. The initiative is a major step towards Aatmanirbhar Bharat (Self-Reliant India) in the agricultural sector, by reducing India's dependence on imported hybrid technology for high-quality popcorn maize and helping conserve foreign exchange. The seeds were developed through collaboration between ICAR-Indian Institute of Maize Research (ICAR-IIMR) and Gourmet Popcornica, an Indian enterprise. The research has produced high-expansion, non-GMO hybrids such as Krishna459 and Godari234, designed to match the popping quality of leading global varieties.



U20 World Championships: Mansi Lather Wins Silver; Tanvi and Komal Claim Bronze:

Indian women wrestlers added three more medals to the country's tally at the U20 World Championships in Slovakia, with Mansi Lather winning silver and Tanvi Gundesh Magdum and Komal securing bronze medals. In the 68kg final, Mansi was edged 1-2 by China's Chenling Song in a closely contested bout, settling for the silver medal.

EPICTIONARY



1. **Astounding (Adjective)**
Meaning: Extremely surprising or impressive.
Usage: The students achieved astounding results in the competition.
2. **Compassionate (Adjective)**
Meaning: Showing sympathy and concern for others.
Usage: The compassionate student helped an injured classmate.
3. **Deteriorate (Verb)**
Meaning: To become worse in condition or quality.
Usage: Without proper care, the old building may deteriorate.
4. **Elusive (Adjective)**
Meaning: Difficult to find, understand, or achieve.
Usage: The solution to the difficult puzzle remained elusive.
5. **Ingenious (Adjective)**
Meaning: Clever, original, and inventive.
Usage: The students created an ingenious model using recycled materials.
6. **Metamorphosis (Noun)**
Meaning: A major change in form or nature.
Usage: The metamorphosis of a caterpillar into a butterfly is fascinating.
7. **Plausible (Adjective)**
Meaning: Seeming reasonable or possible.
Usage: She offered a plausible explanation for her absence.
8. **Repercussion (Noun)**
Meaning: A consequence or effect of an action or event.
Usage: Every decision has repercussions, so we should think carefully before acting.
9. **Substantiate (Verb)**
Meaning: To provide evidence to prove that something is true.
Usage: The researcher used reliable data to substantiate her claim.
10. **Unprecedented (Adjective)**
Meaning: Never having happened or existed before.
Usage: The school witnessed unprecedented participation in the cultural festival.



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